

St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

The Second Sunday of Easter

April 27, 2025 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—your presence here today is a blessing!

About Our Service

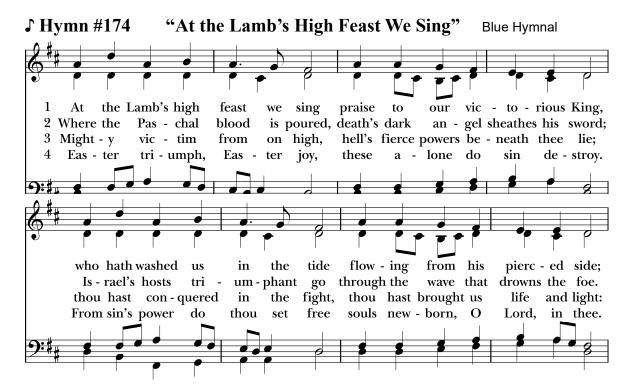
Wherever you are on your faith journey, you are warmly welcome at St. Benedict's! If you are unfamiliar with the ritual customs of the Episcopal Church, simply rest into the liturgy and let the rest of the congregation carry you in worship.

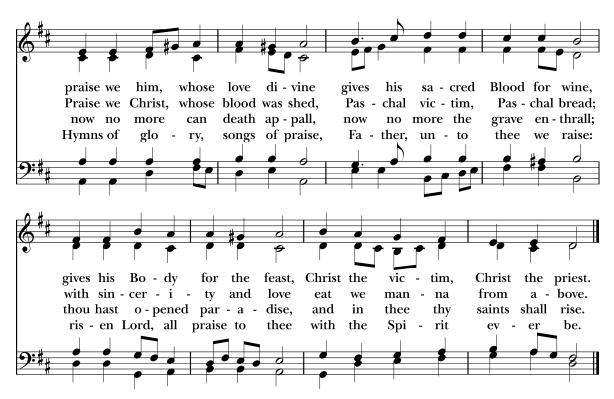
Please silence your phones.

~ Prelude ~

Original Improvisation

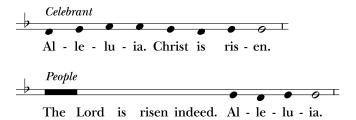
Paul Burkle





Words: Latin, 1632; tr. Robert Campbell (1814-1868), alt. Music: *Salzburg*, melody Jakob Hintze (1622-1702); harm. Johann Sebastian Bach (1685-1750).

Welcome Rev. Linzi Stahlecker



Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.



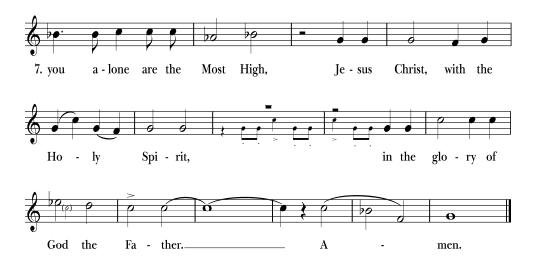
a-lone are the Ho - ly One,

you

you

a-lone are the

Lord,



Collect of the Day

Celebrant: God be with you.

People: And also with you.

Almighty and everlasting God, who in the Paschal mystery established the new covenant of reconciliation: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People: Amen

Acts 5:27-32

Reader: A Reading from the book of Acts

When the temple police had brought the apostles, they had them stand before the council. The high priest questioned them, saying, "We gave you strict orders not to teach in this name, yet here you have filled Jerusalem with your teaching and you are determined to bring this man's blood on us." But Peter and the apostles answered, "We must obey God rather than any human authority. The God of our ancestors raised up Jesus, whom you had killed by hanging him on a tree. God exalted him at his right hand as Leader and Savior that he might give repentance to Israel and forgiveness of sins. And we are witnesses to these things, and so is the Holy Spirit whom God has given to those who obey him."

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Psalm 150

Laudate Dominum

The words of the Psalm are sung by the congregation to the first reciting note, moving to the next note for the word in bold.

Jerome Webster Meachen (b. 1930)



© 1956, Jerome Webster Meachen.

1 Hallelujah!

Praise God in his holy **temple**; * praise him in the firmament of his **power**.

- 2 Praise him for his mighty acts; * praise him for his excellent greatness.
- 3 Praise him with the blast of the **ram's-horn**; * praise him with lyre and **harp**.
- 4 Praise him with timbrel and **dance**; * praise him with strings and **pipe**.
- 5 Praise him with resounding **cymbals**; * praise him with loud-clanging **cymbals**.
- 6 Let everything that has **breath** * praise the Lord. Halle-**lujah!**

Revelation 1:4-8

Reader: A Reading from the book of Revelation

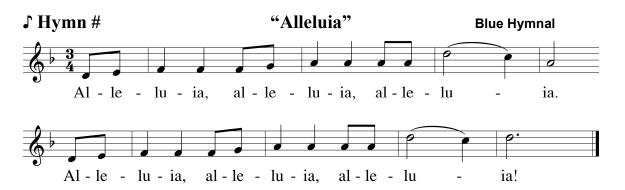
John to the seven churches that are in Asia: Grace to you and peace from him who is and who was and who is to come, and from the seven spirits who are before his throne, and from Jesus Christ, the faithful witness, the firstborn of the dead, and the ruler of the kings of the earth.

To him who loves us and freed us from our sins by his blood, and made us to be a kingdom, priests serving his God and Father, to him be glory and dominion forever and ever. Amen.

Look! He is coming with the clouds; every eye will see him, even those who pierced him; and on his account all the tribes of the earth will wail. So it is to be. Amen. "I am the Alpha and the Omega," says the Lord God, who is and who was and who is to come, the Almighty.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.



Music: Alleluia 7; Jacques Berthier, © 1984, Les Presses de Taizé, GIA Publications, Inc., agent

John 20:19-31

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: Glory to You, Lord Christ.

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe."

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

Gospeller: The Gospel of Christ.

People: Praise to You, Lord Christ.

Sermon

The Rev. Linzi Stahlecker

[We pause for a few moments' reflection.]

Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

AII: We trust in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We trust in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We trust in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. Who with the Father and the Son is worshiped and glorified, who has spoken through the Prophets. We trust in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead,

and the life of the world to come.

Prayers of the People

Holy One, we pray that we may see you through faith: in seeing you, we will begin to know you; in knowing you, we will give ourselves in love to you; and in loving you, we will enjoy your presence for ever.

We thank you for all who have shared their vision and insights, for all who have shared their awareness and love for you. We pray for all who seek to proclaim the Good News of the gospel. May all who are involved in ministry reveal your love and your saving power. We remember all who are new to the faith, and the newly baptized, especially Jeff Meyer, who was baptized here, last weekend, at the Easter Vigil. For all who are seekers and those who do not know of your love.

Jesus, come among us in your risen power.

We pray for leaders of nations and governments, for all in authority, that they may be wise and gentle in their dealings, and that they may be caring and respectful of others in all matters.

Jesus, come among us in your risen power.

We ask that we may come to know your presence and power in our lives, in our homes, and in our neighbors. We pray for homes where there is strain and stress at this time, for all those struggling with broken relationships, and for families who have lost a loved one; may all come to know of your love and care for us.

Jesus, come among us in your risen power.

We remember all who have had a hard week this week, and all who look in fear towards the future. We pray for those who have been awake all night and are weary and worn, we pray for those who are anxious, and those who are depressed, we pray for all who watch over the sick and the suffering. We remember friends and loved ones with special needs and hopes today.

For those mentioned in our bidding book:	
	ayers are added from the bidding book and rited to add your own prayers silently or aloud]
you are inv	ited to add your own prayers silently or aloud

Jesus, come among us in your risen power.

Lord Jesus Christ, grant grace and peace to the departed: may they rejoice in the fullness of life eternal; and grant that we may put our trust in you now and in the hour of our death.

Jesus, come among us in your risen power.

Celebrant: Eternal God, accept these prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, now and for ever. **Amen**.

Confession and Absolution

Let us confess our sins against God and our neighbor.

All: God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

Please greet one another in the chat.

Announcements

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or any special concerns, may come forward.

Prayers can be found on the white or yellow card in your pew.

The Offertory

You can contribute at our website www.stbenslososos.org at any time.



51. For a Birthday p 830

Watch over thy child, O Lord, as his/her/their days increase; bless and guide him/her/their wherever he/she/they may be. Strengthen him/her/them when he/she/they stand(s); comfort him/her/their when discouraged or sorrowful; raise him/her/their up if he/she/they fall; and in his/her/their heart may thy peace which passeth understanding abide all the days of him/her/their life/lives; through Jesus Christ our Lord. Amen.

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen*.



Words: Edwin Hatch (1835-1889), alt. Music: Nova Vita, Lister R. Peace (1885-1969).

♪ Doxology:

[Hymn tune #400]

[sung Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia

Holy Eucharist

Iona

Celebrant:

The table of bread and wine is now made ready.

It is the table of company with Jesus, and all who love him.

It is the table of sharing with the poor of the world, with whom Jesus identified himself.

It is the table of communion with the earth, in which Christ became incarnate.

So come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been for a long time; you who have tried to follow Jesus, and you who have failed; Come.

It is Christ who invites us to meet him here.

Celebrant: May Christ be with you,

All: And also with you.

Celebrant: Lift up your hearts,

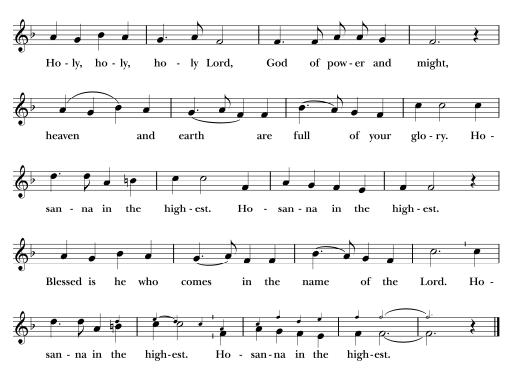
All: We lift them up to God.

Celebrant: Let us give thanks to God,

All: It is right to give both thanks and praise.

Celebrant: We offer you praise, dear God, and hearts lifted high, for in the communion of your love Christ comes close to us and we come close to Christ. Therefore, with the whole realm of nature around us, with earth, sea and sky, we sing to you. With the angels of light who envelop us, with the host of heaven, with all the saints before and beside us, with siblings east and west, north and south, we sing to you. And with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of your unending greatness:

∫ Sanctus s 125



Music: From A Community Mass; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

The Celebrant continues

Blessed is our brother Jesus, who walks with us the road of our world's suffering, and who is known to us in the breaking of bread. On the night of his arrest Jesus took bread and having blessed it he broke it and gave it to his disciples, saying, This is my body, given to you.

In the same way he took wine and having given thanks for it he poured it out and gave the cup to his disciples, saying, This cup is the new relationship with God, sealed with my blood. Take this and share it.

I shall drink wine with you next in the coming Kingdom of God.

All: Loving God,

through your goodness we have this bread and wine to offer, which earth has given and human hands have made.

May we know your presence in the sharing of this bread,
So that we may know your touch in all bread, all matter.

We celebrate the life that Jesus has shared among his community through the centuries, and shares with us now.

Made one in Christ and one with each other, we offer these gifts and with them ourselves, a single, holy, living sacrifice. Amen.

Hear us, O Christ, and breathe your Spirit upon us and upon this bread and wine.

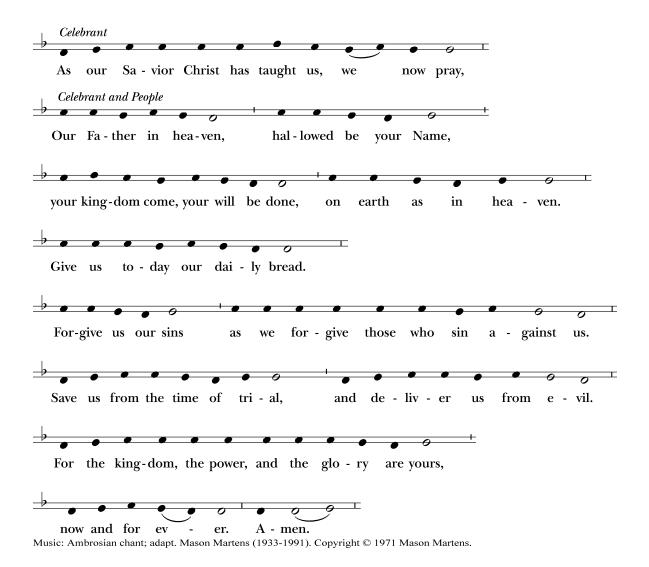
May they become for us your body, vibrant with your life, healing, renewing and making us whole.

And as the bread and wine which we now eat and drink are changed into us, may we be changed again into you, bone of your bone, flesh of your flesh, loving and caring in the world.

All: Through Christ and with Christ and in Christ, all honor and glory are yours, All-Compassionate God, in the unity of the Holy Spirit, for ever and ever. AMEN

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

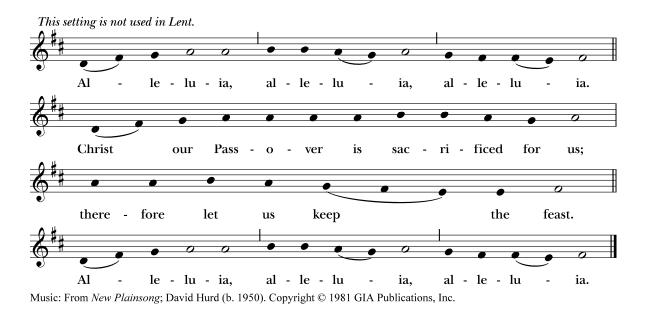


The Breaking of the Bread

The celebrant breaks the Bread

♪ Fraction Anthem

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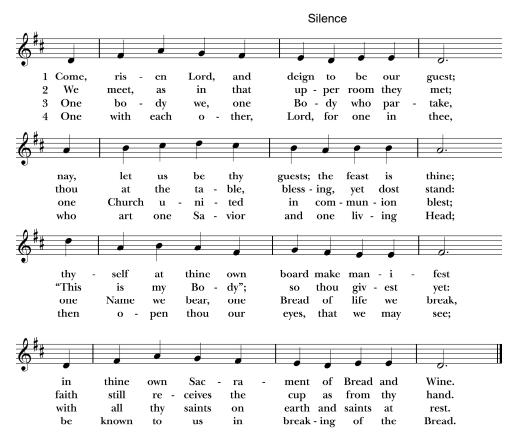
Holy Communion

Celebrant: The Gifts of God for the People of God.

If God is calling you, you are welcome and invited to receive communion. Please contact the church office to arrange to receive communion in your home.

♪ Communion Music

Original Improvisation
Paul Burkle



Words: George Wallace Briggs (1875-1959), alt. By permission of Oxford University Press. Music: *Sursum Corda*, Alfred Morton Smith (1879-1971). Copyright © 1941, Mrs. Alfred M. Smith.

Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen

Blessing



Words: Isaac Watts (1674-1748), alt. Music: Duke Street, John Hatton (d. 1793).

Dismissal



Let us go forth in the name of Christ, al-le-lu - ia,





J Postlude

Original Improvisation

Paul Burkle

Eucharist Liturgy Adapted from <u>The Iona Abbey Worship Book</u>
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Ministers of the Service

Celebrant: Rev. Linzi Stahlecker Preacher: Rev. Linzi Stahlecker

Altar Guild: Pat Stoneman
Eucharistic Minister: Barbara Hirahara
Lector: Maureen Titus

Ushers: Maureen Titus & Sandy Fisher

Intercessor: Sandy Fisher Music: Paul Burkle

Tellers: Diana Hammerlund & Steve Cake

Technical: Hannah Matthews

Coffee Hour Host:

This Week at St Ben's

Tuesday Apr 29

9:45a Prayer of the Morning (Zoom) 10:30a Spiritual Conversation (Zoom)

Wednesday Apr 30

11:00a Laundry Love 4:00p Laundry Love

Sunday May 4

10:30a Eucharist Service

Announcements

Community Dinner St. Benedict's will be supporting Los Osos Community Dinner on May 7. Burritos, Spanish Rice and Black Beans will be served, and we need help with the Spanish Rice and Black Beans ... we expect to serve 120 meals! Food is delivered to Los Osos Community Center by 4pm on 5/7. Can you help? Please be in touch with Maureen Titus if you can donate food or have questions.

Registration for Spring Renewal is now open! Don't miss the opportunity to join us for our annual in-person Spring Renewal on May 16th and 17th at All Saints' Day School in Carmel. Unlike the Diocesan Convention, this event is open to everyone in the diocese.

Our presenters for the 2025 Spring Renewal are the Rt. Rev. Barry Beisner, Bishop Provisional of the Missionary Diocese of Navajoland, and Canon Cornelia Eaton, a Navajo priest who serves as Canon to the Ordinary for that diocese. On Saturday May 17th, they will share presentations about their ministry together in Navajoland, the challenges and joys of the work they share, and the unique experience of meeting Navajo spirituality and the spiritual tradition of The Episcopal Church, which they both embody in their respective roles. Our presenters are candid, thoughtful, and deeply committed to the calling they will share with us.

Morning Prayer continues! All are welcome, 8:30am each weekday morning (Monday-Friday), on zoom. The liturgy is approximately 30 minutes. No prior experience with Morning Prayer is needed or expected! Bring your Book of Common Prayer and Bible or follow along with "*Venite*" either via their website or their downloadable app. Join Morning Prayer by clicking through here: zoom link. The link is also below in "The Week Ahead" and on the website under "Worship.

Tuesday Morning Prayers & Spiritual Conversation: The Spiritual Conversation group will discussing ideas from the book My Life with the Saints by James Martin. Martin's inspiring, witty, and always fascinating memoir encompasses saints from the whole of Christian history. This rich, vibrant, stirring narrative shows how the saints can help all of us find our way in the world. You do not have to read the book to participate.10:30 on Zoom.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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