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St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

The Second Sunday after Epiphany

January 19, 2025 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—your presence here today is a blessing!

~ Prelude ~

Original Improvisation

Paul Burkle

Celebrant: Blessed be the one, holy, and living God.

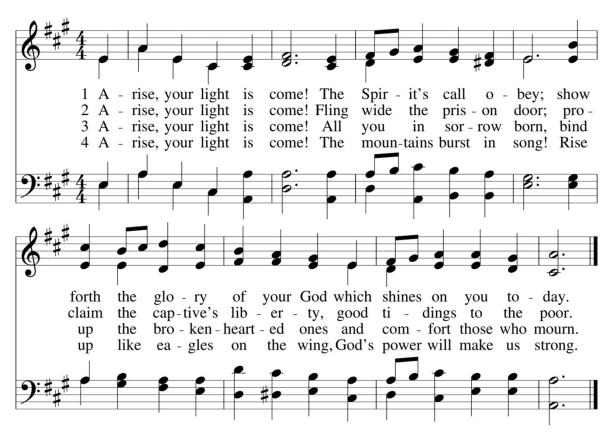
People: Glory to God for ever and ever.

All: All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,

that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

Amen.

↑ Hymn "Arise! Your Light is Come"



Collect of the Day

Celebrant: God be with you.

People: And also with you.

Celebrant: Almighty God, whose Son our Savior Jesus Christ is the light of the world: Grant that your people, illumined by your Word and Sacraments, may shine with the radiance of Christ's glory, that he may be known, worshipped, and obeyed to the ends of the earth; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, now and for ever.

People: Amen

Isaiah 62:1-5

Reader: A Reading from the book of Isaiah

For Zion's sake I will not keep silent, and for Jerusalem's sake I will not rest,

until her vindication shines out like the dawn, and her salvation like a burning torch.

The nations shall see your vindication, and all the kings your glory;

and you shall be called by a new name that the mouth of the LORD will give.

You shall be a crown of beauty in the hand of the LORD, and a royal diadem in the hand of your God.

You shall no more be termed Forsaken, and your land shall no more be termed Desolate;

but you shall be called My Delight Is in Her, and your land Married;

for the LORD delights in you, and your land shall be married.

For as a young man marries a young woman, so shall your builder marry you,

and as the bridegroom rejoices over the bride, so shall your God rejoice over you..

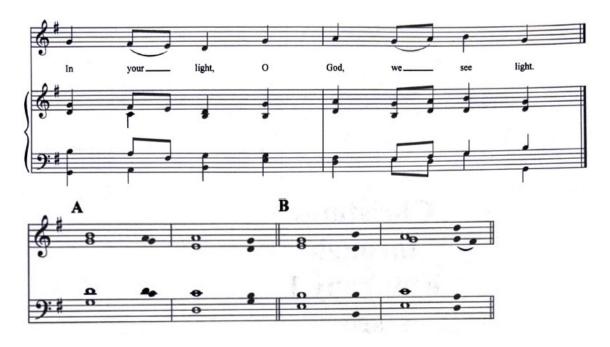
Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Psalm 36:5-10

Antiphon

The cantor/choir will sing the Antiphon, it is then repeated by the congregation.



Your love, O LORD, reaches to the **heavens**, * and your faithfulness to the **clouds**.

Your righteousness is like the strong mountains, your justice like the great **deep**; * you save both man and beast, O **LORD**.

How priceless is your love, O **God!** * your people take refuge under the shadow of your **wings**.

They feast upon the abundance of your **house**; * you give them drink from the river of your **delights**.

For with you is the well of **life**, * and in your light we **see light**.

Continue your loving-kindness to those who **know you**, * and your favor to those who are true of **heart**.

The Antiphon is repeated by all.

1 Corinthians 12:1-11

Reader: A Reading from Paul's letter to the church in Corinth

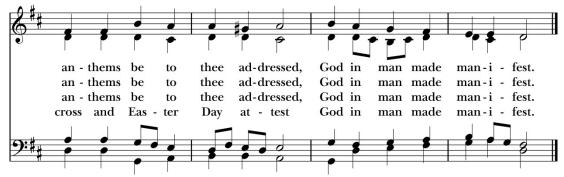
Now concerning spiritual gifts, brothers and sisters, I do not want you to be uninformed. You know that when you were pagans, you were enticed and led astray to idols that could not speak. Therefore I want you to understand that no one speaking by the Spirit of God ever says "Let Jesus be cursed!" and no one can say "Jesus is Lord" except by the Holy Spirit.

Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.





Words: Sts. 1-3, Christopher Wordsworth (1807-1885); st. 4, F. Bland Tucker (1895-1984). St. 4, Copyright © The Church Pension Fund. Music: *Salzburg*, melody Jakob Hintze (1622-1702); harm. Johann Sebastian Bach (1685-1750).

John 2:1-11

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: Glory to You, Lord Christ.

On the third day there was a wedding in Cana of Galilee, and the mother of Jesus was there. Jesus and his disciples had also been invited to the wedding. When the wine gave out, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "Woman, what concern is that to you and to me? My hour has not yet come." His mother said to the servants, "Do whatever he tells you." Now standing there were six stone water jars for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to them, "Fill the jars with water." And they filled them up to the brim. He said to them, "Now draw some out, and take it to the chief steward." So they took it. When the steward tasted the water that had become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward called the bridegroom and said to him, "Everyone serves the good wine first, and then the inferior wine after the guests have become drunk. But you have kept the good wine until now." Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples believed in him.

Gospeller: The Gospel of Christ.

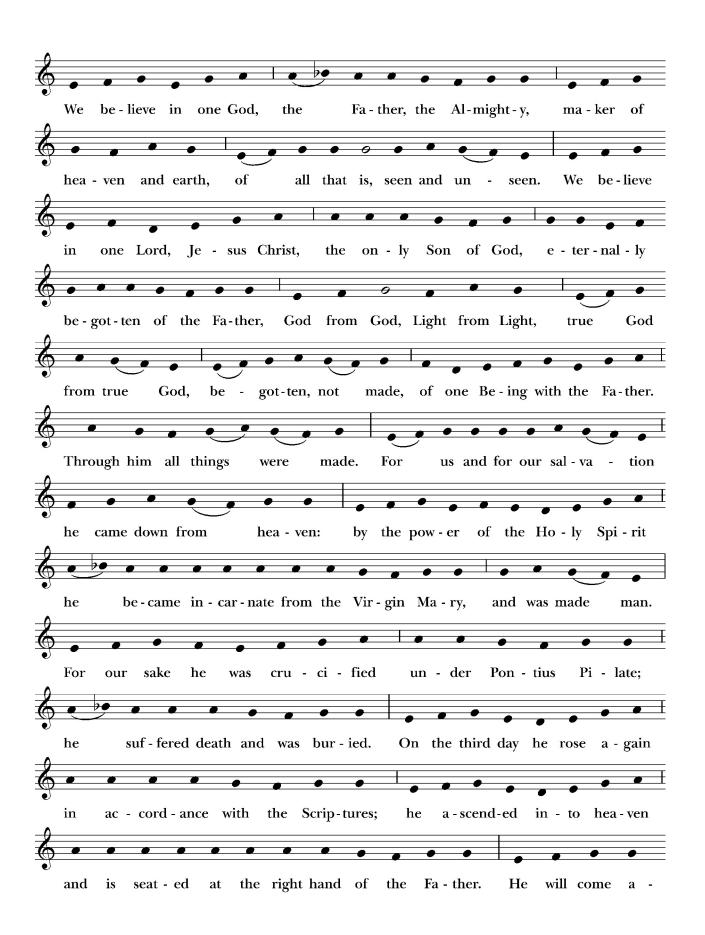
People: Praise to You, Lord Christ.

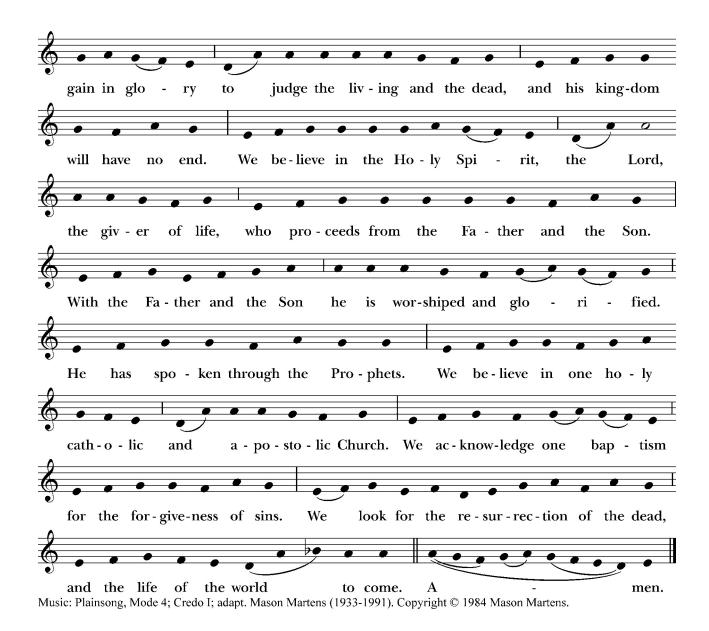
Sermon

The Rev. Linzi Stahlecker

[We pause for a few moments' reflection.]

Affirmation of Faith Let us affirm our faith in Jesus Christ the Son of God.





Prayers of the People

God, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

[here prayers are added from the bidding book and you are invited to add your own prayers silently or in the chat]

Silence

Celebrant: Holy One, accept these prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, now and for ever. *Amen*.

Confession and Absolution

Let us confess our sins against God and our neighbor.

All: Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Celebrant: May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

Please greet others in the chat.

Announcements

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen*.

52. For an Anniversary p 431

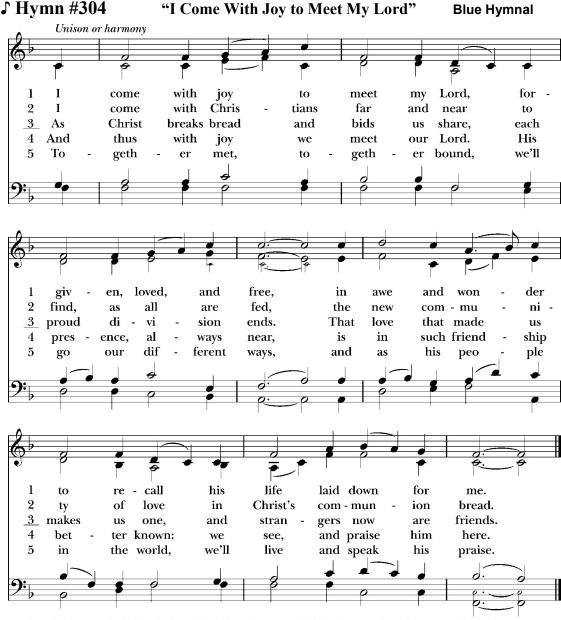
O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

53. For Travelers p 831

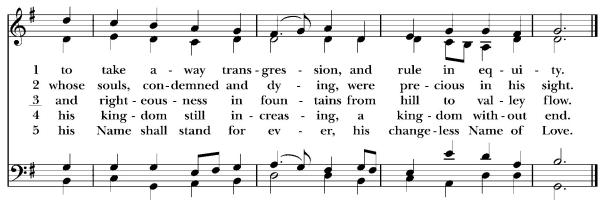
O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen*.

The Offertory

You can contribute at our website www.stbenslososos.org at any time.



Words: Brian A. Wren (b. 1936), alt. Copyright © 1971 by Hope Publishing Company Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Land of Rest*, American folk melody; adapt. and harm. Annabel Morris Buchanan (1889-1983).



Words: James Montgomery (1771-1854); para. of Psalm 72. Music: Es flog ein kleins Waldvögelein, German folk song; adapt. and harm. A Student's Hymnal, 1923, after Henry Walford Davies (1869-1941).

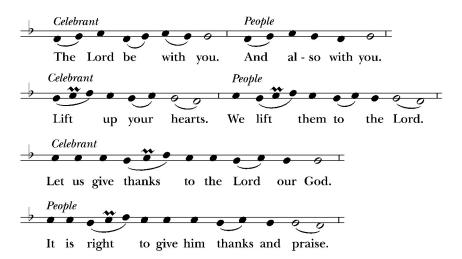
♪ Doxology:

[Hymn tune #400]

[sung Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia

Holy Eucharist

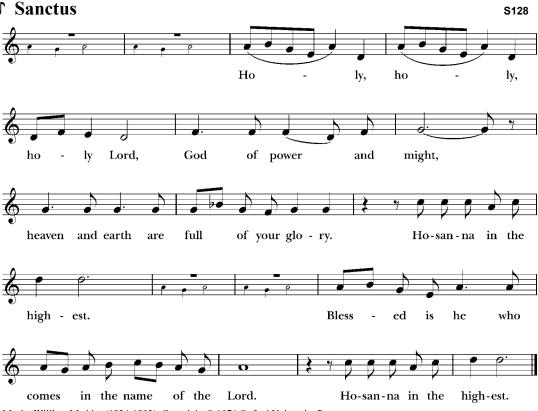
BCP Prayer B



It is right, and a good and joyful thing, always and everywhere to give thanks to you, the Maker of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God,

All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;

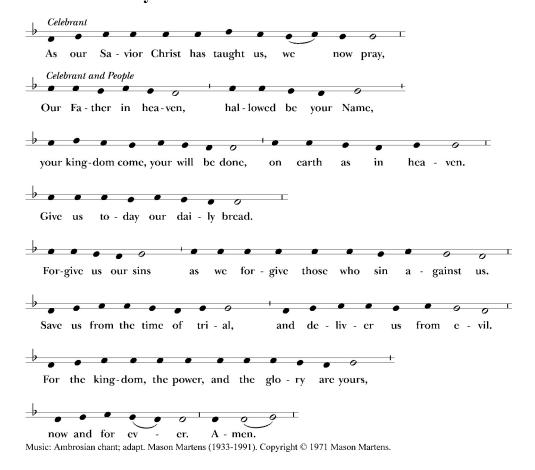
And we offer our sacrifice of praise and thanksgiving to you, Dear One; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, gather all things into the circle of Christ's love, and bring us to that heavenly country where, with blessed Mary and blessed Benedict and all your saints, we may enter the everlasting heritage of your children; through Jesus Christ, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. AMEN.

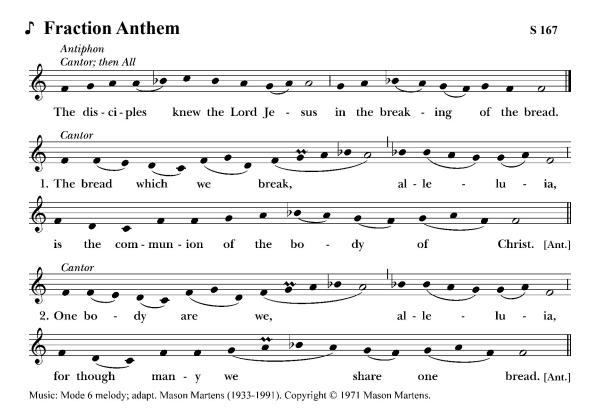
The Lord's Prayer

AII:



The Breaking of the Bread

The celebrant breaks the Bread



Holy Communion

The celebrant continues:

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

If God is calling you, you are welcome and invited to receive communion. Please contact the church office to arrange to receive communion in your home.

♪ Communion Music

Original Improvisation

Paul Burkle



Silence

(please stand as you are able)

Sending of the Eucharistic Visitor

If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to _____.

Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: We who are many are one Body, because we share one Bread and one Cup. Amen

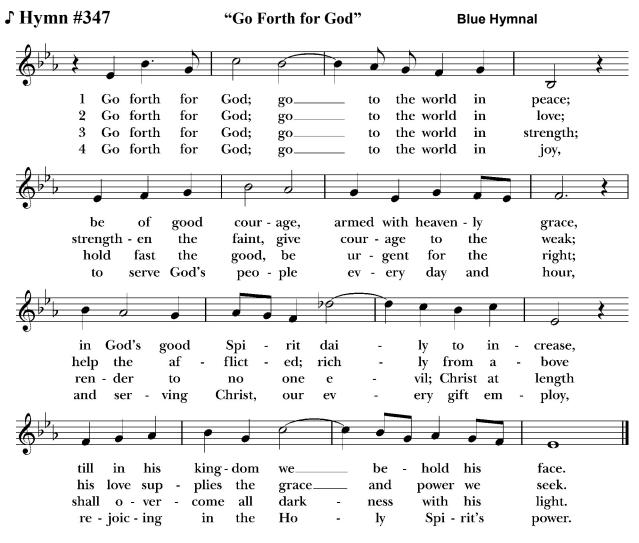
Prayer

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom.

And now, Holy One, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord.

To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Blessing



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Dismissal

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: Thanks be to God.

Original Improvisation
Paul Burkle

Today's Liturgy is from the outline in the Book of Common Prayer.

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Ministers of the Service

Celebrant: Rev. Linzi Stahlecker Preacher: Rev. Linzi Stahlecker

Eucharistic Minister: Alan Kiste

Eucharistic Assistant: Brian Spolarich
Altar Guild: Lisa Gonzalez
Lector: John Horsley
Flowers: Brian Spolarich

Ushers: Brian Spolarich & Helen Schnieders

Intercessor: Louisa Beeler Music: Paul Burkle

Online Host:

Tellers: Steve Cake & Alice Welchert

Technical: Hannah Matthews

Coffee Hour Host:

This Week at St Ben's

Wednesday Jan 22

11:00a Spiritual Conversation (in person)

Thursday Jan 23

6:00p Choir Practice

Sunday Jan 26

10:30a Eucharist Service12:30p Annual Meeting

Announcements

Annual Meeting

Please do plan to stay after church on Sunday, January 26 for our most important all-parish meeting of the year - our Annual Parish Meeting! We'll look back on 2024 and welcome our new vestry. Our Annual Meeting is your chance to learn about all that goes into the life and mission of St. Ben's - please do plan on attending if you can!

Personal Prayer: If you'd like prayer support during the week, contact Louisa Beeler (805 543-2898). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

Tuesday Morning Prayers & Spiritual Conversation: During the season after The Epiphany, the Spiritual Conversation group will be focusing on spiritual practices that help us be present in the world as God's light. We will be loosely guided by Pema Chodron's *When Things Fall Apart: Heart Advice for Difficult Times*. You do not have to read the book to participate, all are welcome on Zoom. The Spiritual Conversations Group is planning an in-person gathering on January 22 as Art and Judy will be in town. Contact Letty Cotta for more information.

LA Fire Response

The Episcopal Diocese of Los Angeles has a page on their website (diocesela.org/fire-response/) dedicated to Fire Response and Resources, with a video from the Bishop of Los Angeles. It's a good page to bookmark if you're wondering how you might help and stay informed.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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