



St Benedict's Episcopal Church

~ *Tending Mind and Soul in Los Osos* ~

The Fourth Sunday of Advent

December 22, 2024 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—
your presence here today is a blessing!

About Our Service

Wherever you are on your faith journey, you are warmly welcome at St. Benedict's! If you are unfamiliar with the ritual customs of the Episcopal Church, simply rest into the liturgy and let the rest of the congregation carry you in worship.

Please silence your phones.

~ Prelude ~

Original Improvisation

Paul Burkle

Celebrant: Blessed are you, holy, and living One.

People: *You come to your people and set them free.*

Celebrant: Let us pray.

All: *All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*



♩ Hymn #56 “O Come, O come Emmanuel” (v.1, 6, 7, 8) Blue Hymnal



(Dec. 23) 1 O come, O come, Em - man - u - el, and ran - som
 (Dec. 17) 2 O come, thou Wis - dom from on high, who or - derest
 (Dec. 18) 3 O come, O come, thou Lord of might, who to thy
 (Dec. 19) 4 O come, thou Branch of Jes - se's tree, free them from
 (Dec. 20) 5 O come, thou Key of Da - vid, come, and o - pen
 (Dec. 21) 6 O come, thou Day - spring from on high, and cheer us
 (Dec. 22) 7 O come, De - sire of na - tions, bind in one the
 (Dec. 23) 8 O come, O come, Em - man - u - el, and ran - som



1 cap - tive Is - ra - el, that mourns in lone - ly ex - ile
 2 all things might - i - ly; to us the path of know - ledge
 3 tribes on Si - nai's height in an - cient times didst give the
 4 Sa - tan's ty - ran - ny that trust thy might - y power to
 5 wide our heaven - ly home; make safe the way that leads on
 6 by thy draw - ing nigh; dis - perse the gloom - y clouds of
 7 hearts of all man - kind; bid thou our sad di - vi - sions
 8 cap - tive Is - ra - el, that mourns in lone - ly ex - ile



1 here un - til the Son of God ap - pear.
 2 show, and teach us in her ways to go.
 3 law, in cloud, and ma - jes - ty, and awe.
 4 save, and give them vic - tory o'er the grave. Re - joice! Re - joice!
 5 high, and close the path to mis - er - y.
 6 night, and death's dark shad - ow put to flight.
 7 cease, and be thy - self our King of Peace.
 8 here un - til the Son of God ap - pear.



Em - man - u - el shall come to thee, O Is - ra - el!

The stanzas may be used as antiphons with “The Song of Mary” on the dates given.

Words: Latin, ca. 9th cent.; ver. *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *Veni, veni, Emmanuel*, plainsong, Mode 1, Processionale, 15th cent.; adapt. Thomas Helmore (1811-1890); acc. Richard Proulx (b. 1937).

Collect of the Day

Celebrant: God be with you.

People: *And also with you.*

Purify our conscience, Almighty God, by your daily visitation, that your Son Jesus Christ, at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

People: *Amen*

Micah 5:2-5a

Reader: A Reading from the book of Micah

You, O Bethlehem of Ephrathah,
who are one of the little clans of Judah,
from you shall come forth for me
one who is to rule in Israel,
whose origin is from of old,
from ancient days.

Therefore he shall give them up until the time
when she who is in labor has brought forth;
then the rest of his kindred shall return
to the people of Israel.

And he shall stand and feed his flock in the strength of the Lord,
in the majesty of the name of the Lord his God.

And they shall live secure, for now he shall be great
to the ends of the earth;
and he shall be the one of peace.

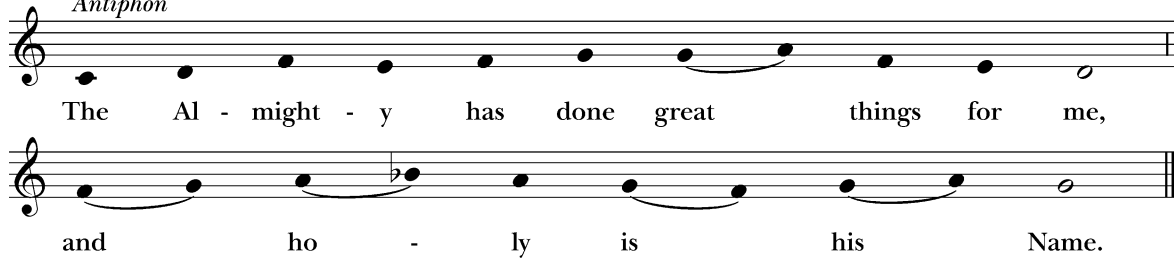
Reader: Hear what the Spirit is saying to God's people.

People: *Thanks be to God.*

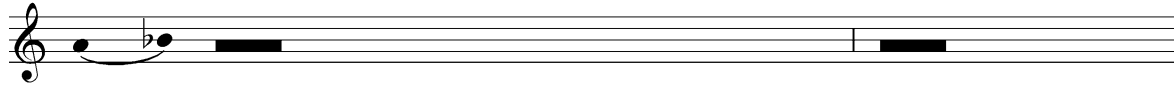
Canticle 15

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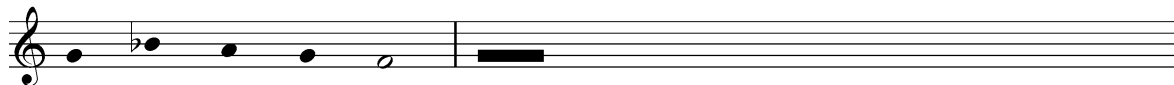
Antiphon



The Al - might - y has done great things for me,
and ho - ly is his Name.



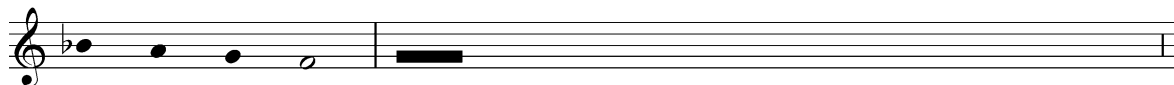
1. My soul proclaims the greatness of the Lord, my spirit rejoices



in God my Sav - ior; for he has looked with favor on his



low - ly ser - vant. 2. From this day all generations will



call me bless - ed: the Almighty has done great things for me,



and ho - ly is his Name. 3. He has mercy on those who fear him



in every gen - er - a - tion. 4. He has shown the strength of his arm,



he has scattered the proud in their con - ceit. 5. He has cast down



the might - y from their thrones, and has lifted up the low - ly.



6. He has filled the hun - gry with good things, and the rich he has sent a - way

emp - ty. 7. He has come to the help of his ser - vant Is - ra - el,
 for he has remembered his promise of mer - cy, 8. The promise he
 made to our fa - thers, to Abraham and his children for ev - er. [Ant.]

Hebrews 10:5-10

Reader: A Reading from the letter to the Hebrews

When Christ came into the world, he said,

"Sacrifices and offerings you have not desired,
 but a body you have prepared for me;

in burnt offerings and sin offerings
 you have taken no pleasure.

Then I said, 'See, God, I have come to do your will, O God'
 (in the scroll of the book it is written of me)."

When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

♪ Hymn #265 “The Angel Gabriel from Heaven Came” Blue Hymnal

1 The an - gel Ga - bri - el from hea - ven came,
 2 “For know a bless - ed Mo - ther thou shalt be,
 3 Then gen - tle Ma - ry meek - ly bowed her head,
 4 Of her, Em - man - u - el, the Christ, was born

his wings as drift - ed snow, his eyes as flame;
 all gen - er - a - tions laud and hon - or thee,
 “To me be as it pleas - eth God,” she said,
 in Beth - le - hem, all on a Christ - mas morn,

“All hail,” said he, “thou low - ly maid - en Ma - ry,
 thy Son shall be Em - man - u - el, by seers fore - told,
 “my soul shall laud and mag - ni - fy his ho - ly Name.”
 and Chris - tian folk through - out the world will ev - er say—

most high - ly fa - vored la - dy,” Glo - ri - a!
 most high - ly fa - vored la - dy,” Glo - ri - a!
 Most high - ly fa - vored la - dy, Glo - ri - a!
 “Most high - ly fa - vored la - dy,” Glo - ri - a!

Words: Basque carol; para. Sabine Baring-Gould (1834-1924). Music: *Gabriel's Message*, Basque carol; harm. Edgar Pettman (1865-1943). Copyright © 1961 B. Feldman and Co Ltd., trading as H. Freeman & Co. Reproduced by permission of EMI Music Publishing Ltd. 138-140 Charing Cross Road, London WC2H 0LD, England.

Luke 1:39-45

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke

People: *Glory to You, Lord Christ.*

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth.

When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord."

Gospeller: The Gospel of Christ.

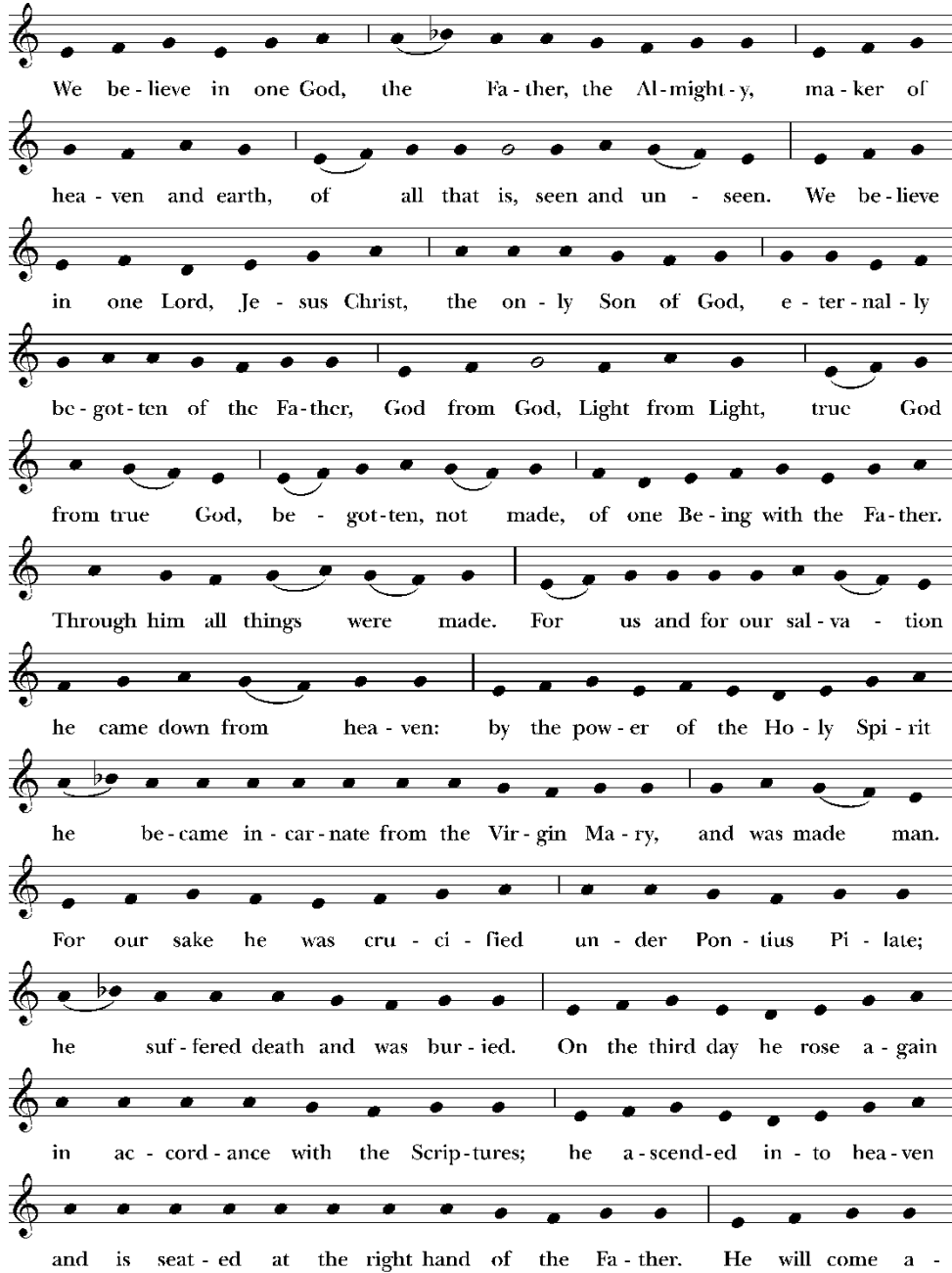
People: *Praise to You, Lord Christ.*

Sermon

The Rev. Linzi Stahlecker

[We pause for a few moments' reflection.]

Affirmation of Faith Let us affirm our faith in Jesus Christ the Son of God.



We be-lieve in one God, the Fa-ther, the Al-might-y, ma-ker of
hea-ven and earth, of all that is, seen and un - seen. We be-lieve
in one Lord, Je - sus Christ, the on - ly Son of God, e - ter - nal - ly
be - got - ten of the Fa-ther, God from God, Light from Light, true God
from true God, be - got - ten, not made, of one Be - ing with the Fa-ther.
Through him all things were made. For us and for our sal - va - tion
he came down from hea - ven: by the pow - er of the Ho - ly Spi - rit
he be - came in - car - nate from the Vir - gin Ma - ry, and was made man.
For our sake he was cru - ci - fied un - der Pon - tius Pi - late;
he suf - fered death and was bur - ied. On the third day he rose a - gain
in ac - cord - ance with the Scrip - tures; he a - scend - ed in - to hea - ven
and is seat - ed at the right hand of the Fa - ther. He will come a -

gain in glo - ry to judge the liv - ing and the dead, and his king-dom
will have no end. We be - lieve in the Ho - ly Spi - rit, the Lord,
the giv - er of life, who pro - ceeds from the Fa - ther and the Son.
With the Fa - ther and the Son he is wor - shiped and glo - ri - fied.
He has spo - ken through the Pro - phets. We be - lieve in one ho - ly
cath - o - lic and a - po - sto - lic Church. We ac - know - ledge one bap - tism
for the for - give - ness of sins. We look for the re - sur - rec - tion of the dead,
and the life of the world to come. A - men.

Music: Plainsong, Mode 4; Credo I; adapt. Mason Martens (1933-1991). Copyright © 1984 Mason Martens.

Prayers of the People

BCP Form I

With all our heart and with all our mind, let us pray to our God, saying "God, have mercy."

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to our God. ***God, have mercy.***

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to our God. ***God, have mercy.***

For our Bishop Lucinda and our priest Rev. Linzi, and for all the clergy and people, let us pray to our God. ***God, have mercy.***

For our President, for the leaders of the nations, and for all in authority, let us pray to our God. ***God, have mercy.***

For this community of Los Osos, for every community, and for those who live in them, let us pray to our God. ***God, have mercy.***

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to our God. ***God, have mercy.***

For those who travel on land, on water, or in the air, let us pray to our God. ***God, have mercy.***

For those who are aged and infirm, for those who are widowed and orphans, and for those who are sick and suffering, let us pray to our God. **God, have mercy.**

For those mentioned in our bidding book: _____

[here prayers are added from the bidding book and
you are invited to add your own prayers silently or aloud]

Let us pray to our God. **God, have mercy.**

For those who are poor and those who are oppressed, for those who are unemployed and those who are destitute, for prisoners and captives, and for all who remember and care for them, let us pray to our God. **God, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed, let us pray to our God. **God, have mercy.**

For deliverance from all danger, violence, oppression, and degradation, let us pray to our God. **God, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to our God. **God, have mercy.**

In the communion of Benedict and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God. **To you, O Lord our God.**

Celebrant: Holy One, accept these prayers of your people; in
the multitude of your mercies, look with compassion upon us
and all who turn to you for help; for you are gracious, O
lover of souls, and to you we give glory, now and for ever. **Amen.**

Confession and Absolution

Let us confess our sins against God and our neighbor.

**All: God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet others in the chat.

Announcements

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

The Offertory

You can contribute at our website www.stbenslososos.org at any time.



♪ Hymn #341

“For the Bread”

Blue Hymnal

1 For the bread which you have bro - ken, for the
 2 By this pledge, Lord, that you love us, by your
 3 As our bless - ed ones a - dore you, seat - ed
 4 In your ser - vice, Lord, de - fend us; in our

wine which you have poured, for the words which you have
 gift of peace re - stored, by your call to heaven a -
 at our Fa - ther's board, may the Church still wait - ing
 hearts keep watch and ward, in the world to which you

spo - ken, now we give you thanks, O Lord.
 bove us, hal - low all our lives, O Lord.
 for you keep love's tie un - bro - ken, Lord.
 send us let your king - dom come, O Lord.

Words: Louis F. Benson (1855-1930), alt. Copyright © Louis F. Benson. Used by permission of Robert F. Jeffery. Music: *Omni die*, melody from *Gross Catolisch Gesangbuch*, 1631; harm. William Smith Rockstro (1823-1895).

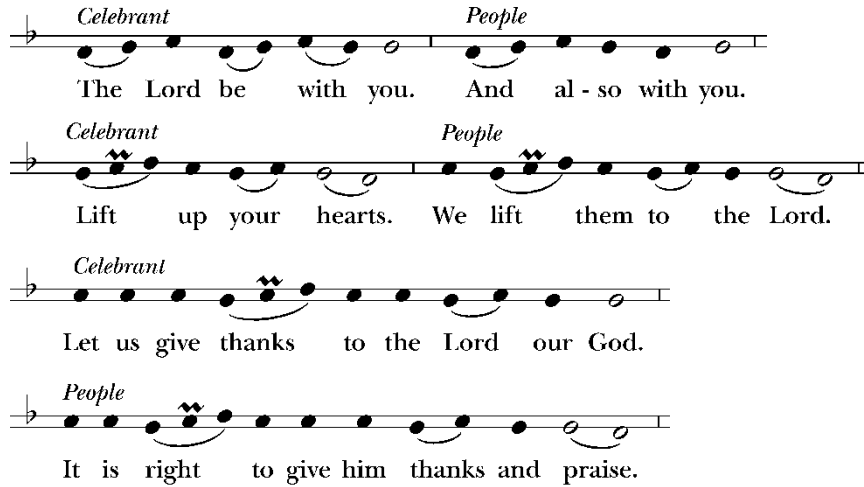
♪ Doxology:

[Hymn tune #400]

[sung] *Praise God from Whom all blessings flow
 Praise God all creatures here below, Alleluia, Alleluia
 Praise God the Source of all our gifts
 Praise Jesus Christ whose power uplifts
 Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

Holy Eucharist

EOW2



Celebrant *People*
The Lord be with you. And al - so with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give him thanks and praise.

Setting: Copyright © Church Publishing Inc.

Celebrant

We praise you and we bless you, holy and gracious God,
source of life abundant.
From before time you made ready the creation.
Your Spirit moved over the deep
and brought all things into being:
sun, moon, and stars;
earth, winds, and waters;
and every living thing.
You made us in your image, and taught us to walk in your ways.
But we rebelled against you, and wandered far away;
and yet, as a parent cares for their children,
you would not forget us.
Time and again you called us
to live in the fullness of your love.

And so this day we join with Saints and Angels
in the chorus of praise that rings through eternity,
lifting our voices to magnify you as we sing:

Sanctus

WLP 858



Ho - ly, ho - ly, ho - ly Lord, God of power and
might, heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. * Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est.

Music: American folk melody; arr. Marcia Pruner, harm. Annabel Morris Buchanan (1889-1983).

The Celebrant continues

Glory and honor and praise to you, holy and living God.
To deliver us from the power of sin and death
and to reveal the riches of your grace,
you looked with favor upon Mary, your willing servant,
that she might conceive and bear a son,
Jesus the holy child of God.
Living among us, Jesus loved us.
He broke bread with outcasts and sinners,
healed the sick, and proclaimed good news to the poor.
He yearned to draw all the world to himself
yet we were heedless of his call to walk in love.
Then, the time came for him to complete upon the cross
the sacrifice of his life,
and to be glorified by you.

On the night before he died for us,
Jesus was at table with his friends.
He took bread, gave thanks to you,
broke it, and gave it to them, and said:
“Take, eat:
This is my Body, which is given for you.
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine.
Again, he gave thanks to you,
gave it to them, and said:
“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Now gathered at your table, O God of all creation,
and remembering Christ, crucified and risen,
who was and is and is to come,
we offer to you our gifts of bread and wine,
and ourselves, a living sacrifice.

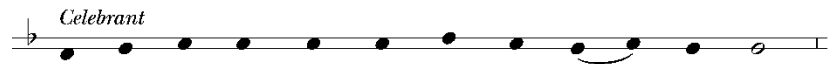
Pour out your Spirit upon these gifts
that they may be the Body and Blood of Christ.
Breathe your Spirit over the whole earth
and make us your new creation,
the Body of Christ given for the world you have made.

In the fullness of time bring us,
with Benedict and all your saints,
from every tribe and language and people and nation,
to feast at the banquet prepared from the foundation of the world.

**All: *Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise, for ever and ever. AMEN.***

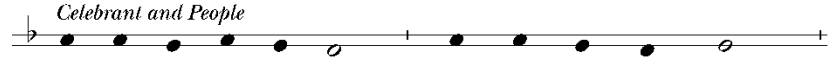
The Lord's Prayer

Celebrant

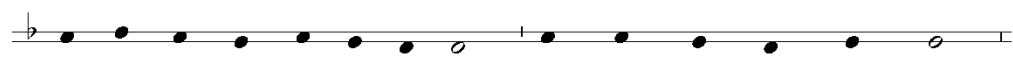


As our Sa - vior Christ has taught us, we now pray,

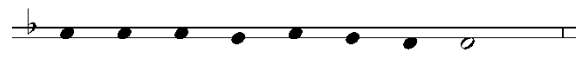
Celebrant and People



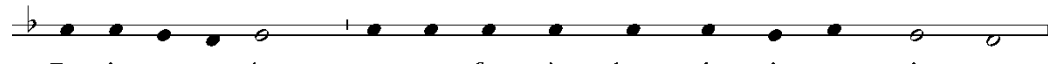
Our Fa - ther in hea - ven, hal - lowed be your Name,



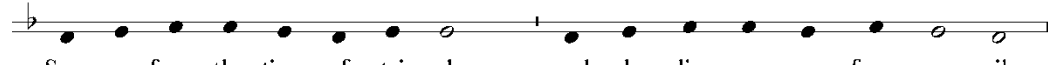
your king - dom come, your will be done, on earth as in hea - ven.



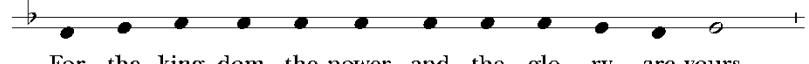
Give us to - day our dai - ly bread.




For - give us our sins as we for - give those who sin a - gainst us.



Save us from the time of tri - al, and de - liv - er us from e - vil.



For the king - dom, the power, and the glo - ry are yours,



now and for ev - er. A - men.

Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

The Breaking of the Bread

The celebrant breaks the Bread

♪ Fraction Anthem

WLP 875

Cantor or Choir
Be known to us, Lord Je - sus, } in the
The dis - ci - ples knew the Lord Je - sus }

1. *Congregation* | 2. *Cantor or Choir*
break - ing of the bread. Be bread. The
bread which we break, al - le - lu - ia, Is the com -
Congregation
mun - ion of the bod - y of Christ. Be
The dis -
known to us, Lord Je - sus, } in the break - ing of the
ci - ples knew the Lord Je - sus }

Cantor or Choir
bread. One bod - y are we, al - le - lu - ia, for though
Congregation
man - y we share one bread. Be known to us, Lord
The dis - ci - ples knew the Lord

Je - sus, }
Je - sus } in the break - ing of the bread.

Holy Communion

Celebrant: The Gifts of God for the People of God.

If God is calling you, you are welcome to receive communion when the celebrant invites your section forward. If you prefer to receive a blessing, please cross your arms over your chest.

♪ Communion Music

Original Improvisation

Paul Burkle

♪ Hymn #707

“Take My Soul”

Blue Hymnal

1 Take my life, and let it be con - se - crat - ed, Lord, to thee;
2 Take my voice, and let me sing al - ways, on - ly, for my King;

take my mo - ments and my days, let them flow in cease - less praise.
take my in - tel - lect, and use ev - ery power as thou shalt choose.

Take my hands, and let them move at the im-pulse of thy love;
Take my will, and make it thine; it shall be no long - er mine.

take my heart, it is thine own; it shall be thy roy - al throne.
Take my - self, and I will be ev - er, on - ly, all for thee.

Words: Frances Ridley Havergal (1836-1879), alt. Music: *Hollingside*, John Bacchus Dykes (1823-1876).

Silence

Sending of the Eucharistic Visitor

If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to _____. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: *We who are many are one Body, because we share one Bread and one Cup. Amen*

Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen

Blessing

♩ Hymn #74

“Blest Be the King Whose Coming”

Blue Hymnal

Descant

3 Blest be the King whose com - ing is in the name of
 1 Blest be the King whose com - ing is in the name of
 2 Blest be the King whose com - ing is in the name of
 3 Blest be the King whose com - ing is in the name of
 4 Blest be the King whose com - ing is in the name of

God! He on - ly to the hum - ble re - veals the face of
 God! For him let doors be o - pened, no hearts a - gainst him
 God! By those who tru - ly lis - ten his voice is tru - ly
 God! He on - ly to the hum - ble re - veals the face of
 God! He of - fers to the bur - dened the rest and grace they

God. All power is his, all glo - ry! All
 barred! Not robbed in roy - al splen - dor, in
 heard; pi - ty the proud and haugh - ty, who
 God. All power is his, all glo - ry! All
 need. Gen - tle is he and hum - ble! And

Dismissal

Celebrant: Let us go forth into the world, *rejoicing in the power of the Spirit.*

All: *Thanks be to God.*

♪ Postlude

“People Look East” by Daniel Nelson

Paul Burkle

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Eucharist Liturgy Adapted from Enriching Our Worship
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Ministers of the Service

Celebrant:	Rev. Linzi Stahlecker
Preacher:	Rev. Linzi Stahlecker
Altar Guild:	Diana Hammerlund
Eucharistic Minister:	Michael Lucas
Eucharistic Assistant:	Helen Schnieders
Lector:	Jim Malone
Flowers:	Sharon Porter
Ushers:	Helen Schnieders & Lisa Gonzalez
Intercessor:	Sandy Fisher
Music:	Paul Burkle
Online Host:	Don Maruska
Tellers:	Diana Hammerlund & Alice Welchert
Technical:	Hannah Matthews
Coffee Hour Host:	

This Week at St Ben's

Tuesday	Dec 24
9:45a	Prayers of the Morning (Zoom)
10:30a	Spiritual Conversation (Zoom)
6:45 p	Christmas Eve Service
Wednesday	Dec 25
10:30a	Christmas Service
Sunday	Dec 29
10:30a	Eucharist Service

Announcements

CHRISTMAS SERVICES AT ST. BEN'S

Christmas Eve Join us for a candlelit service with carols and traditional Eucharist followed by hot drinks and cookies. Tuesday Dec. 24th at 7 pm.

Christmas Day Welcome Christmas morning with Holy Communion and carols followed by a light brunch. Wednesday Dec. 25th at 10:30 am.

The Flower Guild is welcoming any and all donations to help underwrite the cost of our flowers for our Christmas Services. Each poinsettia is \$10, and donations of any amount can be made to support these and the altar arrangements. If you would like to make your donation in Memory or in Thanksgiving for someone (or something) please share your dedication with [Hannah](#) so that all dedications received can be printed in the Christmas bulletins. Envelopes will be available on Sunday, or you can reach out to [Hannah](#) in the office at any time to arrange your donation with her. Thank you!

Tuesday Morning Prayers & Spiritual Conversation: During Advent, the Spiritual Conversation group will be using the [Living Well Through Advent: Practicing Peace with All Your Heart, Soul, Strength and Mind](#) from Living Compass. This seasonal resource consists of short daily readings to inspire reflection as we prepare ourselves to honor the birth of Jesus. You do not have to read the book to participate. Join on [Zoom](#).

Personal Prayer: If you'd like prayer support during the week, contact Louisa Beeler (805-543-2898). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

Announcements: Please email Rev. Linzi with any community announcements you'd like shared on a Sunday morning; the announcements will be compiled and shared by a single voice each week.

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tihini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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