

# St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

## The Twenty-sixth Sunday after Pentecost

November 17, 2024 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—your presence here today is a blessing!

### **About Our Service**

Wherever you are on your faith journey, you are warmly welcome at St. Benedict's! If you are unfamiliar with the ritual customs of the Episcopal Church, simply rest into the liturgy and let the rest of the congregation carry you in worship.

Please silence your phones.

### ~ Prelude ~

Original Improvisation

Paul Burkle

Celebrant: Blessed be the one, holy, and living God.

People: Glory to God for ever and ever.

Celebrant: Let us pray.

All: All-compassionate and most merciful God, to you all hearts are open, all desires

known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify

your holy Name; through Christ our Lord. Amen.

**√** Hymn #432 "C

"O Praise Ye the Lord"

Hymnal



Words: Henry Williams Baker (1821-1877), alt.; based on Psalms 148 and 150. Music: Laudate Dominum, Charles Hubert Hastings Parry (1848-1918).

## Collect of the Day

Celebrant: God be with you.

People: And also with you.

O God, whose blessed Son came into the world that he might destroy the works of the devil and make us children of God and heirs of eternal life: Grant that, having this hope, we may purify ourselves as he is pure; that, when he comes again with power and great glory, we may be made like him in his eternal and glorious kingdom; where he lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People: Amen

## Ruth 3:1-5; 4:13-17

Reader: A Reading from the book of Ruth

Naomi her mother-in-law said to Ruth, "My daughter, I need to seek some security for you, so that it may be well with you. Now here is our kinsman Boaz, with whose young women you have been working. See, he is winnowing barley tonight at the threshing floor. Now wash and anoint yourself, and put on your best clothes and go down to the threshing floor; but do not make yourself known to the man until he has finished eating and drinking. When he lies down, observe the place where he lies; then, go and uncover his feet and lie down; and he will tell you what to do." She said to her, "All that you tell me I will do."

So Boaz took Ruth and she became his wife. When they came together, the Lord made her conceive, and she bore a son. Then the women said to Naomi, "Blessed be the Lord, who has not left you this day without next-of-kin; and may his name be renowned in Israel! He shall be to you a restorer of life and a nourisher of your old age; for your daughter-in-law who loves you, who is more to you than seven sons, has borne him." Then Naomi took the child and laid him in her bosom, and became his nurse. The women of the neighborhood gave him a name, saying, "A son has been born to Naomi." They named him Obed; he became the father of Jesse, the father of David.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

### **Psalm 127**

Unless the Lord builds the house, \* their labor is in vain who build it.

Unless the Lord watches over the city, \* in vain the watchman keeps his vigil.

It is in vain that you rise so early and go to bed so late; \* vain, too, to eat the bread of toil, for he gives to his beloved sleep.

Children are a heritage from the Lord, \* and the fruit of the womb is a gift.

Like arrows in the hand of a warrior \* are the children of one's youth.

Happy is the man who has his quiver full of them! \*
he shall not be put to shame
when he contends with his enemies in the gate.

## **Hebrews 9:24-28**

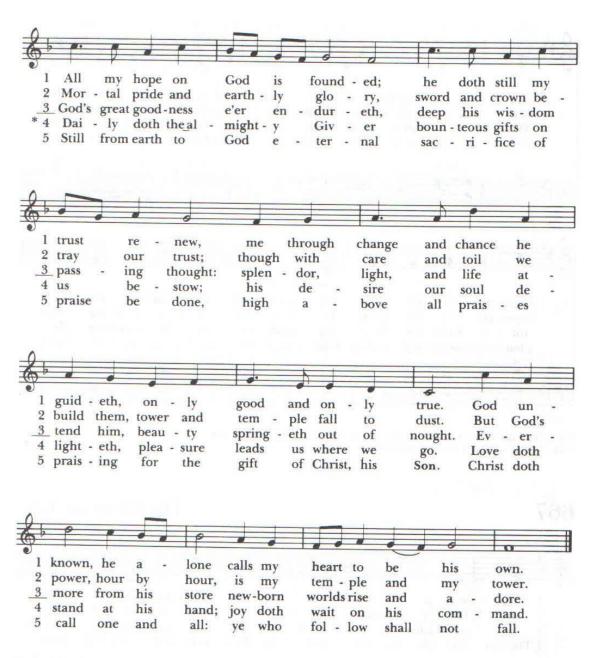
Reader: A Reading from the letter to the Hebrews

Christ did not enter a sanctuary made by human hands, a mere copy of the true one, but he entered into heaven itself, now to appear in the presence of God on our behalf. Nor was it to offer himself again and again, as the high priest enters the Holy Place year after year with blood that is not his own; for then he would have had to suffer again and again since the foundation of the world. But as it is, he has appeared once for all at the end of the age to remove sin by the sacrifice of himself. And just as it is appointed for mortals to die once, and after that the judgment, so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin, but to save those who are eagerly waiting for him.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

**1** Hymn #665 "All My Hope on God is Founded" Hymnal



Words: Robert Seymour Bridges (1844-1930), alt., after Joachim Neander (1650-1680) Music: Michael, Herbert Howells (1892-1983)

87. 87. 337

### Mark 12:38-44

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: Glory to You, Lord Christ.

As Jesus taught, he said, "Beware of the scribes, who like to walk around in long robes, and to be greeted with respect in the marketplaces, and to have the best seats in the synagogues and places of honor at banquets! They devour widows' houses and for the sake of appearance say long prayers. They will receive the greater condemnation."

He sat down opposite the treasury, and watched the crowd putting money into the treasury. Many rich people put in large sums. A poor widow came and put in two small copper coins, which are worth a penny. Then he called his disciples and said to them, "Truly I tell you, this poor widow has put in more than all those who are contributing to the treasury. For all of them have contributed out of their abundance; but she out of her poverty has put in everything she had, all she had to live on."

Gospeller: The Gospel of Christ.

People: Praise to You, Lord Christ.

We trust in one God,

**Sermon** Brian Spolarich

[We pause for a few moments' reflection.]

### **Affirmation of Faith**

AII:

Let us affirm our faith in Jesus Christ the Son of God.

the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We trust in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:

he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We trust in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. Who with the Father and the Son is worshiped and glorified, who has spoken through the Prophets. We trust in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

# **Prayers of the People**

With all our heart and with all our mind, let us pray to our God, saying "God, have mercy."

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to our God. God, have mercy.

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord our God. God, have mercy.

For our Bishop Lucinda and our priest Rev. Linzi, and for all the clergy and people, let us pray to the Lord our God. God, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord our God. God, have mercy.

For this community of Los Osos, for every community, and for those who live in them, let us pray to the Lord our God. God, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord our God. God, have mercy.

For those who travel on land, on water, or in the air, let us pray to the Lord our God. God, have mercy.

For those who are aged and infirm, for those who are widowed and orphans, and for those

who are sick and suffering, let us pray to the Lord our God. God, have mercy.	
For those mentioned in our bidding book:	

[here prayers are added from the bidding book and you are invited to add your own prayers silently or in the chat]

Let us pray to the Lord our God. Lord God, have mercv.

For those who are poor and those who are oppressed, for those who are unemployed and those who are destitute, for prisoners and captives, and for all who remember and care for them, let us pray to our God. God, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to our God. *God, have mercy*.

For deliverance from all danger, violence, oppression, and degradation, let us pray to our God. *God, have mercy*.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to our God. *God, have mercy*.

In the communion of Benedict and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God. *To you, O Lord our God.* 

Celebrant: Holy One, accept the fervent prayers of your people;

in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls,

and to you we give glory, now and for ever. Amen.

### **Confession and Absolution**

Let us confess our sins to God.

All: God of all mercy,

we confess that we have sinned against you, opposing your will in our lives.

We have denied your goodness in each other,

in ourselves, and in the world you have created.

We repent of the evil that enslaves us,

the evil we have done,

and the evil done on our behalf.

Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love

and serve only your will. Amen.

Celebrant All Compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.** 

### The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

Please greet one another in the chat.

#### Announcements

# **Birthday & Anniversary Prayers**

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.  $\bf 51.~For~a~Birthday~p~830$ 

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort

him/her/their when discouraged or sorrowful; raise him/her/their up if he/she/they fall; and in his/her/their heart may thy peace which passeth understanding abide all the days of him/her/their life/lives; through Jesus Christ our Lord. Amen.

## 52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

## 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen*.

# The Offertory

You can contribute at our website www.stbenslososos.org at any time.



**J** Hymn

"What a Friend We Have in Jesus" LEVAS 109 (next page)



Words: Joseph Scriven (1819-1866). Music: Charles C. Converse (1832-1918).

**♪ Doxology:** [Hymn tune #400]

[sung Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia

Holy Eucharist Eow1

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

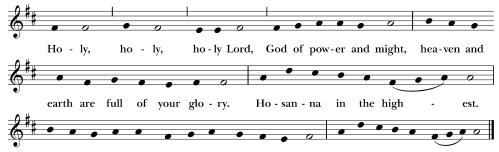
#### Celebrant

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

For in the multitude of your saints you have surrounded us with a great cloud of witnesses, that we might rejoice in their fellowship, and run with endurance the race that is set before us; and, together with them, receive the crown of glory that never fades away.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

∫ Sanctus S 124



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est. Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

### The Celebrant continues

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love.

Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you:
This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me."

All: Christ has died.
Christ is risen.
Christ will come again.

#### Celebrant:

Remembering his death and resurrection,
we now present to you from your creation
this bread and this wine.
By your Holy Spirit may they be for us
the Body and Blood of our Savior Jesus Christ.
Grant that we who share these gifts
may be filled with the Holy Spirit
and live as Christ's Body in the world.
Bring us into the everlasting heritage
of your children,
that with blessed Mary and blessed Benedict, and all your saints,
past, present, and yet to come,
we may praise your Name for ever.

Therefore we proclaim the mystery of faith:

All: Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

# The Lord's Prayer

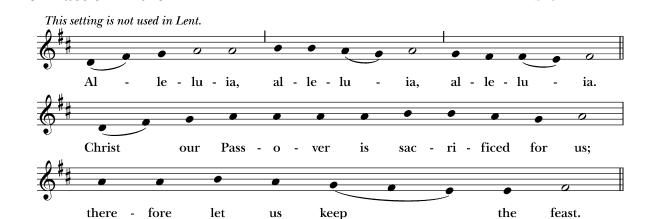
And now, as our Savior Christ has taught us, we are bold to say,

Our Father in heaven,
hallowed be your Name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.

# The Breaking of the Bread

The celebrant breaks the Bread

**♪** Fraction Anthem



al - le - lu

S 154

Music: From New Plainsong; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

# **Holy Communion**

Al

Celebrant: The Gifts of God for the People of God.

le - lu - ia,

If God is calling you, you are welcome and invited to receive communion. Please contact the church office to arrange to receive communion in your home.

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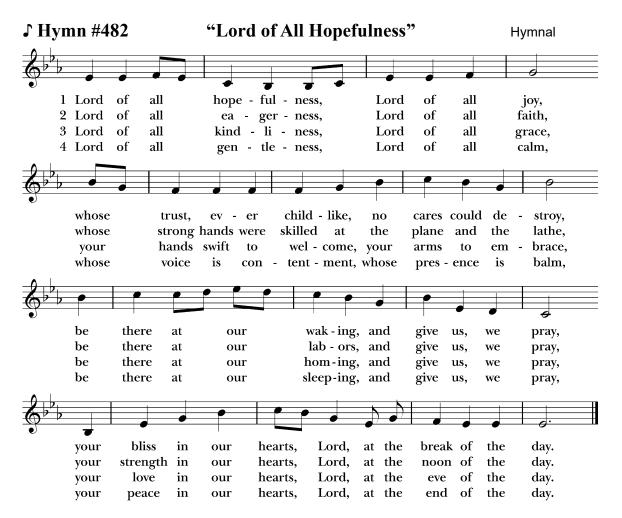
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ia.

## **♪** Communion Music

Original Improvisation
Paul Burkle



Words: Jan Struther (1901-1953). By permission of Oxford University Press. Music: *Slane*, Irish ballad melody; adapt. *The Church Hymnary*,1927; harm. *Hymnal 1982*.

Silence

# **Sending of the Eucharistic Visitor**

If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to
\_\_\_\_\_\_. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: We who are many are one Body, because we share one Bread and one Cup. Amen

## **Prayer**

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen

# **Blessing**

**1 Hymn #657** "Love Divine, All Loves Excelling" Blue Hymnal

## **Dismissal**

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: Thanks be to God.

### **▶** Postlude

Original Improvisation
Paul Burkle

Eucharist Liturgy Adapted from Enriching Our Worship
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# **Ministers of the Service**

Celebrant: Rev. Linzi Stahlecker
Preacher: Brian Spolarich
Altar Guild: Diana Hammerlund
Eucharistic Minister: Brian Spolarich
Eucharistic Assistant: Alan Kiste

Lector: Bryson McKelvey Flowers: Pamela Bleisch

Ushers: Alan Kiste & Jim Malone

Intercessor:

Music:

Online Host:

Lousia Beeler

Paul Burkle

Elaine Beckham

Tellers: Alice Welchert & Diana Hammerlund

Technical: Hannah Matthews
Coffee Hour Host: Bryson McKelvey

# This Week at St Ben's

Tuesday Nov 19

9:45a Prayers of the Morning (Zoom) 10:30a Spiritual Conversation (Zoom)

Wednesday Nov 20

3:00p Earthcare meeting

7:00p Transgender Day of Remembrance

Thursday Nov 21

6:00p Choir Practice

Sunday Nov 24

10:30a Eucharist Service

## **Announcements**

Next Wednesday, November 20, at 7pm we will mark the Transgender Day of Remembrance here at St. Ben's. This will be a simple candlelit vigil in the church, we will pray for those people whose lives have been cut short over the last year as a result of violence against the transgender community, we will pray for an end to hate of all kinds and we will pray for an end to violences of all kinds. The transgender community in this country is very small, less than 1%, yet it receives a great deal of negative attention, most recently in the form of campaign ads in the run up to the presidential election. Anti-trans rhetoric in our mainstream culture has a real-life impact on the real lives lived by transgender and non-binary people in our community, and we here at St. Benedict's can be an ever-increasing counter-force for love in Los Osos and across our region. Please join me, next Wednesday, and together we can grieve the ongoing impact of hate and violence in our society, and, *together*, we will acknowledge that love does and will heal, and that love does and will always have the power to transform our world - all are invited, all are welcome. (This service will be in-person only).

The Tuesday Spiritual Conversation group - We will meet for this week's spiritual conversation outside! Together we'll enjoy nature (and the birds!), and connect with each other and with creation. Cathy Gildea will facilitate our discussion. We are always happy to see new faces as well as familiar faces in a new context - please join us if you can!

## Field Trip

When: Tues. Nov 19th - 10 am until 11am

**Where**: Laguna Lake Park -- let's park near the restrooms and playground area (first left turn from Dalidio entrance). There are picnic tables so we can sit.

Cloister Groups are a great way for you to connect with other members of St. Benedict's. Cloister leaders stay in touch with the members of their Cloister, offering regular contact and encouragement. Some Cloister groups stay in touch electronically; some have in-person gatherings. No agenda-- just connection. Questions? Want to join a group? Email Pamela at <a href="mailto:pr.bleisch@gmail.com">pr.bleisch@gmail.com</a>

**Personal Prayer:** If you'd like prayer support during the week, contact Lisa Gonzalez (805) 441-3386. If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to <a href="mailto:prayers@stbenslososos.org">prayers@stbenslososos.org</a> and requests for pastoral care may be sent to <a href="mailto:pastoralcare@stbenslososos.org">pastoralcare@stbenslososos.org</a>.

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

# **Land Acknowledgment**

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

## **Our Mission Statement**

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

# **Our Inclusivity Statement**

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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