

St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

Christ the King

November 24 2024 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—
your presence here today is a blessing!

About Our Service

Wherever you are on your faith journey, you are warmly welcome at St. Benedict's! If you are unfamiliar with the ritual customs of the Episcopal Church, simply rest into the liturgy and let the rest of the congregation carry you in worship.

Please silence your phones.

~ Prelude ~

Original Improvisation

Paul Burkle

Celebrant: Blessed be the one, holy, and living God.

People: Glory to God for ever and ever.

Celebrant: Let us pray.

All: All-compassionate and most merciful God, to you all hearts are open, all desires

known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify

your holy Name; through Christ our Lord. Amen.



Words: Charles Wesley (1707-1788). Music: *Ratisbon*, melody from *Geystliche gesangk Buchleyn*, 1524; adapt. att. William Henry Havergal (1793-1870); harm. William Henry Havergal (1793-1870), alt.

Collect of the Day

Celebrant: God be with you.

People: And also with you.

Humble king, one with the hungry, the naked and the scorned; may our faith be proven not in dogma and piety but in serving you in the last and the least; through Jesus Christ, the stranger's Lord.

People: Amen

2 Samuel 23:1-7

Reader: A Reading from the second book of Samuel

These are the last words of David:

The oracle of David, son of Jesse,

the oracle of the man whom God exalted,

the anointed of the God of Jacob,

the favorite of the Strong One of Israel:

The spirit of the Lord speaks through me,

his word is upon my tongue.

The God of Israel has spoken,

the Rock of Israel has said to me:

One who rules over people justly,

ruling in the fear of God,

is like the light of morning,

like the sun rising on a cloudless morning, gleaming from the rain on the grassy land.

Is not my house like this with God?

For he has made with me an everlasting covenant, ordered in all things and secure.

Will he not cause to prosper

all my help and my desire?

But the godless are all like thorns that are thrown away;

for they cannot be picked up with the hand;

to touch them one uses an iron bar

or the shaft of a spear.

And they are entirely consumed in fire on the spot.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Psalm 132:1-13

- Lord, remember David, * and all the hardships he endured;
- How he swore an oath to the Lord * and vowed a vow to the Mighty One of Jacob:
- "I will not come under the roof of my house," * nor climb up into my bed;
- I will not allow my eyes to sleep, * nor let my eyelids slumber;
- Until I find a place for the Lord, * a dwelling for the Mighty One of Jacob."
- "The ark! We heard it was in Ephratah; * we found it in the fields of Jearim.
- Let us go to God's dwelling place; *
 let us fall upon our knees before his footstool."
- Arise, O Lord, into your resting-place, * you and the ark of your strength.
- Let your priests be clothed with righteousness; * let your faithful people sing with joy.
- For your servant David's sake, *
 do not turn away the face of your Anointed.
- The Lord has sworn an oath to David; * in truth, he will not break it:
- "A son, the fruit of your body * will I set upon your throne.
- If your children keep my covenant and my testimonies that I shall teach them, * their children will sit upon your throne for evermore."

Revelation 1:4b-8

Reader: A Reading from the book of Revelation

Grace to you and peace from him who is and who was and who is to come, and from the seven spirits who are before his throne, and from Jesus Christ, the faithful witness, the firstborn of the dead, and the ruler of the kings of the earth.

To him who loves us and freed us from our sins by his blood, and made us to be a kingdom, priests serving his God and Father, to him be glory and dominion forever and ever. Amen.

Look! He is coming with the clouds;

every eye will see him,

even those who pierced him;

and on his account all the tribes of the earth will wail.

So it is to be. Amen.

"I am the Alpha and the Omega," says the Lord God, who is and who was and who is to come, the Almighty.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.



Words: James Montgomery (1771-1854); para. of Psalm 72. Music: Es flog ein kleins Waldvögelein, German folk song; adapt. and harm. A Student's Hymnal, 1923, after Henry Walford Davies (1869-1941).

John 18:33-37

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: Glory to You, Lord Christ.

Pilate entered the headquarters again, summoned Jesus, and asked him, "Are you the King of the Jews?" Jesus answered, "Do you ask this on your own, or did others tell you about me?" Pilate replied, "I am not a Jew, am I? Your own nation and the chief priests have handed you over to me. What have you done?" Jesus answered, "My kingdom is not from this world. If my kingdom were from this world, my followers would be fighting to keep me from being handed over to the Jews. But as it is, my kingdom is not from here." Pilate asked him, "So you are a king?" Jesus answered, "You say that I am a king. For this I was born, and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice."

Gospeller: The Gospel of Christ.

People: Praise to You, Lord Christ.

Sermon

The Rev. Linzi Stahlecker

[We pause for a few moments' reflection.]

Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

AII: We trust in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We trust in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We trust in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

Who with the Father and the Son is worshiped and glorified, who has spoken through the Prophets.

We trust in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

Prayers of the People

With all our heart and with all our mind, let us pray to our God, saying "God, have mercy."

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to our God. *God, have mercy*.

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to our God. *God, have mercy*.

For our Bishop Lucinda and our priest Rev. Linzi, and for all the clergy and people, let us pray to our God. *God, have mercy*.

For our President, for the leaders of the nations, and for all in authority, let us pray to our God. *God, have mercy*.

For this community of Los Osos, for every community, and for those who live in them, let us pray to our God. *God, have mercy*.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to our God. *God*, *have mercy*.

For those who travel on land, on water, or in the air, let us pray to our God. *God, have mercy*.

For those who are aged and infirm, for those who are widowed and orphans, and for those who are sick and suffering, let us pray to our God. *God*, *have mercy*.

For those mentioned in our bidding book:	
[here prayers are added from the bidding boo	k and
you are invited to add your own prayers silently	or aloud]

Let us pray to our God. Lord God, have mercy.

For those who are poor and those who are oppressed, for those who are unemployed and those who are destitute, for prisoners and captives, and for all who remember and care for them, let us pray to our God. *God, have mercy*.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to our God. *God, have mercy*.

For deliverance from all danger, violence, oppression, and degradation, let us pray to our God. *God, have mercy*.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to our God. *God, have mercy*.

In the communion of Benedict and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God. *To you, O Lord our God*.

Celebrant: Holy One, accept these prayers of your people;

in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls,

and to you we give glory, now and for ever. Amen.

Confession and Absolution

Let us confess our sins to God.

All: God of all mercy,

we confess that we have sinned against you, opposing your will in our lives.

We have denied your goodness in each other, in ourselves, and in the world you have created.

We repent of the evil that enslaves us, the evil we have done,

and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant All Compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

Please greet others in the chat.

Announcements

51. For a Birthday p 830

Watch over thy child, O Lord, as his/her/their days increase; bless and guide him/her/their wherever he/she/they may be. Strengthen him/her/them when he/she/they stand(s); comfort him/her/their when discouraged or sorrowful; raise him/her/their up if he/she/they fall; and in his/her/their heart may thy peace which passeth understanding abide all the days of him/her/their life/lives; through Jesus Christ our Lord. Amen.

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen*.

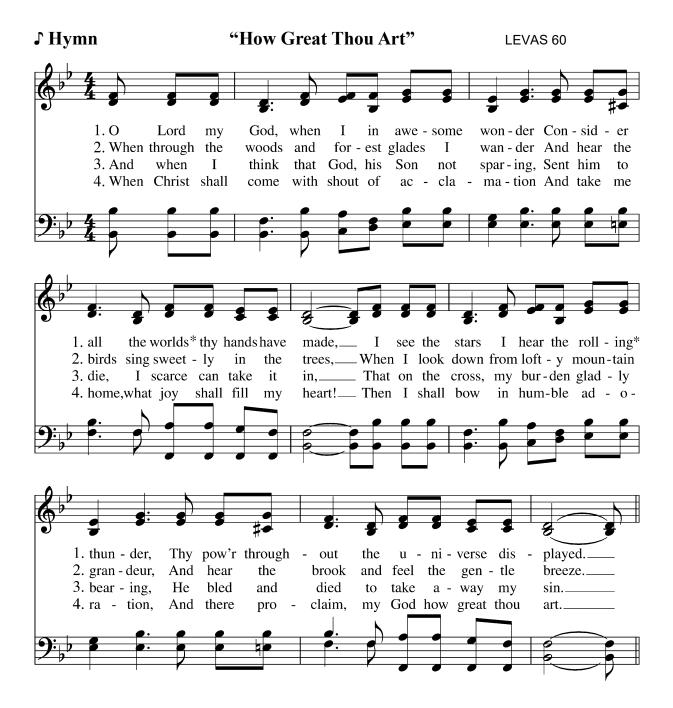
Birthday & Anniversary Prayers

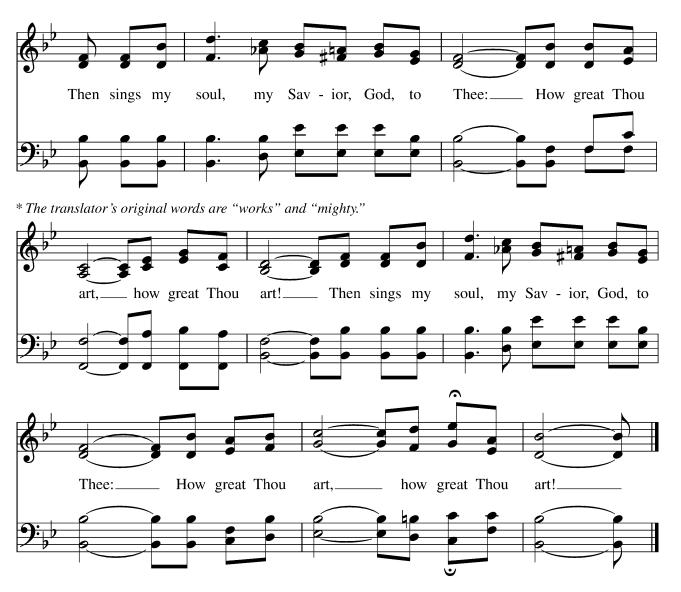
Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

The Offertory

You can contribute at our website www.stbenslososos.org at any time.







Words: Stuart K. Hine (1899-1989). Music: Traditional Swedish folk tune/adapt. Stuart K. Hine. Copyright © 1949 and 1953 The Stuart Hine Trust. All rights in the U.S.A. except print rights administered by EMI CMG. U.S.A. print rights administered by Hope Publishing Company, Carol Stream, IL 60188. All rights reserved. Used by permission.

♪ Doxology: [Hymn tune #400]

[sung Praise God from Whom all blessings flow Praise God all creatures here below, Alleluia, Alleluia Praise God the Source of all our gifts

Praise Jesus Christ whose power uplifts

Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

Holy Eucharist

Iona

Celebrant:

The table of bread and wine is now made ready.

It is the table of company with Jesus, and all who love him.

It is the table of sharing with the poor of the world, with whom Jesus identified himself.

It is the table of communion with the earth, in which Christ became incarnate.

So come to this table, you who have much faith and you who would like to have more; you who have been here often and you who have not been for a long time;

you who have tried to follow Jesus, and you who have failed; Come.

It is Christ who invites us to meet him here.

Celebrant: May Christ be with you,

All: And also with you.

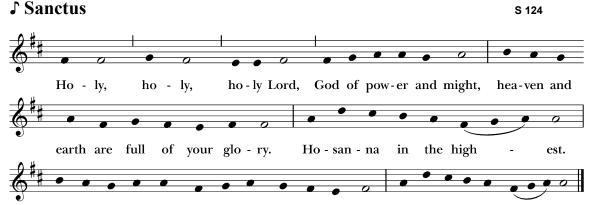
Celebrant: Lift up your hearts,

All: We lift them up to God.

Celebrant: Let us give thanks to God,

All: It is right to give both thanks and praise.

Celebrant: We offer you praise, dear God, and hearts lifted high, for in the communion of your love Christ comes close to us and we come close to Christ. Therefore, with the whole realm of nature around us, with earth, sea and sky, we sing to you. With the angels of light who envelop us, with the host of heaven, with all the saints before and beside us, with siblings east and west, north and south, we sing to you. And with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of your unending greatness:



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est. Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

The Celebrant continues

Blessed is our brother Jesus, who walks with us the road of our world's suffering, and who is known to us in the breaking of bread. On the night of his arrest Jesus took bread and having blessed it he broke it and gave it to his disciples, saying, This is my body, given to you.

In the same way he took wine and having given thanks for it he poured it out and gave the cup to his disciples, saying, This cup is the new relationship with God, sealed with my blood. Take this and share it.

I shall drink wine with you next in the coming Kingdom of God.

All: Loving God,

through your goodness we have this bread and wine to offer, which earth has given and human hands have made.

May we know your presence in the sharing of this bread,
So that we may know your touch in all bread, all matter.

We celebrate the life that Jesus has shared among his community through the centuries, and shares with us now.

Made one in Christ and one with each other, we offer these gifts and with them ourselves, a single, holy, living sacrifice. Amen.

Hear us, O Christ, and breathe your Spirit upon us and upon this bread and wine.

May they become for us your body, vibrant with your life, healing, renewing and making us whole.

And as the bread and wine which we now eat and drink are changed into us, may we be changed again into you, bone of your bone, flesh of your flesh, loving and caring in the world.

All: Through Christ and with Christ and in Christ, all honor and glory are yours, All-Compassionate God, in the unity of the Holy Spirit, for ever and ever. AMEN

The Lord's Prayer

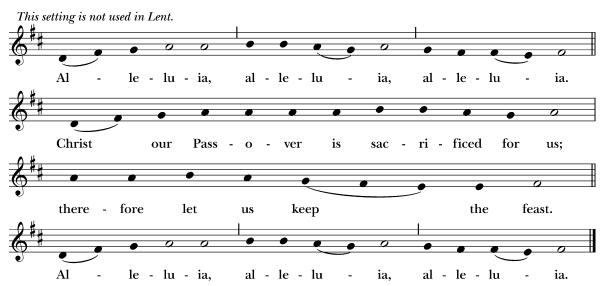
And now, as our Savior Christ has taught us, we are bold to say,

Holy One, our only Home,
hallowed be your name.
May your day dawn,
your will be done,
here as in heaven.
Feed us today,
and forgive us as we forgive each other.
Do not forsake us at the test,
but deliver us from evil.
For the glory, the power,
and the mercy are yours,
now and for ever. Amen.

The celebrant breaks the Bread

♪ Fraction Anthem

S 154



Music: From New Plainsong; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Holy Communion

Celebrant: The Gifts of God for the People of God.

If God is calling you, you are welcome and invited to receive communion. Please contact the church office to arrange to receive communion in your home.

♪ Communion Music

Original Improvisation
Paul Burkle



Words: Jaroslav J. Vajda (b. 1919). Music: *Now*, Carl Flentge Schalk (b. 1929). Words and Music: Copyright © 1969, by Hope Publishing Company Carol Stream, IL 60188. All Rights Reserved. Used by permission.

Silence

Sending of the Eucharistic Visitor

If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to
______. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: We who are many are one Body, because we share one Bread and one Cup. Amen (please stand as you are able)

Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen

Blessing



Words: Isaac Watts (1674-1748), alt. Music: Duke Street, John Hatton (d. 1793).

Dismissal

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: Thanks be to God.

Original Improvisation

Paul Burkle

Eucharist Liturgy Adapted from The Iona Abbey Worship Book © 2001 The Iona Community Used with permission Music reproduced and broadcast under OneLicense #A706314

Ministers of the Service

Celebrant: Rev. Linzi Stahlecker Preacher: Rev. Linzi Stahlecker

Altar Guild: Pat Stoneman
Eucharistic Minister: Sarah Chesebro
Eucharistic Assistant: Lisa Gonzalez
Lector: Roz Malone
Flowers: Sharon Porter

Ushers: Maureen Titus & Sandy Fisher

Intercessor: Sandy Fisher
Music: Paul Burkle
Online Host: Jane Wu

Tellers: Bryson McKelvey & Steve Cake

Technical: Hannah Matthews

Coffee Hour Host: Connie Weldon & Bob Pelfrey

This Week at St Ben's

Monday Nov 25

3:30p Liturgy Committee

Tuesday Nov 26

9:45a Prayers of the Morning (Zoom) 10:30a Spiritual Conversation (Zoom)

Wednesday Nov 27

11:00a Laundry Love 4:00p Laundry Love

Thursday Nov 28

4:00p Thanksgiving Dinner

Sunday Nov 10

10:30a Eucharist Service

Announcements

Stewardship Pledges: Your pledge is your commitment to the future of St. Benedict's, its staff, and its work in our community. It is now more important than ever as we strike out in new directions, with new clergy leadership. Be part of the team for the future of St. Ben's! Letters will go out to the parish in the next week or two, this will be your opportunity to make, or renew, your financial commitment to the life and mission of St. Ben's.

Vestry Nominations: In the weeks ahead, we'll be building a slate for our vestry elections, held each year at our Annual Parish Meeting. We are looking to fill at least 3 positions on the new vestry that will form early in 2025. Are you interested in standing for election this year? Is there someone in the parish you would like to nominate? Are you curious about what might be involved? Do you have questions you'd like to ask before making any kind of commitment to volunteer? Your current vestry is here to answer any and all questions you might have.

Thanksgiving Gathering at St. Benedict's. It's a time for us to come together as a community, express our gratitude to God for life's many blessings, and share in the joy of community. We'll begin with a time of prayer, followed by a delicious meal and time together. Whether you're new to the church or a long-time member, we'd love for you to be part of this celebration. Please bring a dish to share, if you're able - or simply bring yourself! Please let us know by Monday the 25th if you're able to attend and whether you'd like to contribute to the meal.

Abundance Shop: A reminder to everyone that we are looking to hire a manager to take over from Esta when she retires at the end of the year. This is a paid position. Please <u>click through</u> and take a look at the job description.

To apply, a cover letter and resume should be emailed to office@stbenslososos.org..

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



St. Benedict's Episcopal Church
PO Box 6877
Los Osos, CA 93402
805-528-0654
office@stbenslososos.org
www.stbenslososos.org

