# BEN STE ABOUT

# St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

## The Twentieth Sunday after Pentecost

October 6, 2024 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—your presence here today is a blessing!

#### ~ Prelude ~

Original Improvisation

Paul Burkle

Celebrant: Blessed be the one, holy, and living God.

People: Glory to God for ever and ever.

Celebrant: Let us pray.

praise

be

sung

All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

**↑** Hymn "Thy strong word did cleave the darkness" #381



3 Thy strong word be - speaks us right - eous; bright with thine own 4 God the Fa-ther, Light-Cre - a - tor, to thee laud and



it was done; for cre at - ed light we thank thee, deep death. broke the light of thy tion, sal va ho li - ness, glo - rious now, we press toward glo ry, hon - or thee, Light of Light be; to be got ten,

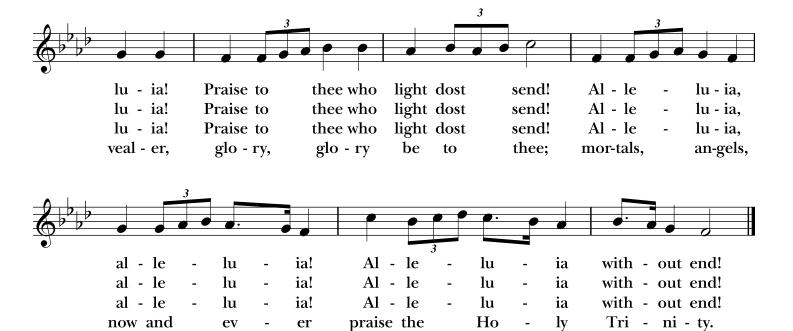


- ter - nal - ly;

Ho-ly

Spi-rit,

Light-Re



The Alleluias in stanzas 1-3 may be sung antiphonally.

Words: Martin H. Franzmann (1907-1976). From *Worship Supplement*. Copyright © 1969, Concordia Publishing House. Used by permission. Music: *Ton-y Botel*, Thomas John Williams (1869-1944).

# Collect of the Day

Celebrant: God be with you.

People: And also with you.

Celebrant: Let us pray.

Almighty and everlasting God, you are always more ready to hear than we to pray, and to give more than we either desire or deserve: Pour upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things for which we are not worthy to ask, except through the merits and mediation of Jesus Christ our Savior; who lives and reigns with you and the Holy Spirit, one God, for ever and ever

People: Amen

# Job 1:1; 2:1-10

Reader: A Reading from the book of Job

There was once a man in the land of Uz whose name was Job. That man was blameless and upright, one who feared God and turned away from evil.

One day the heavenly beings came to present themselves before the Lord, and Satan also came among them to present himself before the Lord. The Lord said to Satan, "Where have you come from?" Satan answered the Lord, "From going to and fro on the earth, and from walking up and down on it." The Lord said to Satan, "Have you considered my servant Job? There is no one like him on the earth, a blameless and upright man who fears God and turns away from evil. He still persists in his integrity, although you incited me against him, to destroy him for no reason." Then Satan answered the Lord, "Skin for skin! All that people have they will give to save their lives. But stretch out your hand now and touch his bone and his flesh, and he will curse you to your face." The Lord said to Satan, "Very well, he is in your power; only spare his life."

So Satan went out from the presence of the Lord, and inflicted loathsome sores on Job from the sole of his foot to the crown of his head. Job took a potsherd with which to scrape himself, and sat among the ashes.

Then his wife said to him, "Do you still persist in your integrity? Curse God, and die." But he said to her, "You speak as any foolish woman would speak. Shall we receive the good at the hand of God, and not receive the bad?" In all this Job did not sin with his lips.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

#### Psalm 26

Give judgment for me, O LORD,

for I have lived with integrity; \* I have trusted in the Lord and have not faltered.

Test me, O LORD, and try me; \* examine my heart and my mind.

For your love is before my eyes; \*

I have walked faithfully with you.

I have not sat with the worthless, \* nor do I consort with the deceitful.

I have hated the company of evildoers; \*
I will not sit down with the wicked.

I will wash my hands in innocence, O LORD, \* that I may go in procession round your altar,

Singing aloud a song of thanksgiving \* and recounting all your wonderful deeds.

LORD, I love the house in which you dwell \* and the place where your glory abides.

Do not sweep me away with sinners, \* nor my life with those who thirst for blood,

Whose hands are full of evil plots, \* and their right hand full of bribes.

As for me, I will live with integrity; \* redeem me, O LORD, and have pity on me.

My foot stands on level ground; \* in the full assembly I will bless the LORD.

# Hebrews 1:1-4; 2:5-12

Reader: A Reading from the book of Hebrews

Long ago God spoke to our ancestors in many and various ways by the prophets, but in these last days he has spoken to us by a Son, whom he appointed heir of all things, through whom he also created the worlds. He is the reflection of God's glory and the exact imprint of God's very being, and he sustains all things by his powerful word. When he had made purification for sins, he sat down at the right hand of the Majesty on high, having become as much superior to angels as the name he has inherited is more excellent than theirs.

Now God did not subject the coming world, about which we are speaking, to angels. But someone has testified somewhere,

"What are human beings that you are mindful of them, or mortals, that you care for them?

You have made them for a little while lower than the angels; you have crowned them with glory and honor, subjecting all things under their feet."

Now in subjecting all things to them, God left nothing outside their control. As it is, we do not yet see everything in subjection to them, but we do see Jesus, who for a little while was made lower than the angels, now crowned with glory and honor because of the suffering of death, so that by the grace of God he might taste death for everyone.

It was fitting that God, for whom and through whom all things exist, in bringing many children to glory, should make the pioneer of their salvation perfect through sufferings. For the one who sanctifies and those who are sanctified all have one Father. For this reason Jesus is not ashamed to call them brothers and sisters, saying,

"I will proclaim your name to my brothers and sisters, in the midst of the congregation I will praise you."

Reader: Hear what the Spirit is saying to God's people

People: Thanks be to God



Words: Tobias Clausnitzer (1619-1684); tr. Catherine Winkworth (1829-1878); alt. Music: *Liebster Jesu*, melody Johann Rudolph Ahle (1625-1673); alt. *Das grosse Cantional: oder Kirchen-Gesangbuch*, 1687; harm. George Herbert Palmer (1846-1926).

## Mark 10:2-16

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Mark

People: Glory to You, Lord Christ.

Some Pharisees came, and to test Jesus they asked, "Is it lawful for a man to divorce his wife?" He answered them, "What did Moses command you?" They said, "Moses allowed a man to write a certificate of dismissal and to divorce her." But Jesus said to them, "Because of your hardness of heart he wrote this commandment for you. But from the beginning of creation, 'God made them male and female.' 'For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.' So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate."

Then in the house the disciples asked him again about this matter. He said to them, "Whoever divorces his wife and marries another commits adultery against her; and if she divorces her husband and marries another, she commits adultery."

People were bringing little children to him in order that he might touch them; and the disciples spoke sternly to them. But when Jesus saw this, he was indignant and said to them, "Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs. Truly I tell you, whoever does not receive the kingdom of God as a little child will never enter it." And he took them up in his arms, laid his hands on them, and blessed them.

Gospeller: The Gospel of Christ

People: Praise to You, Lord Christ.

Sermon

The Rev. Linzi Stahlecker

[We pause for a few moments' reflection.]

#### Affirmation of Faith

AII:

Let us affirm our faith in Jesus Christ the Son of God.

We trust in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We trust in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We trust in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
Who with the Father and the Son is worshiped and glorified, who has spoken through the Prophets.
We trust in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

## **Prayers of the People**

Holy One, bless your church, that it may reveal your love: let us be an open and accepting church; let us be a forgiving and sensitive church; let us be a loving and an understanding church; that your church may reflect your love for the world. God, our Redeemer, **have mercy upon us**.

O God, comfort all who are having any difficulties in their relationships. We pray for all who find it hard to make friends, for all who have been betrayed or deserted by a loved one. We remember all who have to face violence in their homes or at work. We pray for all who cannot trust the people around them. God, our Redeemer, have mercy upon us.

Creator God, in our dealings with each other, teach us to listen, teach us to forgive, teach us to understand, teach us to love, give us the courage to start again. We pray for our friends and loved ones. God, our Redeemer, have mercy upon us.

God of love, give strength to all from broken homes: we pray for anywhere there is little love or understanding, for all families that are needing help and attention. We pray for all who are separated from loved ones through sickness, for all who are lonely and live alone. God, our Redeemer, have mercy upon us.

Praise to you, O God, for in Christ Jesus so many are brought into love and mercy. We give thanks for your saints dwelling in everlasting light. We pray for loved ones departed, and for those mentioned in the bidding book.

[here prayers are added from the bidding book and you are invited to add your own prayers silently or in the chat]

God, our Redeemer, have mercy upon us.

Celebrant: Good and gracious God, your love is never-failing, your heart is open to us, your presence never leaves us; strengthen our faith, deepen our love for you and keep us in your ways; through Jesus Christ our Redeemer, who lives and reigns with you and the Holy Spirit, one God, for ever. *Amen*.

Adapted from Traces of Glory by David Adam 1999

## **Confession and Absolution**

Let us confess our sins to God.

All: God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

Celebrant: All Compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

#### The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

Please greet others in the chat.

#### Announcements

# **Birthday & Anniversary Prayers**

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

## 51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen*.

## 52. For an Anniversary p 431

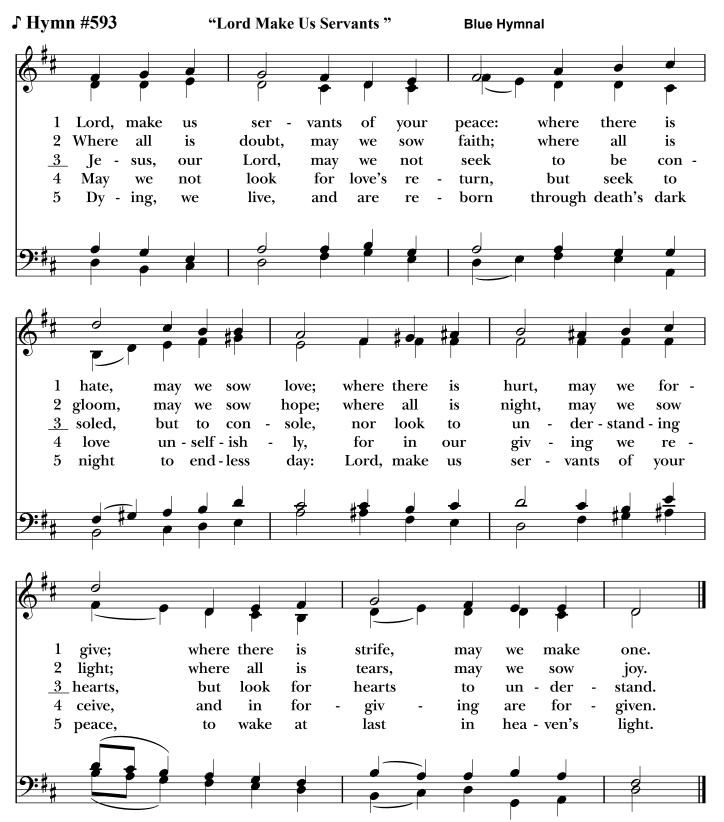
O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

## 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen*.

# The Offertory

You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website www.stbenslososos.org at any time.



Words: James Quinn (b. 1919), based on a prayer att. to St. Francis of Assisi (1182-1226). Copyright © James Quinn, SJ, printed by permission of Geoffrey Chapman, a division on Cassell Ltd. Music: *Dickinson College*, Lee Hastings Bristol, Jr. (1923-1979). Copyright © 1962, Theodore Presser Co. used by permission of the publisher.

# ♪ Doxology: [Hymn tune #400]

[sung Praise God from Whom all blessings flow

Praise God all creatures here below, Alleluia, Alleluia

Praise God the Source of all our gifts

Praise Jesus Christ whose power uplifts

Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

# Holy Eucharist Eow1

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

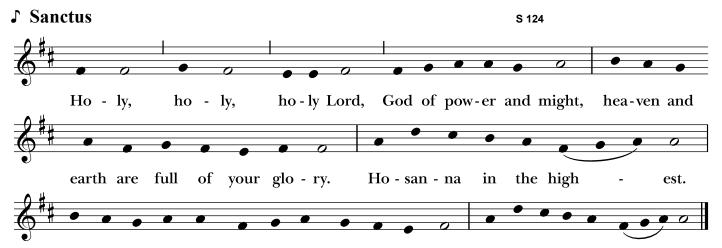
People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Celebrant It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est. Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

#### The Celebrant continues

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up

prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All: Christ has died. Christ is risen. Christ will come again.

Celebrant: Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your children, that with blessed Mary and blessed Benedict, and all your saints, past, present, and yet to come, we may praise your Name for ever.

All: Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

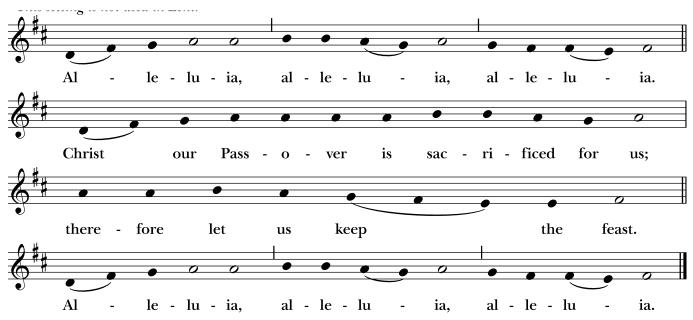
## The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

# The Breaking of the Bread

The celebrant breaks the Bread



Music: From New Plainsong; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

# **Holy Communion**

Celebrant: The Gifts of God for the People of God.

If God is calling you, you are welcome to receive communion when the celebrant invites your section forward. If you prefer to receive a blessing, please cross your arms over your chest. As your group is called forward, please spread out to widen the circle and increase safe social distancing.

# **♪** Communion Music

Original Improvisation
Paul Burkle



Words: Howard Charles Adie Gaunt (1902-1983), alt. By permission of Oxford University Press. Music: *Alles ist an Gottes Segen*, melody att. Johann Balthasar König (1691-1758), alt.; harm. Johann Löhner (1645-1705), after chorale ver. Johann Sebastian Bach (1685-1750).

## Silence

(please stand as you are able)

# Sending of the Eucharistic Visitor If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to \_\_\_\_\_.

Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: We who are many are one Body, because we share one Bread and one Cup. Amen

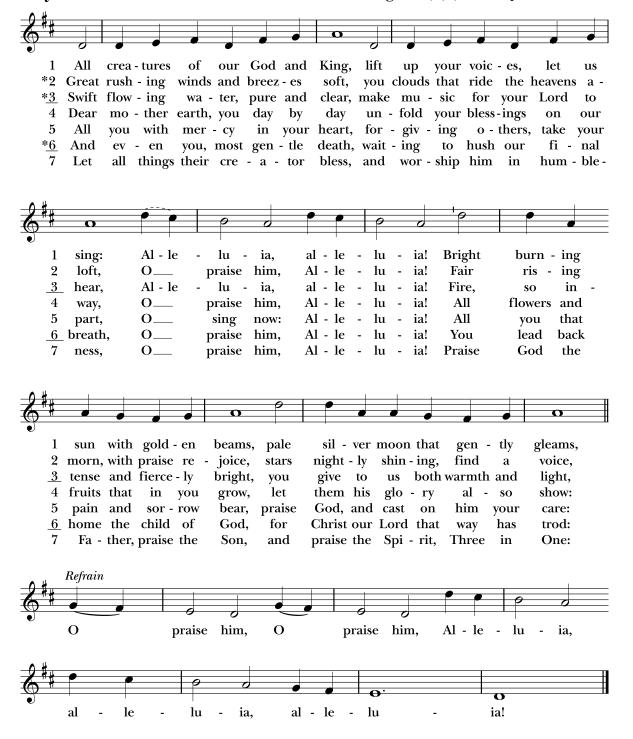
## Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen

# **Blessing**

(please stand as you are able)

# J Hymn #400 "All Creatures of Our God and King" v. 1,4,5,7 Blue Hymnal



The refrain may be sung antiphonally, by phrase; all join in the final Alleluia.

#### Dismissal

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: Thanks be to God.

#### 

Original Improvisation
Paul Burkle

## **Ministers of the Service**

Celebrant: Rev. Linzi Stahlecker Preacher: Rev. Linzi Stahlecker

Eucharistic Minister: Michael Lucas

Eucharistic Assistant: Diana Hammerlund

Lector: Bob Pelfrey
Music: Paul Burkle
Flowers: Elaine Beckham

Ushers: Maureen Titus & Barbara Schippers

Altar Guild: Diana Hammerlund
Online Host: Connie Weldon

Tellers: Alice Welchert & Bryson McKelvey

Technical: Hannah Matthews

Coffee Hour Host: Potluck

# This Week at St Ben's

Monday Oct 7

3:30p Liturgy Committee Meeting (Zoom)

Tuesday Oct 8

9:45a Prayers of the Morning (Zoom) 10:30a Spiritual Conversation (Zoom)

Thursday Oct 10

6:00p Choir Practice

Sunday Oct 13

10:30a Eucharist Service

Eucharist Liturgy Adapted from Enriching Our Worship
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## **Announcements**

**Personal Prayer:** Prayer requests may also be emailed at any time to <u>prayers@stbenslososos.org</u> and requests for pastoral care may be sent to <u>pastoralcare@stbenslososos.org</u>.

**Tuesday Morning Prayers & Spiritual Conversation:** The Tuesday morning Spiritual Conversation group will discussing ideas from the book <u>The Great Emergence: How Christianity Is Changing and Why</u> by Phyllis Tickle. We will include video lectures by the author as part of our exploration. You do not have to read the book to participate. Tuesdays at 10:30 on Zoom.

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

# **Land Acknowledgment**

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

## **Our Mission Statement**

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

# **Our Inclusivity Statement**

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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