



# St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

## The Twenty-first Sunday after Pentecost

October 13, 2024 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability— your presence here today is a blessing!

### ~ Prelude ~

*Original Improvisation*

Paul Burkle

Celebrant: Blessed be the one, holy, and living God.

People: ***Glory to God for ever and ever.***

Celebrant: Let us pray.

All: ***All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.***

### ♪ Hymn #460

“Alleluia sing to Jesus”

Blue Hymnal

1 Al - le - lu - ia! sing to Je - sus! his the  
\*2 Al - le - lu - ia! not as or - phans are we  
3 Al - le - lu - ia! bread of Hea - ven, Thou on  
4 Al - le - lu - ia! King e - ter - nal, thee the  
\*5 Al - le - lu - ia! sing to Je - sus! his the

1 scap - ter, his the throne; Al - le - lu - ia! his the  
2 left in sor - row now; Al - le - lu - ia! he is  
3 earth our food, our stay! Al - le - lu - ia! here the  
4 Lord of lords we own: Al - le - lu - ia! born of  
5 scap - ter, his the throne; Al - le - lu - ia! his the

1 tri - umph, his the vic - to - ry a - lone; Hark! the  
 2 near us, faith be - lieves, nor ques - tions how: though the  
 3 sin - ful flee to thee from day to day: In - ter -  
 4 Ma - ry, earth thy foot - stool, heaven thy throne: thou with -  
 5 tri - umph, his the vic - to - ry a - lone; Hark! the

1 songs of peace - ful Zi - on thun - der like a  
 2 cloud from sight re - ceived him, when the for - ty  
 3 ces - sor, friend of sin - ners, earth's Re - deem - er,  
 4 in the veil hast en - tered, robed in flesh, our  
 5 songs of ho - ly Zi - on thun - der like a

1 might - y flood; Je - sus out of ev - ery  
 2 days were o'er, shall our hearts for - get his  
 3 plead for me, where the songs of all the  
 4 great High Priest: thou on earth both Priest and  
 5 might - y flood; Je - sus out of ev - ery

1 na - tion hath re - deemed us by his blood.  
 2 prom - ise, "I am with you ev - er - more"?  
 3 sin - less sweep a - cross the crys - tal sea.  
 4 Vic - tim in the eu - cha - ris - tic feast.  
 5 na - tion hath re - deemed us by his blood.

Words: William Chatterton Dix (1837-1898). Music: *Hyfydol*, Rowland Hugh Prichard (1811-1887).

## Collect of the Day

Celebrant: God be with you.

People: *And also with you.*

Celebrant: Let us pray.

Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People: *Amen*

## Job 23:1-9, 16-17

Reader: *A Reading from the book of Job*

Job said:

"Today also my complaint is bitter;  
 his hand is heavy despite my groaning.

Oh, that I knew where I might find him,  
 that I might come even to his dwelling!

I would lay my case before him,  
 and fill my mouth with arguments.

I would learn what he would answer me,  
 and understand what he would say to me.

Would he contend with me in the greatness of his power?  
 No; but he would give heed to me.

There an upright person could reason with him,  
 and I should be acquitted forever by my judge.

"If I go forward, he is not there;  
 or backward, I cannot perceive him;

on the left he hides, and I cannot behold him;  
 I turn to the right, but I cannot see him.

God has made my heart faint;  
the Almighty has terrified me;

If only I could vanish in darkness,  
and thick darkness would cover my face!"

*Reader: Hear what the Spirit is saying to God's people.*

*People: Thanks be to God*

## **Psalm 22:1-15**

My God, my God, why have you forsaken me? \*  
and are so far from my cry  
and from the words of my distress?

O my God, I cry in the daytime, but you do not answer; \*  
by night as well, but I find no rest.

Yet you are the Holy One, \*  
enthroned upon the praises of Israel.

Our forefathers put their trust in you; \*  
they trusted, and you delivered them.

They cried out to you and were delivered; \*  
they trusted in you and were not put to shame.

But as for me, I am a worm and no man, \*  
scorned by all and despised by the people.

All who see me laugh me to scorn; \*  
they curl their lips and wag their heads, saying,

"He trusted in the LORD; let him deliver him; \*  
let him rescue him, if he delights in him."

Yet you are he who took me out of the womb, \*  
and kept me safe upon my mother's breast.

I have been entrusted to you ever since I was born; \*  
you were my God when I was still in my mother's womb.

Be not far from me, for trouble is near, \*  
and there is none to help.

Many young bulls encircle me; \*  
strong bulls of Bashan surround me.

They open wide their jaws at me, \*  
like a ravening and a roaring lion.

I am poured out like water;  
all my bones are out of joint; \*  
my heart within my breast is melting wax.

My mouth is dried out like a pot-sherd;  
my tongue sticks to the roof of my mouth; \*  
and you have laid me in the dust of the grave.

## Hebrews 4:12-16

Reader: *A Reading from Paul's letter to the church in Rome*

The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account.

Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

Reader: *Hear what the Spirit is saying to God's people*

People: ***Thanks be to God***

### ♩ Hymn #488

### "Be Thou My Vision"

Blue Hymnal



1 Be thou my vi - sion, O Lord of my heart;  
2 Be thou my wis - dom, and thou my true word;  
3 High King of hea - ven, when vic - tory is won,



all else be nought to me, save that thou art—  
I ev - er with thee and thou with me, Lord;  
may I reach hea - ven's joys, bright hea - ven's Sun!



thou my best thought, — by day or by night,  
thou my great Fa - ther; thine own may I be;  
Heart of my heart, — what - ev - er be - fall,



wak - ing or sleep - ing, thy pres - ence my light.  
thou in me dwell - ing, and I one with thee.  
still be my vis - ion, O Ru - ler of all.

## Mark 10:17-31

*Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Mark*

*People: Glory to You, Lord Christ.*

As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, “Good Teacher, what must I do to inherit eternal life?” Jesus said to him, “Why do you call me good? No one is good but God alone. You know the commandments: ‘You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother.’” He said to him, “Teacher, I have kept all these since my youth.” Jesus, looking at him, loved him and said, “You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.” When he heard this, he was shocked and went away grieving, for he had many possessions.

Then Jesus looked around and said to his disciples, “How hard it will be for those who have wealth to enter the kingdom of God!” And the disciples were perplexed at these words. But Jesus said to them again, “Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.” They were greatly astounded and said to one another, “Then who can be saved?” Jesus looked at them and said, “For mortals it is impossible, but not for God; for God all things are possible.”

Peter began to say to him, “Look, we have left everything and followed you.” Jesus said, “Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields with persecutions—and in the age to come eternal life. But many who are first will be last, and the last will be first.”

*Gospeller: The Gospel of Christ*

*People: Praise to You, Lord Christ.*

## Sermon

Michael Lucas

[We pause for a few moments' reflection.]

## Affirmation of Faith

*Let us affirm our faith in Jesus Christ the Son of God.*

*All: We trust in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We trust in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit*

*he became incarnate from the Virgin Mary,  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We trust in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
Who with the Father and the Son is worshiped and glorified,  
who has spoken through the Prophets.  
We trust in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.*

*Amen.*

## **Prayers of the People**

Lord, we pray that we may seek you and so enter into life. We pray for all who seek you in simplicity and humility, for all who find you in their service of others. Bless all who are in religious communities, and all seeking to consecrate their lives to you. We pray for any who have lost their faith or their way. Lord, give us grace *and help in all our needs.*

We pray for all who are choked by their riches, for people possessed by their possessions, for all who are afraid to give and afraid to share, for all who have amassed wealth but are poor in spirit, for all who are suffering through the greed and avarice of others. Lord, give us grace *and help in all our needs.*

God, we thank you for all who have sacrificed for us, for all who have enriched our lives by their goodness, for all who have been gracious and generous to us. Teach us to be generous and willing to give. We pray for our friends and families. Lord, give us grace *and help in all our needs.*

We pray for all who are over-worked and the work-weary, for all who lack freedom and suffer through injustice, for all who are denied basic human needs. We pray for all who are ill or are in need of help. Lord, give us grace *and help in all our needs.*

We give thanks for all who have entered into glory, for all who have triumphed over darkness and evil. We pray for loved ones departed. Lord, give us grace *and help in all our needs.*

[here prayers are added from the bidding book and you are invited to add your own prayers silently or in the chat]

Celebrant: Holy and Strong One, we praise you for Jesus Christ our great High Priest, who has entered into the fullness of the kingdom in heaven and opened for us the gate of glory. May we approach the throne of grace with boldness, and in the time of need know your mercy and grace; through Christ our King, who lives and reigns with you and the Holy Spirit, one God, for ever. *Amen.*

## Confession and Absolution

*Let us confess our sins to God.*

All: ***God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.***

Celebrant: *All Compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.*

## The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

(Please greet others in the chat.)

## Announcements

### Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

#### 51. For a Birthday p 830

Watch over thy child, O Lord, as his/her/their days increase; bless and guide him/her/their wherever he/she/they may be. Strengthen him/her/them when he/she/they stand(s); comfort him/her/their when discouraged or sorrowful; raise him/her/their up if he/she/they fall; and in his/her/their heart may thy peace which passeth understanding abide all the days of him/her/their life/lives; through Jesus Christ our Lord. Amen.

#### 52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

#### 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. Amen.



# The Offertory

You can contribute at our website [www.stbenslososos.org](http://www.stbenslososos.org) at any time via this QR code.



## ♪ Hymn #321

### “My God the table”

Blue Hymnal

1 My God, thy ta - ble now is spread, thy cup with  
2 O let thy ta - ble hon - ored be, and fur - nished  
3 Drawn by thy quick - ening grace, O Lord, in coun - less  
4 Nor let thy spread - ing Gos - pel rest till through the

love doth o - ver - flow; be all thy chil - dren  
well with joy - ful guests; and may each soul sal -  
num - bers let them come and gath - er from their  
world thy truth has run, till with this Bread shall

thith - er led, and let them thy sweet mer - cies know.  
va - tion see, that here its sa - cred pledg - es tastes.  
Fa - ther's board the Bread that lives be - yond the tomb.  
all be blessed who see the light or feel the sun.

Words: Sts. 1-3, Philip Doddridge (1702-1751), alt.; st. 4, Isaac Watts (1674-1748), alt. Music: *Rockingham*, melody from *Second Supplement to Psalmody in Miniature*, ca. 1780; adapt. Edward Miller (1731-1807); harm. Samuel Webbe (1740-1816).

## ♪ Doxology:

[Hymn tune #400]

[sung] *Praise God from Whom all blessings flow  
Praise God all creatures here below, Alleluia, Alleluia  
Praise God the Source of all our gifts  
Praise Jesus Christ whose power uplifts  
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

## Holy Eucharist

EOW1

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Lift up your hearts.

People: *We lift them to the Lord.*

Celebrant: Let us give thanks to the Lord our God.

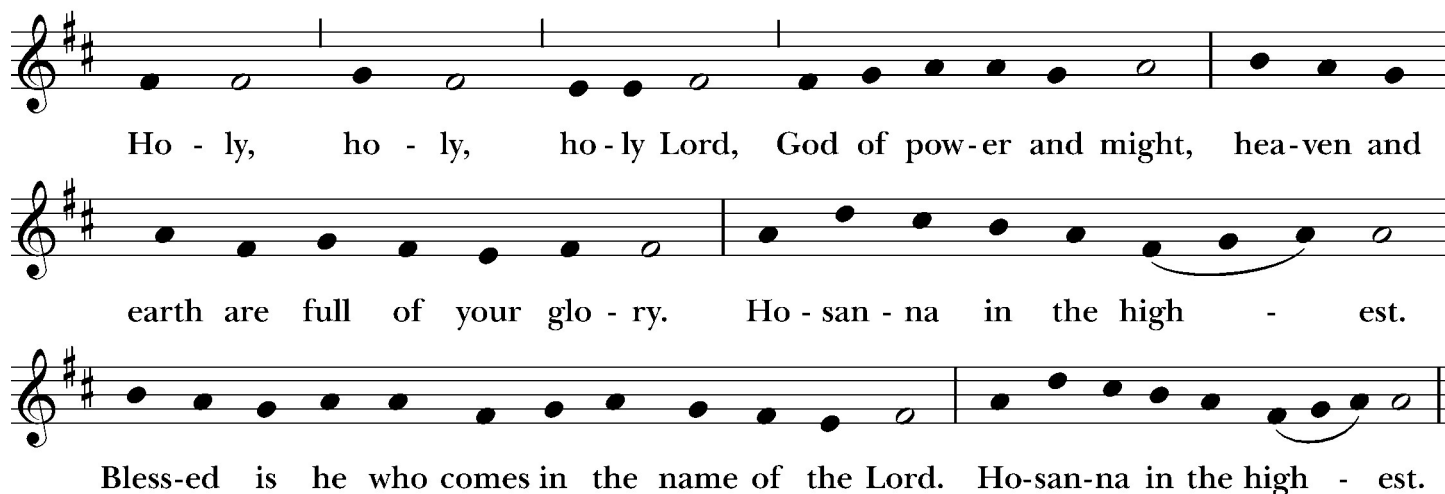
People: *It is right to give our thanks and praise.*

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

## ♪ Sanctus

S124



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

*The Celebrant continues*

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never

ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: “Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

All:        *Christ has died.*  
              *Christ is risen.*  
              *Christ will come again.*

Celebrant: Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your children, that with blessed Mary and blessed Benedict, and all your saints, past, present, and yet to come, we may praise your Name for ever.

All:            Through Christ and with Christ and in Christ,  
                  in the unity of the Holy Spirit,  
                  to you be honor, glory, and praise, for ever and ever. AMEN.

## **The Lord’s Prayer**

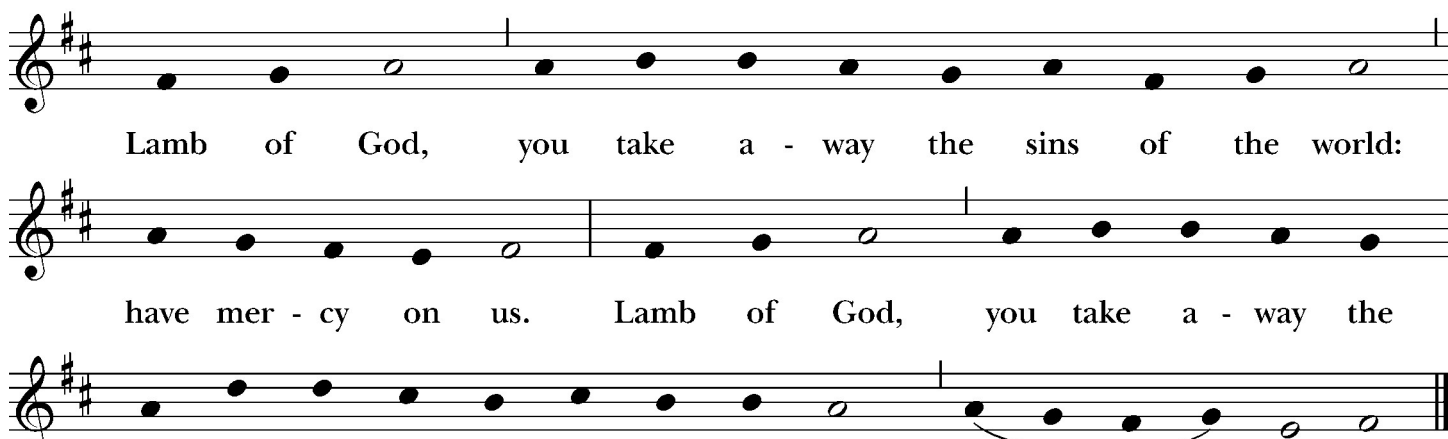
And now, as our Savior Christ has taught us, we are bold to say,

*Our Father in heaven,*  
*hallowed be your Name,*  
*your kingdom come,*  
*your will be done,*  
*on earth as in heaven.*  
*Give us today our daily bread.*  
*Forgive us our sins*  
*as we forgive those*  
*who sin against us.*  
*Save us from the time of trial,*  
*and deliver us from evil.*  
*For the kingdom, the power,*  
*and the glory are yours,*  
*now and for ever. Amen.*

## **The Breaking of the Bread**

The celebrant breaks the Bread

# ♪ Fraction Anthem



Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

# Holy Communion

Celebrant: The Gifts of God for the People of God.

*If God is calling you, you are welcome and invited to receive communion.*

*Please let our online host know or contact the church office to arrange to receive communion in your home.*

# ♪ Communion Music

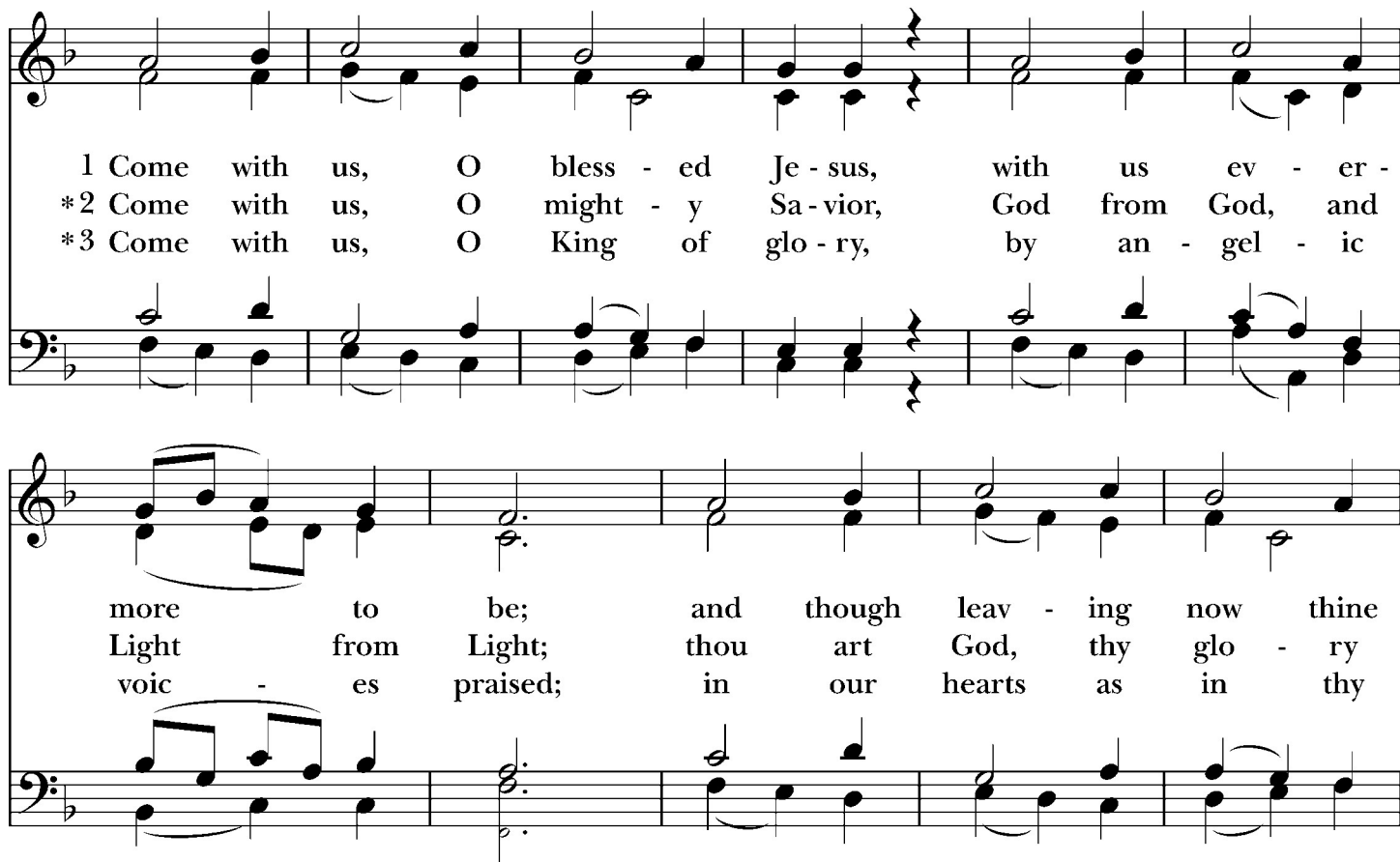
*Original Improvisation*

Paul Burkle

# ♪ Hymn #336

## “Come with Us”

Blue Hymnal



1 Come with us, O bless - ed Je - sus, with us ev - er -  
\* 2 Come with us, O might - y Sa - vior, God from God, and  
\* 3 Come with us, O King of glo - ry, by an - gel - ic  
more to be; and though leav - ing now thine  
Light from Light; thou art God, thy glo - ry  
voic - es praised; in our hearts as in thy

al - tar, let us nev - er - more leave thee.  
 veil - ing, so that we may bear the sight.  
 hea - ven, be en - rap - tured an - them raised.

Be thou one with us for ev - er, in our life thy  
 Now we go to seek and serve thee, through our work as  
 Let the might - y cho - rus ev - er sing its glad ex -

love di - vine our own flesh and blood has  
 through our prayer; grant us light to see and  
 ul - tant songs; let its hymn be heard for

tak - en, and to us thou giv - est thine.  
 know thee, in thy peo - ple ev - ery - where.  
 ev - er— peace for which cre - a - tion longs.

### Sending of the Eucharistic Visitor

If no visitation is to be made, prayer is not said.

*When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.*

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to \_\_\_\_\_. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: *We who are many are one Body, because we share one Bread and one Cup. Amen*

### Prayer

*God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen*

### Blessing

God's Blessing be with you,  
Christ's peace be with you,  
the Spirit's outpouring be with you,  
now and always. Amen.

### ♪ Hymn

### "Great is Thy Faithfulness"

Blue Hymnal

1. Great is thy faith - ful - ness, O God my Fa - ther,  
 2. Sum - mer and win - ter, and spring - time and har - vest,  
 3. Par - don for sin and a peace that en - dur - eth,

1. There is no shad - ow of turn - ing with thee;  
 2. Sun, moon and stars in their cours - es a - bove,  
 3. Thine own dear pres - ence to cheer and to guide;

1. Thou chang - est not, thy com - pas - sions, they fail not,  
2. Join with all na - ture in man - i - fold wit - ness,  
3. Strength for to - day and bright hope for to - mor - row,

1. As thou hast been thou for - ev - er wilt be.  
2. To thy great faith - ful - ness, mer - cy and love.  
3. Bless - ings all mine, with ten thou - sand be - side!

Great is thy faith - ful - ness! Great is thy faith - ful - ness!

Morn - ing by morn - ing new mer - cies I see;

All I have need - ed thy hand hath pro - vid - ed,

Great is Thy faith - ful - ness, Lord un - to me!

The image shows a musical score for the hymn "Great is Thy Faithfulness". It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature has one flat (B-flat) and the time signature is common time (C). The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are written below the treble staff.

Words: Thomas O. Chisholm (1866-1960). Music: William M. Runyan (1870-1957). Copyright © 1923. Renewal 1951 Hope Publishing Co., Carol Stream, IL 60188. All Rights Reserved. Used by permission.

## Dismissal

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: *Thanks be to God.*

## ♪ Postlude

*Original Improvisation*

Paul Burkle

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## Ministers of the Service

Celebrant:	Rev. Jen Crompton
Preacher:	Michael Lucas
Eucharistic Minister:	Michael Lucas
Eucharistic Assistant:	Diana Hammerlund
Lector:	John Horsley
Music:	Paul Burkle
Flowers:	Elaine Beckham
Ushers:	Maureen Titus & Barbara Schippers
Intercessor:	Louisa Beeler
Altar Guild:	Diana Hammerlund
Online Host:	Connie Weldon
Tellers:	Alice Welchert & Bryson McKelvey
Technical:	Hannah Matthews



## This Week at St Ben's

Monday 3:30p	Oct 14 Liturgy Committee Meeting (Zoom)
Tuesday 9:45a 10:30a	Oct 15 Prayers of the Morning (Zoom) Spiritual Conversation (Zoom)
Wednesday 3:00p	Oct 16 Earthcare Meeting
Thursday 6:00p	Oct 17 Choir Practice
Saturday 9:00a	Sep 10 Men's Breakfast (Celia's Garden Café)

## Announcements

### From Rev. Linzi: LET'S HAVE COFFEE!

I won't be with you this Sunday as I'll be up the road in Atascadero with the folks of St. Luke's. Generally, I'll worship with you on the 1st, 3rd, and 4th Sundays of every month ... but please know I'm always available to meet up during the week! If you ever fancy getting together, to talk over something that's on your heart, to chat about your prayer life, explore a question of faith, or just to get to know each other, please don't hesitate to reach out: [linzi@stbenslososos.org](mailto:linzi@stbenslososos.org), I'd love it! We can meet for coffee, or I could come to you for a home visit, just let me know.

**NEW NAME TAGS:** If you've not yet responded to our little survey to capture your name and pronouns for our new name tags, please use the link in the Benediction Weekly. At St. Ben's "our welcome knows no boundaries" and that includes our welcome for folks of any gender. Our society's conventions and assumptions around gender identity has harmed, and still continues to harm, those who don't conform to its gender "norms" – we want St. Benedict's to be a welcoming place for all, which is why we encourage you to include your pronouns on your nametag. If you'd like to chat with Rev. Linzi about this, or have any questions you'd like to discuss, please do reach out - that's why she's here! This is important, friends, it's about our welcome, and it's also a justice issue.

**GRATITUDE DINNER:** St. Ben's will be holding our annual Gratitude Dinner on Friday, October 25th @ 6pm. Please RSVP by October 20th by sending an email to the office. [office@stbenslososos.org](mailto:office@stbenslososos.org)

**PERSONAL PRAYER:** If you'd like prayer support during the week, contact Helen Schnieders (818-324-2646). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org) and requests for pastoral care may be sent to [pastoralcare@stbenslososos.org](mailto:pastoralcare@stbenslososos.org).

**Tuesday Morning Prayers & Spiritual Conversation:** The Tuesday morning Spiritual Conversation group will be discussing ideas from the book The Great Emergence: How Christianity Is Changing and Why by Phyllis Tickle. We will include video lectures by the author as part of our exploration. You do not have to read the book to participate. Tuesdays at 10:30 on Zoom.

**CLOISTER GROUPS** are a great way for you to connect with other members of St. Benedict's. Cloister leaders stay in touch with the members of their Cloister, offering regular contact and encouragement. Some Cloister groups stay in touch electronically; some have in-person gatherings. No agenda-- just connection. Questions? Want to join a group? Email Pamela at [pr.bleisch@gmail.com](mailto:pr.bleisch@gmail.com)

## **VESTRY / PARISH COUNCIL**

The Reverend Linzi Stahlecker  
Maureen Titus, Presiding Warden  
Berkeley Johnson, People's Warden  
Lisa Gonzalez, Treasurer  
Cathy Gildea, Clerk  
Pamela Bleisch  
Sarah Chesebro  
Esta Kandarian  
Michael Lucas  
Brian Spolarich  
Sandy Fisher

The Council usually meets on the 3rd Sunday of the month at 12:30pm. Anyone is welcome to attend.

## Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

## Our Mission Statement

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.*

## Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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