



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Fifteenth Sunday after Pentecost

September 1, 2024 10:30 am

You are warmly welcome at St. Benedict's for who you are
and where you are on your faith journey!

~ Prelude ~

Original Improvisation

Paul Burkle

Officiant: Blessed be the One who creates all things.

People: ***The Holy One's love is new every morning.***

All: ***All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.***

♪ Hymn #412

"Earth and All Stars" (v. 1, 2, 6)

Blue Hymnal



1	Earth and all stars,	loud rush - ing	plan - ets,	sing to the
2	Hail, wind, and rain,	loud blow - ing	snow - storms,	sing to the
3	Trum - pet and pipes,	loud clash - ing	cym - bals,	sing to the
4	En - gines and steel,	loud pound - ing	ham - mers,	sing to the
5	Class - rooms and labs,	loud boil - ing	test - tubes,	sing to the
6	Know - ledge and truth,	loud sound - ing	wis - dom,	sing to the



1	Lord _____	a new song!	O vic - to - ry,
2	Lord _____	a new song!	Flow - ers and trees,
3	Lord _____	a new song!	Harp, lute, and lyre,
4	Lord _____	a new song!	Lime - stone and beams,
5	Lord _____	a new song!	Ath - lete and band,
6	Lord _____	a new song!	Daugh - ter and son,



1 loud shout - ing ar - my, sing to the Lord _____ a new song!
 2 loud rus - tling dry leaves, sing to the Lord _____ a new song!
 3 loud hum - ming cel - los, sing to the Lord _____ a new song!
 4 loud build - ing work - ers, sing to the Lord _____ a new song!
 5 loud cheer - ing peo - ple, sing to the Lord _____ a new song!
 6 loud pray - ing mem - bers, sing to the Lord _____ a new song!



Refrain
 He hath done mar - vel - ous things.



I, too, will praise him with a new song!

Words: Herbert F. Brokering (b. 1926). Augsburg Fortress. Used by permission. Music: *Earth and All Stars*, David N. Johnson (1922-1987). Augsburg Fortress. Used by permission.

Collect of the Day

Officiant: Christ be with you.

People: *And also with you.*

Officiant: Let us pray together.

All: *Lord of all love and glory, the author and giver of all good things: Graft in our hearts the love of your Creation; increase in all true unity; nourish the world with all goodness; and bring forth the fruit of good works; through Jesus Christ the Wisdom of Creation, who lives and reigns with you and the Holy Spirit, now and for ever. Amen.*

(please be seated for the readings)

Song of Solomon 2:8-13

Reader: *A Reading from the Song of Solomon*

The voice of my beloved!
 Look, he comes,
 leaping upon the mountains,
 bounding over the hills.

My beloved is like a gazelle
 or a young stag.
 Look, there he stands
 behind our wall,
 gazing in at the windows,
 looking through the lattice.

My beloved speaks and says to me:
 "Arise, my love, my fair one,
 and come away;

for now the winter is past,
the rain is over and gone.

The flowers appear on the earth;
the time of singing has come,
and the voice of the turtledove
is heard in our land.

The fig tree puts forth its figs,
and the vines are in blossom;
they give forth fragrance.
Arise, my love, my fair one,
and come away.”

Reader: *Hear what the Spirit is saying to God's people.*

People: *Thanks be to God*

Psalm 45:1-2, 7-10

My heart overflows with a goodly theme;
I address my verses to the king;
my tongue is like the pen of a ready scribe.

You are the most handsome of men;
grace is poured upon your lips;
therefore God has blessed you forever.

Therefore God, your God, has anointed you
with the oil of gladness beyond your companions;
your robes are all fragrant with myrrh and aloes and cassia.
From ivory palaces stringed instruments make you glad;
daughters of kings are among your ladies of honor;
at your right hand stands the queen in gold of Ophir.

Hear, O daughter, consider and incline your ear;
forget your people and your father's house.

Morals of the Book of Job

Reader: *A Reading from "Morals of the Book of Job" by St. Gregory the Great*

Who may see to the bottom of the marvelous works of Almighty God, how God made all things of nothing, how the very framework of the world is arranged with a marvelous mightiness of power, and the heaven hung above the atmosphere, and the earth balanced above the abyss, how this whole universe consists of things visible and invisible, how God created humanity, so to say, gathering together in a small compass another world, yet a world of reason; how constituting this world of soul and flesh, God mixed the breath and the clay by an unsearchable disposal of God's Might? A part, then, of these things we know, and a part we even are. Yet we omit to admire them, because those things which are full of marvels for an investigation deeper than we can reach, have become cheap from custom in the eyes of people.

Hence it comes to pass that, if a dead man is raised to life, all people spring up in astonishment. Yet every day one that had no being is born, and no one wonders, though it is plain to all, without doubt, that it is a greater thing for that to be created, which was without being, than for that which had being, to be restored. Because

the dry rod of Aaron budded, all were in astonishment; every day a tree is produced from the dry earth, and the virtue residing in dust is turned into wood, and no one wonders. Because five thousand men were filled with five loaves, all were in astonishment that the food should have multiplied in their teeth; every day the grains of seed that are sown are multiplied in a fullness of ears, and no one wonders. All wondered to see water once turned into wine. Every day the earth's moisture being drawn into the root of the vine, is turned by the grape into wine, and no one wonders. Full of wonder then are all the things which we never think to wonder at, because they are by habit become dull to the consideration of them.

Reader: *Hear what the Spirit is saying to God's people.*

People: *Thanks be to God*

♪ Hymn 405 "All Things Bright and Beautiful" Blue Hymnal

Refrain

All things bright and beau - ti - ful, All crea-tures great and small,
 All things wise and won - der - ful, The Lord God made them all.

Verses

1. Each lit - tle flow'r that o - pens, Each
 2. The pur - ple - head - ed moun - tain, The
 3. The cold wind in the win - ter, The
 4. God gave us eyes to see them, And

1. lit - tle bird that sings, God made their glow - ing
 2. riv - er run - ning by, The sun - set, and the
 3. pleas - ant sum - mer sun, The ripe fruits in the
 4. lips that we might tell How great is God Al -

to Refrain

1. col - ors, God made their ti - ny wings.
 2. morn - ing That bright - ens up the sky.
 3. gar - den, God made them ev - ery one.
 4. might - y, Who has made all things well.

Text: 76 76 with refrain; Cecil Francis H. Alexander, 1818–1895, alt.
 Music: Trad. English melody; adapt. by Martin Shaw, 1875–1958.

Mark 7: 1-8, 14-15

Officiant: The Holy Gospel of Our Savior Jesus Christ According to Mark

People: Glory to You, Lord Christ.

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they wash their hands, thus observing the tradition of the elders, and they do not eat anything from the market unless they wash, and there are also many other traditions that they observe: the washing of cups and pots and bronze kettles and beds.) So the Pharisees and the scribes asked him, “Why do your disciples not walk according to the tradition of the elders but eat with defiled hands?” He said to them, “Isaiah prophesied rightly about you hypocrites, as it is written,

‘This people honors me with their lips,
but their hearts are far from me;
in vain do they worship me,
teaching human precepts as doctrines.’

“You abandon the commandment of God and hold to human tradition.”

Then he called the crowd again and said to them, “Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.”

Officiant: The Gospel of Christ

People: Praise to You, Lord Christ.

Sermon

The Rev. Mike Eggleston

[We pause for a few moments' reflection before affirming our faith.]

Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

*All: We trust in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.*

*We trust in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and became truly human.*

*For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We trust in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
Who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We trust in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.*

Prayers of the People

Eternal God: we thank you for the beauty of the World: for the teeming life of the seas, the flight of birds, and the diversity of animal life. Grant us grace to treat Creation with respect and care; to protect endangered species, to preserve the variety of habitats, and to honor the delicate balance of nature. God of life: **hear our prayer.**

We thank you for the wealth of blessings from land and sea; for the power of wind, and the warmth of sun. We pray for the nations of the earth, give us the will to cherish this planet and to use its resources sustainably for the welfare of all. God of justice: **hear our prayer.**

We pray for the faithful witness of the Church, called to reconcile and heal: For this parish and Bishop Lucinda, Canon Martha, Reverend Linzi, Reverend Jen, and Reverend Mike. God of grace: **hear our prayer.**

We pray for the human family. We exult in our diversity and giftedness, we repent of our sins, divisions and violence. By the power of your Spirit, restore your image within us. As every human being is known and loved by you, may we care for one another with love and respect. We pray for those you have commended to our care:

[here prayers are added from the bidding book and
you are invited to add your own prayers silently or in the chat]

God of compassion: **hear our prayer.**

We pray for those who have died, whom we entrust to your eternal love; may we support and comfort those who mourn. God of peace: **hear our prayer.**

Officiant: *Bountiful God, you call us to labor with you in tending the earth: Where we lack love, open our hearts to the world; where we waste, give us discipline to conserve; where we neglect, awaken our minds and wills to insight and care. May we with all your creatures honor and serve you in all things for you live and reign with Christ, Redeemer of all, and with your Holy Spirit, one God, now and for ever. Amen.*

Season of Creation A Celebration Guide for Episcopal Parishes

Confession and Absolution

Let us confess our sins against God and our neighbor.

All: *Holy and merciful God,
we confess that we have failed to honor you
by rightly claiming our kinship with all your creatures.
We have walked heavily on your earth,
overused and wasted its resources,
taken for granted its beauty and abundance,
and treated its inhabitants unjustly,
holding future generations hostage to our greed.
Have mercy on us and forgive us our sin.
Renew in us the resolve to keep and conserve your earth as
you desire and intend,
with grateful and compassionate hearts,
through your Son, our Savior Jesus Christ. Amen.*

Officiant: May the All-Compassionate God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

The Peace

Officiant: The God of heaven has made a home on earth.

People: ***Christ dwells among us and is one with us.***

Officiant: The peace of Christ be always with you.

People: ***And also with you.***

Please greet others in the chat.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

Transition Prayer

O Lord,

You are the light that illumines our path.

You are the map that gives us direction.

You are the peace that makes us strong.

You are the guide whom we faithfully follow.

May your light illuminate our entire lives.

And your guidance bring direction to our work.

May we find inspiration in your Word,

And peace in our hearts as we follow you. Amen.

The Offertory

You can contribute at our website www.stbenslososos.org at any time.

♩ Hymn #292

“O Jesus, Crowned with All Renown”

Blue Hymnal



1 O Je - sus, crowned with all re - nown, since thou the earth hast
2 Lord, in their change, let frost and heat, and winds and dews be
3 that we may feed the poor a - right, and, gath - ering round thy



trod, thou reign - est and by thee come down hence -
given; all fos - tering power, all in - fluence sweet, breathe
throne, here, in the ho - ly an - gels' sight, re -



forth the gifts of God. Thine is the health and
from the bount - eous heaven. At - tem - per fair with
pay thee of thine own: That we may praise thee



thine the wealth that in our halls a - bound, and
gen - tle air the sun - shine and the rain, that
all our days, and with the Fa - ther's Name, and



thine the beau - ty and the joy with which the years are crowned.
kind - ly earth with time - ly birth may yield her fruits a - gain:
with the Ho - ly Spi - rit's gifts, the Sa - vior's love pro - claim.

Words: Edward White Benson (1829-1896), alt. Music: *Kingsfold*, English melody; adapt. and harm. Ralph Vaughan Williams (1872-1958).

♪ Doxology:

[Hymn tune #400]

[sung]

*Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

The General Thanksgiving

*All: Holy One, author of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.*

(silence)

The Lord's Prayer

As the Wisdom before Creation teaches us, we pray,

*Holy One, our only Home,
hallowed be your name.
May your day dawn,
your will be done,
here as in heaven.
Feed us today,
and forgive us as we forgive each other.
Do not forsake us at the test,
but deliver us from evil.
For the glory, the power,
and the mercy are yours,
now and for ever. Amen.*

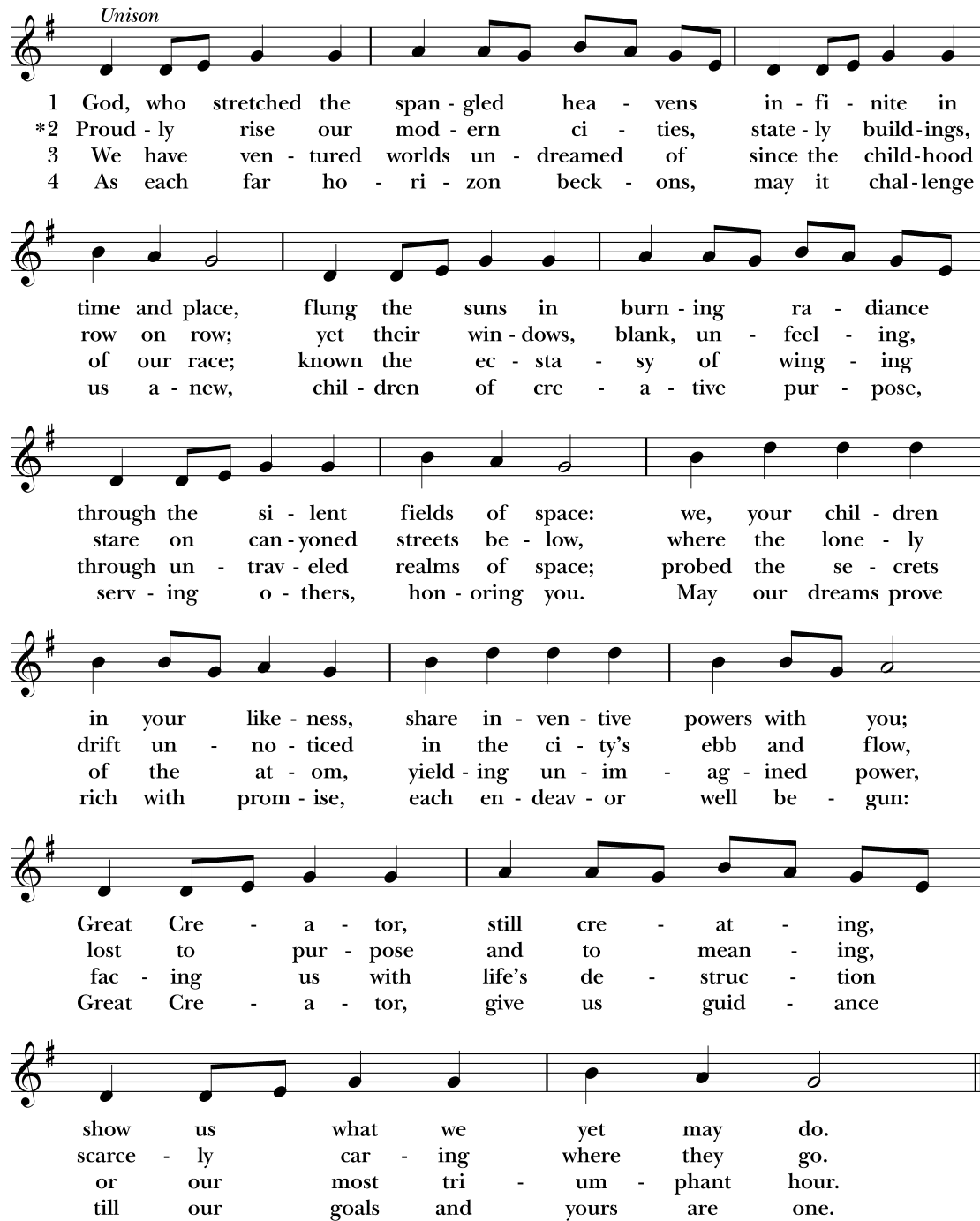
Blessing

Officiant: May God who established the dance of creation,
Who marveled at the lilies of the field,
Who transforms chaos to order,
Lead us to transform our lives and the Church
To listen to the voice of all creatures
That reflect God's glory in creation. *Amen.*

Announcements

♪ Hymn #580 "God, Who Stretched the Spangled Heavens" Blue Hymnal

Unison



1 God, who stretched the span-gled hea - vens in - fi - nite in
*2 Proud - ly rise our mod - ern ci - ties, state - ly build - ings,
3 We have ven - tured worlds un - dreamed of since the child - hood
4 As each far ho - ri - zon beck - ons, may it chal - lenge

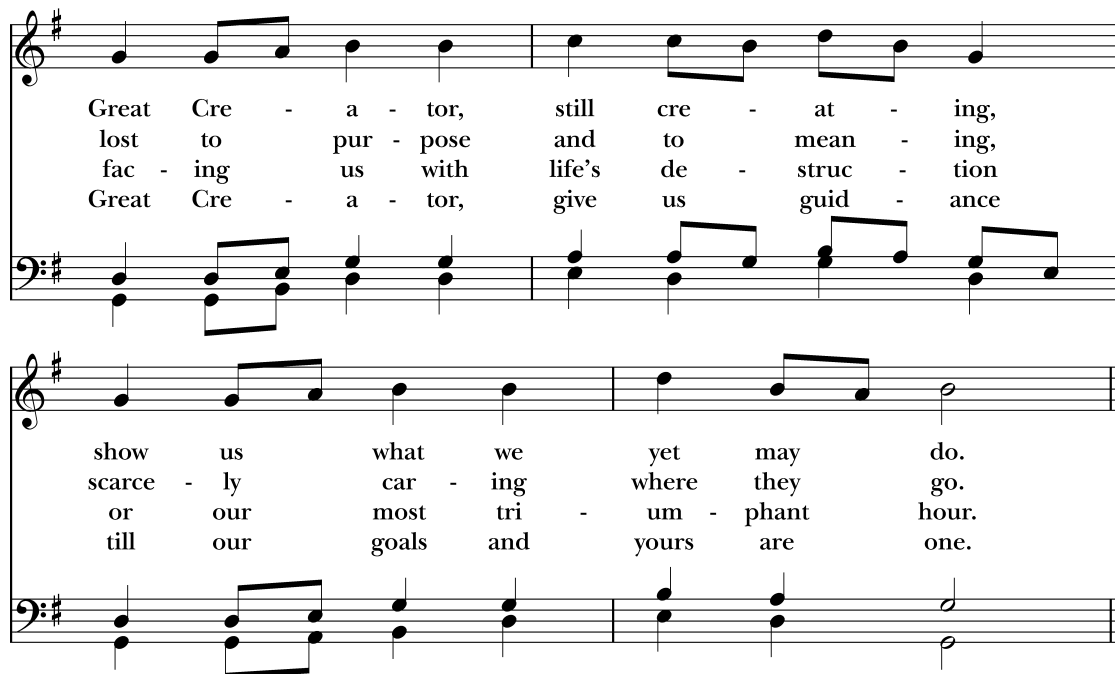
time and place, flung the suns in burn - ing ra - diance
row on row; yet their win - dows, blank, un - feel - ing,
of our race; known the ec - sta - sy of wing - ing
us a - new, chil - dren of cre - a - tive pur - pose,

through the si - lent fields of space: we, your chil - dren
stare on can - yoned streets be - low, where the lone - ly
through un - trav - eled realms of space; probed the se - crets
serv - ing o - thers, hon - oring you. May our dreams prove

in your like - ness, share in - ven - tive powers with you;
drift un - no - ticed in the ci - ty's ebb and flow,
of the at - om, yield - ing un - im - ag - ined power,
rich with prom - ise, each en - deav - or well be - gun:

Great Cre - a - tor, still cre - at - ing,
lost to pur - pose and to mean - ing,
fac - ing us with life's de - struc - tion
Great Cre - a - tor, give us guid - ance

show us what we yet may do.
scarce - ly car - ing where they go.
or our most tri - um - phant hour.
till our goals and yours are one.



Great Cre - a - tor, still cre - at - ing,
lost to pur - pose and to mean - ing,
fac - ing us with life's de - struc - tion
Great Cre - a - tor, give us guid - ance

show us what we yet may do.
scarce - ly car - ing where they go.
or our most tri - um - phant hour.
till our goals and yours are one.

Words: Catherine Cameron (b. 1927), alt. Copyright © 1967 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Holy Manna*, from *The Southern Harmony*, 1835.

Dismissal

Officiant: Let us go forth into all Creation,
rejoicing in the power of the Spirit.

All: *Thanks be to God.*

♪ Postlude

Original Improvisation
Paul Burkle

Today's Liturgy
is from the Season of Creation A Celebration Guide for Episcopal Parishes.
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Ministers of the Service

Officiant:	Rev. Mike Eggleston
Preacher:	Rev. Mike Eggleston
Liturgical Assistant:	Bryson McKelvey
Lector:	John Horsley
Flowers:	Sharon Porter
Ushers:	Barbara Schippers & Maureen Titus
Intercessor:	Louisa Beeler
Music:	Paul Burkle
Altar Guild:	Diana Hammerlund
Online Host:	Don Maruska
Tellers:	Alice Welchert & Judith Cadigan
Technical:	Hannah-Jaye Matthews
Coffee Hour Host:	Potluck

This Week at St Ben's

Monday 3:30p	Sep 2 Liturgy Committee Meeting (Zoom)
Tuesday 9:45a 10:30a	Sep 3 Prayers of the Morning (Zoom) Spiritual Conversation (Zoom)
Wednesday 4:00p	Sep 4 Community Dinner
Sunday 10:30a	Sep 8 Eucharist Service

Announcements

Personal Prayer: If you'd like prayer support during the week, contact Louisa Beeler (805) 543-2898. If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

Tuesday Morning Prayers & Spiritual Conversation: The Tuesday morning Spiritual conversation will resume on September 3rd to discuss the selection of our next topic. Tuesdays at 10:30 on [Zoom](#).

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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