



# St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

Pentecost

May 19 10:30 am

You are warmly welcome at St. Benedict's for who you are  
and where you are on your faith journey!

## ~ Prelude ~

Original Improvisation

Paul Burkle

Celebrant: Blessed be the one, holy, and living God.

People: *Glory to God for ever and ever.*

Celebrant: Let us pray.

All: *All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

## ♪ Hymn #506

### "Praise the Spirit" v. 1, 4-5

Blue Hymnal



1 Praise the Spi - rit in cre - a - tion, breath of God, life's  
2 Praise the Spi - rit, close com - pan - ion of our in - most  
3 Praise the Spi - rit, who en - light - ened priests and pro - phets  
4 Tell of how the a - scend - ed Je - sus armed a peo - ple  
5 Pray we then, O Lord the Spi - rit, on our lives de -  
6 Praise, O praise the Ho - ly Spi - rit, praise the Fa - ther,



1 or - i - gin: Spi - rit, mov - ing on the wa - ters,  
2 thoughts and ways; who, in show - ing us God's won - ders,  
3 with the word; his the truth be - hind the wis - doms  
4 for his own; how a hun - dred men and wo - men  
5 scend in might; let your flame break out with - in us,  
6 praise the Word, Source, and Truth, and In - spi - ra - tion,



1 quick - ening worlds to life with - in, source of breath to  
2 is him - self the power to gaze; and God's will, to  
3 which as yet know not our Lord; by whose love and  
4 turned the known world up - side down, to its dark and  
5 fire our hearts and clear our sight, till, white - hot in  
6 Trin - i - ty in deep ac - cord: through your voice which



1 all things breath - ing, life in whom all lives be - gin.  
2 those who lis - ten by a still small voice con - veys.  
3 power, in Je - sus God him - self was seen and heard.  
4 fur - thest cor - ners by the wind of hea - ven blown.  
5 your pos - ses - sion, we, too, set the world a - light.  
6 speaks with - in us we, your crea - tures, call you Lord.

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## Collect of the Day

Celebrant: God be with you.

**People:** *And also with you.*

Celebrant: Let us pray together.

All: *Spirit of truth: guide us into all the truth; consume the lies that shroud the world in hate; pray in us with sighs too deep for words; and the victim's voice ring out with hope for a new world; through Jesus Christ, who goes to the right hand of God. Amen.*

(please be seated for the readings)

## Acts 2:1-21

*Reader: A Reading from the Acts of the Apostles*

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs-- in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

‘In the last days it will be, God declares,  
that I will pour out my Spirit upon all flesh,  
and your sons and your daughters shall prophesy,  
and your young men shall see visions,  
and your old men shall dream dreams.  
Even upon my slaves, both men and women,

in those days I will pour out my Spirit;  
and they shall prophesy.

And I will show portents in the heaven above  
and signs on the earth below,  
blood, and fire, and smoky mist.

The sun shall be turned to darkness  
and the moon to blood,  
before the coming of the Lord's great and glorious day.

Then everyone who calls on the name of the Lord shall be saved.' "

*Reader: Hear what the Spirit is saying to God's people.*

*People: Thanks be to God*

### **Psalm 104:25-35, 37**

O LORD, how manifold are your works! \*  
in wisdom you have made them all;  
the earth is full of your creatures.

Yonder is the great and wide sea  
with its living things too many to number, \*  
creatures both small and great.

There move the ships,  
and there is that Leviathan, \*  
which you have made for the sport of it.

All of them look to you \*  
to give them their food in due season.

You give it to them; they gather it; \*  
you open your hand, and they are filled with good things.

You hide your face, and they are terrified; \*  
you take away their breath,  
and they die and return to their dust.

You send forth your Spirit, and they are created; \*  
and so you renew the face of the earth.

May the glory of the LORD endure for ever; \*  
may the LORD rejoice in all his works.

He looks at the earth and it trembles; \*  
he touches the mountains and they smoke.

I will sing to the LORD as long as I live; \*  
I will praise my God while I have my being.

May these words of mine please him; \*  
I will rejoice in the LORD.

Bless the LORD, O my soul. \*  
Hallelujah!

## Romans 8:22-27

Reader: *A Reading from Paul's letter to the church in Rome*

We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

Reader: *Hear what the Spirit is saying to God's people*

People: *Thanks be to God*

### ♪ Hymn #513

### "Like the Murmur"

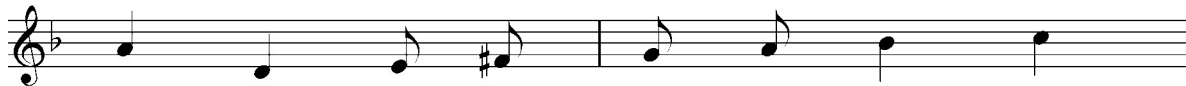
### Blue Hymnal



1 Like the mur - mur of the dove's song, like the  
2 To the mem - bers of Christ's Bo - dy, to the  
3 With the heal - ing of di - vi - sion, with the



chal - lenge of her flight, like the vig - or of the  
branch - es of the Vine, to the Church in faith as -  
cease - less voice of prayer, with the power to love and



wind's rush, like the new flame's ea - ger  
sem - bled, to her midst as gift and  
wit - ness, with the peace be - yond com -



might:        come, — Ho - ly Spi - rit,    come.  
sign:        come, — Ho - ly Spi - rit,    come.  
pare:        come, — Ho - ly Spi - rit,    come.

*Phrase 1 of each stanza may be sung by one group, with a contrasted group singing phrase 2, and all joining for the final phrase.*

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## **John 15:26-27; 16:4b-15**

*Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John*

*People: Glory to You, Lord Christ.*

Jesus said to his disciples, "When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify because you have been with me from the beginning.

"I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, 'Where are you going?' But because I have said these things to you, sorrow has filled your hearts. Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgment: about sin, because they do not believe in me; about righteousness, because I am going to the Father and you will see me no longer; about judgment, because the ruler of this world has been condemned.

"I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.

*Gospeller: The Gospel of Christ*

*People: Praise to You, Lord Christ.*

## **Sermon**

Sr. Greta Ronningen

[We pause for a few moments' reflection before affirming our faith.]

## **Affirmation of Faith**

*Let us affirm our faith in Jesus Christ the Son of God.*

*All: We trust in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We trust in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.*

*For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We trust in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We trust in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.*

## **Prayers of the People**

Holy Spirit, giver of all good gifts, come into our darkness as light, come as the wind to refresh us and uplift us. Come as joy to disperse our sorrows, come as power to enable us and encourage us. Come as love and revive your church, that we may show and share your gifts, that we may reach out in love through your grace. God is here. **God's Spirit is with us.**

Come, Holy Spirit, fill our leaders with talent and discernment; inspire our artists and musicians, writers and craftspeople. Come, Spirit of God, give peace and unity to the nations; come, renew the face of the earth. God is here. **God's Spirit is with us.**

Come, Holy Spirit, fill our homes, set our hearts on fire with the warmth of your love; come stir our minds and inspire us to do new things. Guide us in our relationships with each other, and draw us together in your fellowship of love and joy. God is here. **God's Spirit is with us.**

We come with all who are weary, all whose hope has dried up; we come with the despairing, the despondent, and all who are dis-spirited, with depressed and oppressed peoples. We pray for all who have become very weak, for all who are infirm and cannot cope on their own. O Spirit of God, stir up your power and come among us. God is here. **God's Spirit is with us.**

Spirit of God, you breathe life into dry bones, you give new life to your people; we pray for our loved ones departed. God is here. **God's Spirit is with us.**

We remember especially those for whom prayers are requested in our bidding book.

[here prayers are added from the bidding book and  
you are invited to add your own prayers silently or in the chat]

Spirit of God, you breathe life into dry bones, you give new life to your people; we pray for our loved ones departed. God is here. **God's Spirit is with us.**

Celebrant: Come, Holy Spirit, come upon us, come around us, come within us; come to lead us, come to guide us, that we may work in your power, and rest in your presence: through Jesus Christ our Lord, who lives and reigns with you and the Creator, one God for ever. **Amen.**

Adapted from *Traces of Glory* by David Adam 1999

## Confession and Absolution

*Let us confess our sins to God.*

**All:**     ***God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.***

**Celebrant:**   *All Compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.*

## The Peace

**Celebrant:**   God sends out God's Spirit and renews the face of the earth. The peace of Christ be always with you.

**People:**     *And also with you.*

Please greet others in the chat.

## Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

### 51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

### 52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

## Transition Prayer

*O Lord,  
You are the light that illumines our path.  
You are the map that gives us direction.  
You are the peace that makes us strong.  
You are the guide whom we faithfully follow.  
May your light illuminate our entire lives.  
And your guidance bring direction to our work.  
May we find inspiration in your Word,  
And peace in our hearts as we follow you. Amen.*

## The Offertory

You can contribute at our website [www.stbenslososos.org](http://www.stbenslososos.org) at any time.

### ♩ Hymn #120

### “There’s a Sweet, Sweet Spirit”

LEVAS

The first system of the piano accompaniment consists of two staves. The right hand plays a melody of eighth and quarter notes, while the left hand provides a harmonic accompaniment with chords and moving lines. The key signature is one sharp (F#) and the time signature is 4/4.

1. There's a sweet, sweet Spir - it in this place, \_\_\_\_\_ And I  
(2. There are) bless - ings you can - not re - ceive \_\_\_\_\_ Till you  
(3. If you) say He saved you from your sin, \_\_\_\_\_ Now you're

The second system of the piano accompaniment continues the melody and accompaniment from the first system, with the vocal line above it. It includes a repeat sign at the beginning.

1. know that it's the Spir - it of \_\_\_\_\_ the Lord. \_\_\_\_\_ There are  
2. know Him in His full - ness, and \_\_\_\_\_ be - lieve. \_\_\_\_\_ You're the  
3. weak, you're bound, and can - not en - ter in, \_\_\_\_\_ you can

The third system of the piano accompaniment concludes the piece with a final cadence. The vocal line above it provides the lyrics for the final lines of the hymn.



1. sweet ex - pres - sions on each face, \_\_\_\_\_ And I  
 2. one to pro - fit when you say, \_\_\_\_\_ "I am  
 3. make it right if you will yield; \_\_\_\_\_ You'll en -

1. know they feel the pres - ence of \_\_\_\_\_ the Lord. \_\_\_\_\_  
 2. going to walk with Je - sus all \_\_\_\_\_ the way." \_\_\_\_\_  
 3. joy the Ho - ly Spir - it that \_\_\_\_\_ we feel. \_\_\_\_\_

Sweet Ho - ly Spir - it, Sweet Heav - en - ly Dove,

Stay right here with us, — fill - ing us with your love.

And for these bless - ings — we lift our hearts in

praise; With - out a doubt we'll know — that we have

1.-2. been re - vived when we shall leave this place. 2. There are  
3. If you place.

## ♪ Doxology:

[Hymn tune #400]

[sung] *Praise God from Whom all blessings flow  
Praise God all creatures here below, Alleluia, Alleluia  
Praise God the Source of all our gifts  
Praise Jesus Christ whose power uplifts  
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

## Holy Eucharist

EOW1

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

People *It is right to give our thanks and praise.*

Celebrant It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

Through Jesus Christ our Lord. In fulfillment of his true promise, the Holy Spirit came down on this day from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you and to preach the Gospel to all nations. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

## ♪ Sanctus

S125



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,



heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na in the high - est.



Blessed is he who comes in the name of the Lord. Ho -



san - na in the high - est. Ho - san - na in the high - est.

*The Celebrant continues*

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**All:     *Christ has died.  
          Christ is risen.  
          Christ will come again.***

Celebrant: Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your children, that with blessed Mary and blessed Benedict, and all your saints, past, present, and yet to come, we may praise your Name for ever.

**All:     *Through Christ and with Christ and in Christ,  
          in the unity of the Holy Spirit,  
          to you be honor, glory, and praise, for ever and ever. AMEN.***



# The Breaking of the Bread


The celebrant breaks the Bread

## ♪ Fraction Anthem

S 170

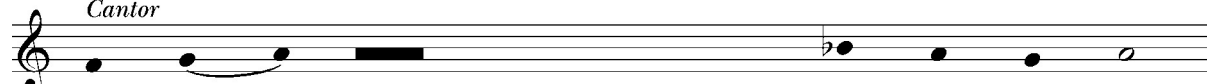
*Antiphon*

*Cantor; then All*




Who - ev - er eats this bread will live for ev - er.

*Cantor*



1. This is the true bread which comes down from hea - ven

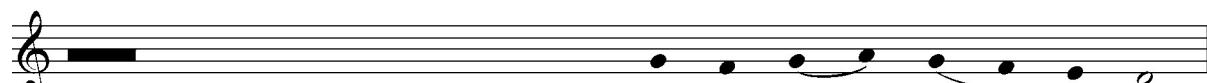
*Cantor*



and gives life to the world. [Ant.] 2. Who - ev - er



believes in me shall not hun - ger or thirst, for the bread



which I give for the life of the world is my flesh. [Ant.]

Music: Mode 1 melody; adapt. Mason Martens (1933-1991). Copyright © 1983 Mason Martens.

## Holy Communion

Celebrant: The Gifts of God for the People of God.

*If God is calling you, you are welcome and invited to receive communion.  
Please contact the church office to arrange to receive communion in your home.*

## ♪ Communion Music

*Original Improvisation*

Paul Burkle

♩ Hymn #505

“O Spirit of Life” v. 1, 3-4

Blue Hymnal

1 O Spi - rit of Life, O Spi - rit of God, in  
 2 O Spi - rit of Life, O Spi - rit of God, in -  
 3 O Spi - rit of Life, O Spi - rit of God, make  
 4 O Spi - rit of Life, O Spi - rit of God, en -

ev - ery need thou bring - est aid; thou com - est  
 crease our faith in our dear Lord; un - less thy  
 us to love thy sa - cred word; the ho - ly  
 light - en us by that same word; teach us to

forth from God's great throne, from God, the Fa - ther and the  
 grace the power should give, none can be - lieve in Christ and  
 flame of love im - part, that char - i - ty may warm each  
 know the Fa - ther's love, and his dear Son, who reigns a -

Son; O Spi - rit of Life, O Spi - rit of God.  
 live; O Spi - rit of Life, O Spi - rit of God.  
 heart; O Spi - rit of Life, O Spi - rit of God.  
 bove; O Spi - rit of Life, O Spi - rit of God.

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## Prayer

*God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen*

## Blessing

Celebrant: God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. Amen.

## Announcements

### ♪ Hymn #516

### "Come Down O Love Divine"

### Blue Hymnal

1 Come down, O Love di - vine, seek thou this soul of mine,  
2 O let it free - ly burn, till earth - ly pas - sions turn  
3 And so the yearn - ing strong, with which the soul will long,

and vis - it it with thine own ar - dor glow - ing;  
to dust and ash - es in its heat con - sum - ing;  
shall far out - pass the power of hu - man tell - ing;

O Com - fort - er, draw near, with - in my heart ap - pear,  
and let thy glo - rious light shine ev - er on my sight,  
for none can guess its grace, till Love cre - ate a place

and kin - dle it, thy ho - ly flame be - stow - ing.  
and clothe me round, the while my path il - lum - ing.  
where - in the Ho - ly Spi - rit makes a dwell - ing.



## Dismissal

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: *Thanks be to God.*

## ♪ Postlude

*Original Improvisation*

Paul Burkle

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## Ministers of the Service

Celebrant:	Sister Greta Ronningen
Preacher:	Sister Greta Ronningen
Eucharistic Minister:	Alan Kiste
Eucharistic Assistant:	Brian Spolarich
Lector:	Roz Malone
Music:	Paul Burkle
Flowers:	Pamela Bleisch
Ushers:	Jim Malone & Brian Spolarich
Intercessor:	Louisa Beeler
Altar Guild:	Pat Stoneman
Online Host:	Jane Wu
Tellers:	Diana Hammerlund & Steve Cake
Technical:	Hannah-Jaye Matthews
Coffee Hour Host:	Diana Hammerlund

## This Week at St Ben's

Monday	May 20
3:30p	Liturgy Committee Meeting (Zoom)
Tuesday	May 21
9:45a	Prayers of the Morning (Zoom)
10:30a	Spiritual Conversation (Zoom)
Sunday	May 26
8:00a	Contemplative Service
10:30a	Eucharist Service

## Announcements

**Join us at Central Coast Pride events!** St Benedict's Discovery Team continues its work to reach out to the community around us. Upcoming plans include staffing booths at local Central Coast Pride events. Each year the central coast LGBTQ+ community comes together in joyful celebration, and we will be there representing St. Ben's, offering blessings, prayer, and some water or lemonade instead of our traditional coffee. All are welcome to join and share in our support for our local LGBTQ+ community. You could even help at the booth and then enjoy the rest of Pride Fest. Join us as we share the love!

Festive pride attire is recommended but not required.

- Pride in the Plaza Saturday June 1 from 11-5 pm
- Pride in the Park on Sunday June 2 from 1-6

Learn more at the website: [SLOpride.com/events](http://SLOpride.com/events).

**The Tuesday Spiritual Discussion group** - The Tuesday morning Spiritual conversation will be taking a look at Marilynne Robinson's Reading Genesis, which is "a powerful consideration of the profound meanings and promise of God's enduring covenant with humanity. This magisterial book radiates gratitude for the constancy and benevolence of God's abiding faith in Creation."

You do not have to read the book to participate. Tuesdays at 10:30 on Zoom.

**Personal Prayer:** If you'd like prayer support during the week, contact Louisa Beeler (805) 543-2898. If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org) and requests for pastoral care may be sent to [pastoralcare@stbenslososos.org](mailto:pastoralcare@stbenslososos.org).

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

## Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tihini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

## Our Mission Statement

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.*

## Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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