

2. Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

3. For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit
in the glory of God, the Father. Amen! Amen!

Music: *Mass of Creation*, Marty Haugen, © 1984, GIA Publications, Inc.

Collect of the Day

Celebrant: Christ be with you.

People: *And also with you.*

Celebrant: Let us pray.

All: **Most high, omnipotent, good Lord, grant your people grace to renounce gladly the vanities of this world; that, following the way of blessed Francis, we may, for love of you, delight in your whole creation with perfectness of joy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

Job 39:1–18

A reading from the book of Job

"Do you know when the mountain goats give birth?

Do you observe the calving of the deer?

Can you number the months that they fulfil,

and do you know the time when they give birth,

when they crouch to give birth to their offspring,

and are delivered of their young?

Their young ones become strong, they grow up in the open;

they go forth, and do not return to them.

"Who has let the wild ass go free?

Who has loosed the bonds of the swift ass,

to which I have given the steppe for its home,

the salt land for its dwelling-place?
It scorns the tumult of the city;
it does not hear the shouts of the driver.
It ranges the mountains as its pasture,
and it searches after every green thing.

"Is the wild ox willing to serve you?
Will it spend the night at your crib?
Can you tie it in the furrow with ropes,
or will it harrow the valleys after you?
Will you depend on it because its strength is great,
and will you hand over your labour to it?
Do you have faith in it that it will return,
and bring your grain to your threshing-floor?"

"The ostrich's wings flap wildly,
though its pinions lack plumage.
For it leaves its eggs to the earth,
and lets them be warmed on the ground,
forgetting that a foot may crush them,
and that a wild animal may trample them.
It deals cruelly with its young, as if they were not its own;
though its labor should be in vain, yet it has no fear;
because God has made it forget wisdom,
and given it no share in understanding.
When it spreads its plumes aloft,
It laughs at the horse and its rider."

Hear What the Spirit is saying to God's people.
Thanks be to God

♪ Psalm 121

G118

To you, O Lord, I have lift-ed up my eyes. To
you, O Lord, I have lift - ed up my soul.

1. I lift up my eyes to the mountains; from where shall come my help?
My help shall come from the Lord who made the heavens and the earth.
2. The Lord is your guard and your shade, for ever by your side.
By day the sun shall not smite you nor the moon in the night.
3. The Lord ever watches over you, the guardian of your soul.
The Lord will guard your coming and your going now and for ever.

Text: Psalm 121:1-2, 5-6, 7-8; Michel Guimont
 Music: Michel Guimont
 © 1992, GIA Publications, Inc.

To Live is to Love

—A Reading from *To Live Is to Love*, by Ernesto Cardenal

All animals who lift their voices at dawn sing to God. The volcanoes and the clouds and the trees cry to us about God. The whole creation cries to us penetratingly with a great joy about the existence and the beauty and the love of God. The music roars it into our ears, the landscape calls it into our eyes. In all of nature we find God's initials, and all God's creatures are God's love letters to us.

All of nature burns with love created through love to light love in us. Nature is like a shadow of God, a reflection of God's beauty. The still, blue lake is a reflection of God. In every atom lives an image of the trinity, a figure of the trinitarian God. And also my own body is created to love God. Each of my cells is a hymn about the Creator and an ongoing declaration of love.

Hear What the Spirit is saying to God's people.

Thanks be to God

♪ Alleluia #7



Music: Alleluia 7; Jacques Berthier, © 1984, Les Presses de Taizé, GIA Publications, Inc., agent

Luke 12:22-32

Gospeller: *The Holy Gospel of Our Savior Jesus Christ According to Luke*

People: ***Glory to You, Lord Christ.***

He said to his disciples, “Therefore I tell you, do not worry about your life, what you will eat, or about your body, what you will wear. For life is more than food, and the body more than clothing. Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds! And can any of you by worrying add a single hour to your span of life? If then you are not able to do so small a thing as that, why do you worry about the rest? Consider the lilies, how they grow: they neither toil nor spin; yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, how much more will he clothe you—you of little faith! And do not keep striving for what you are to eat and what you are to drink, and do not keep worrying. For it is the nations of the world that strive after all these things, and your Father knows that you need them. Instead, strive for his kingdom, and these things will be given to you as well. “Do not be afraid, little flock, for it is your Father’s good pleasure to give you the kingdom.

Gospeller: *The Gospel of Christ*

People: ***Praise to You, Lord Christ.***

Sermon

Sister Greta Ronningen

[We pause for a few moments’ reflection before affirming our faith.]

♪ Affirmation of Faith (please stand as you are able)

tune: Hymnal 376

I believe in God almighty, Author of all things that be,
Maker of the earth and heavens, Keeper of the sky and sea.
I believe in God’s Son, Jesus, now for us both Lord and Christ,
of the Spirit and of Mary born to bring abundant life.

I believe that Jesus suffered, scourged and scorned and crucified;
taken from the cross, was buried—true Life there had truly died.
I believe that on the third day Christ was raised up from the grave,
then ascended to God’s right hand. He will come to judge and save.

I believe in God’s own Spirit, bonding all the saints within
one church, catholic and holy, where forgiveness frees from sin;
in the body’s resurrection, for the breaking of death’s chain
gives the life that’s everlasting. This the faith that I have claimed.

Prayers of the People

Blessed God, whose love calls the whole creation into covenant with you, and who puts in our hands responsibility for the care of the earth and its creatures: we pray for all to whom you have given life and being, saying, “Merciful God, keep your planet and people in peace.”

For the well-being of the earth; for its resources of water, air, light, and soil, that they may be tended for the good of all creatures, we pray:

Merciful God, keep your planet and people in peace.

For the waters of the earth; for their careful use and conservation, that we may have the will and the ability to keep them clean and pure, we pray:

Merciful God, keep your planet and people in peace.

For the mineral and energy resources of the planet, that we may learn sustainable consumption and sound care of the environment from which they come, we pray:

Merciful God, keep your planet and people in peace.

For the animals of the earth, wild and domestic, large and very small, that they may know the harmony of relationship that sustains all life, we pray:

Merciful God, keep your planet and people in peace.

For all who shape public policies affecting the planet and its creatures especially our president, Joseph, and our governor, Gavin, that they may consider wisely the well-being of all who come after us, we pray:

Merciful God, keep your planet and people in peace.

For the creatures and the human beings of your world who are ill, or in danger, pain, or special need especially

[here prayers are read from the bidding book, please add your own, silently or aloud],

we pray: ***Merciful God, keep your planet and people in peace.***

For the creatures and the people of the earth whose lives and deaths have contributed to the fruitful abundance of this planet, we pray: ***Merciful God, keep your planet and people in peace.***

Gracious God: Grant that your people may have in them the same mind that was in Christ Jesus, and guide us into harmony of relationship through loving-kindness and the wise use of all that you have given; for you are drawing all things into communion with you and with each other by the power of the Holy Spirit. Amen.

Adapted from “Honoring God in Creation” SCLM Report to 78th General Convention of TEC

Confession and Absolution

All: *God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.*

Celebrant: May our All-Compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet others in the chat.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, please share in the chat.

50. For a Birthday p 830

O God, our times are in your hand: Look with favor, we pray on your servant(s) _____ as *he/she/they* begin(s) another year. Grant that *he/she/they* may grow in wisdom and grace, and strengthen *his/her/their* trust in your goodness all the days of *his/her/their life/lives*; through Jesus Christ our Lord. *Amen.*

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life; through Jesus Christ our Lord. *Amen.*

52. **For an Anniversary** p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. **For Travelers** p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

The Offertory

You may contribute at our website www.stbenslososos.org at any time.

♪ Offertory Music

“Amazing Grace”

John Newton (1725-1807)

Arranged by Scarlett Antaloczy

Joan Pedersen, Soloist

♪ Doxology: [Hymn tune #400]

[sung]

Praise God from Whom all blessings flow

Praise God all creatures here below, Alleluia, Alleluia

Praise God the Source of all our gifts

Praise Jesus Christ whose power uplifts

Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

The Holy Eucharist

EOW 3

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things.

You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind.

Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

♪ Sanctus

G166

Ho - ly, ho - ly, ho - ly Lord,
God of pow - er, God of might, heav - en and
earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is
he who comes in the name of the Lord.
Ho - san - na in the high - est, ho -
san - na in the high - est.

Music: *Mass of Creation*, Marty Haugen, © 1984, GIA Publications, Inc.

The celebrant continues

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said:

“Take, eat, this is my Body, broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:

“Drink this, all of you: this cup is the new Covenant in my Blood, poured
out for you and for all for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ’s coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All **Dying, you destroyed our death.**
 Rising, you restored our life.
 Christ Jesus, come in glory!

The celebrant continues

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit’s power, may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Benedict and all your people into the joy of our true eternal home.

All *Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship
you our God and Creator in voices of unending praise. Blessed are you now and for ever. AMEN.*

Lord’s Prayer

And now as our Savior Christ taught us, we are bold to say:

Our Father in heaven,
 hallowed be your Name,
 your kingdom come,
 your will be done,
 on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
 as we forgive those
 who sin against us.
Save us from the time of trial,
 and deliver us from evil.
For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

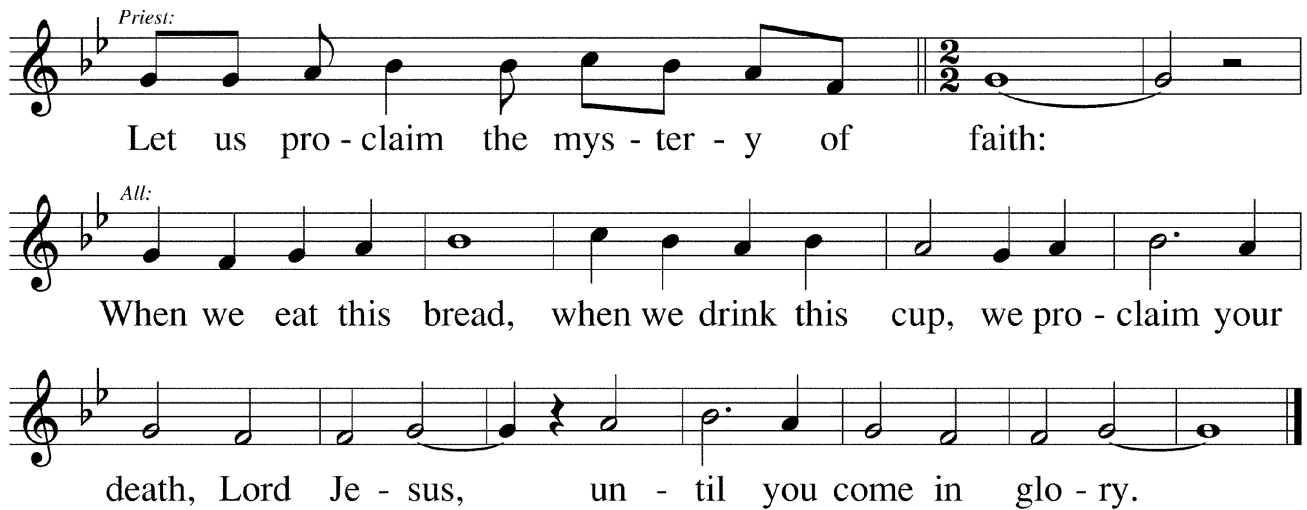
The Breaking of the Bread

The celebrant breaks the Bread

Silence

♪ Fraction Anthem

G167-C



The musical score consists of three staves of music in G minor (one flat). The first staff is marked *Priest:* and contains the lyrics "Let us pro - claim the mys - ter - y of faith:". The second and third staves are marked *All:* and contain the lyrics "When we eat this bread, when we drink this cup, we pro - claim your death, Lord Je - sus, un - til you come in glo - ry." The music is written in a simple, melodic style with a clear vocal line.

Music: *Mass of Creation*, Marty Haugen, © 1993, GIA Publications, Inc.

Holy Communion

Celebrant : The gifts of God for the people of God. This is God's table, and all are welcome here.

*If God is calling you, you are welcome and invited to receive communion.
Please contact the church office to arrange to receive communion in your home.*

♪ Communion Music

"By the Shore of the River Babylon"

Antonín Dvorák (1841-1904)

from *Biblical Songs* Op. 99:VII

© 1970 E.F. Kalmus, New York

Joan Pedersen, Soloist



1. Peace be - fore us, peace be - hind us, peace
 2. Love be - fore us, love be - hind us, love
 3. Light be - fore us, light be - hind us, light
 4. Christ be - fore us, Christ be - hind us, Christ
 5. Al - le - lu - ia, al - le - lu - ia, al - le -
 6. Peace be - fore us, peace be - hind us, peace



un - der our feet. Peace with - in us, peace
 un - der our feet. Love with - in us, love
 un - der our feet. Light with - in us, light
 un - der our feet. Christ with - in us, Christ
 lu - ia, Al - le - lu - ia, al - le -
 un - der our feet. Peace with - in us, peace



o - ver us, let all a - round us be peace.
 o - ver us, let all a - round us be love.
 o - ver us, let all a - round us be light.
 o - ver us, let all a - round us be Christ.
 lu - ia, al - le - lu - ia.
 o - ver us, let all a - round us be peace.

Final Prayer

Bountiful God, you call us to labor with you in tending the earth: Where we lack love, open our hearts to the world; where we waste, give us discipline to conserve; where we neglect, awaken our minds and wills to insight and care. May we with all your creatures honor and serve you in all things, for you live and reign with Christ, Redeemer of all, and with your Holy Spirit, one God, now and for ever Amen

Blessing

Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may God's blessing be with you always. **Amen.**

(source: from Saint Clare)

Announcements

Final Hymn #400 vv 1,4,5,7

All Creatures

Blue Hymnal



- 1 All crea - tures of our God and King, lift up your voic - es, let us
*2 Great rush - ing winds and breez - es soft, you clouds that ride the heavens a -
*3 Swift flow - ing wa - ter, pure and clear, make mu - sic for your Lord to
4 Dear mo - ther earth, you day by day un - fold your bless - ings on our
5 All you with mer - cy in your heart, for - giv - ing o - thers, take your
*6 And ev - en you, most gen - tle death, wait - ing to hush our fi - nal
7 Let all things their cre - a - tor bless, and wor - ship him in hum - ble -



- 1 sing: Al - le - lu - ia, al - le - lu - ia! Bright burn - ing
2 loft, O — praise him, Al - le - lu - ia! Fair ris - ing
3 hear, Al - le - lu - ia, al - le - lu - ia! Fire, so in -
4 way, O — praise him, Al - le - lu - ia! All flowers and
5 part, O — sing now: Al - le - lu - ia! All you that
6 breath, O — praise him, Al - le - lu - ia! You lead back
7 ness, O — praise him, Al - le - lu - ia! Praise God the



- 1 sun with gold - en beams, pale sil - ver moon that gen - tly gleams,
2 morn, with praise re - joice, stars night - ly shin - ing, find a voice,
3 tense and fierce - ly bright, you give to us both warmth and light,
4 fruits that in you grow, let them his glo - ry al - so show:
5 pain and sor - row bear, praise God, and cast on him your care:
6 home the child of God, for Christ our Lord that way has trod:
7 Fa - ther, praise the Son, and praise the Spi - rit, Three in One:

Refrain

O praise him, O praise him, Al - le - lu - ia,
al - le - lu - ia, al - le - lu - ia!

The refrain may be sung antiphonally, by phrase; all join in the final Alleluia.

Dismissal

Celebrant: Alleluia, Alleluia, Let us go forth in the Name of Christ

All: **Thanks be to God, Alleluia, Alleluia**

♪ Postlude

“Atzenbrugger Tanz Nr. 2”

Franz Schubert D. 145, Op. 18 © 1889 Breitkopf & Härtel



Eucharist Liturgy Adapted from Enriching Our Worship

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Ministers of the Service

Celebrant:	Sister Greta Ronningen
Deacon:	The Rev. Jen Crompton
Eucharistic Minister:	Michael Lucas
Lector:	John Horsley
Cantor:	Joan Pedersen
Flowers:	Sharon & Jane
Ushers:	Barbara Schippers & Sandy Fisher
Intercessor:	Lisa Gonzalez
Altar Guild:	Diana H
Online Host:	Suzan & Pat
Tellers:	Steve Cake & Dianne Long
Director of Music:	Dave Alm
Technical:	Hannah-Jaye Matthew

This Week at St Ben's

Today

- 2:30p Blessing of the Animals, SBCC
- 3:30p Blessing of the Animals, Middle School

Tuesday

- 9:45a Prayers for the Morning
- 10:15a Spiritual Conversation
- 5:30p Vespers in-person only

Wednesday

- 7:00p Walk in Love

Thursday

- 4:00p Liturgy Committee
- 5:30p Choir Rehearsal
- 7:00p Storied Pilgrimage with Race

Friday

- 9:00a Gentle Yoga

Saturday

- 2:00p Joanne Otto Memorial

Sunday

- 8:00a Contemplative Communion
- 10:30a Eucharist

ANNOUNCEMENTS



BLESSING OF THE ANIMALS takes place today, at 2:30 outside South Bay Community Center and at 3:30 in the Middle School Field. Please bring your leashed or suitably restrained pets for a prayer and blessing.

RECTOR VACATION: Caro+ will be on vacation until Friday. Until then please contact Maureen Titus if you have questions or need help.

BISHOP LUCINDA will be here for both services next week, **October 9**. Please plan to be here to welcome her.

MEMORIAL services will be held on October 8 at 2pm for Joanne Otto, and on October 29 at 3pm for Emily Young.

Everyone is invited to **GENTLE YOGA Fridays** at 9am in the Great Room. For more info see Maureen Titus.

SPIRITUAL CONVERSATION has started a new conversation based on the book Lives of Unforgetting by fiction writer Stant Litore. Litore encourages us to read the Bible in a new way and to notice narratives we may have skipped over. This Everyone is welcome, whether or not you read the book. Tuesdays at 10:15 on Zoom.

Starting this week, **VESPERS** will be in-person only, no Zoom. Everyone is welcome and also for supper afterwards.

OPENING DOORS FOR INTERFAITH UNDERSTANDING—an interfaith gathering happens **October 10** at Nativity Catholic Church in SLO and on Zoom. See the Benediction Weekly for more info.

GRATITUDE DINNER will be on **October 28th**. Mark your calendars and plan to come!

STORIED PILGRIMAGE WITH RACE continues October 6 — Our Diocese has put together a twelve session series which explores the personal stories of those across the diocese on issues of race. It is a holy offering of video interviews, education, action items, and room for reflection. Many of the leaders and clergy in the Diocese have been through the series, and we are excited to offer the series to all those in the SLO Deanery. Each session will be one hour on Zoom and will be led by the clergy of the Deanery. The sessions will be every other Thursday evening at 7:00pm starting September 8th and running through February.

PERSONAL PRAYER – If you'd like prayer support during the week, contact Jill Denton (805-534-1101). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

BIDDING BOOK PRAYERS – If you'd like to include someone's name in the prayers during the worship services on Sunday, please write them in the bidding book on the stand by the usher's station as you come into church.

Message from Bishop Curry:

The Presiding Bishop at the 2018 General Convention addressed the National Altar Guild Association: "People go to church to refocus. Focus on God. What you do for God matters. The Altar Guild helps us to refocus. Focus on God the Creator then follow Jesus into the world."

The Altar Guild serves each Sunday by setting up and creating sacred space and then putting the vessels and linens away at the end as well as by looking after everything we use in worship. There are openings for two or more people to join the team. If God is calling you to this special ministry please talk to Sarah Chesebro.