



St Benedict's Episcopal Church

Los Osos, California

~ Tending Mind and Soul ~

THE FOURTH SUNDAY AFTER THE EPIPHANY

January 30, 2022 10:30 AM SERVICE

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

~ Prelude ~

Come, Thou Fount of Every Blessing Arr. John Turner © 2019 Lorenz Publishing Co.

Opening Hymn

"Breathe on Me Breath of God"

H 508

1 Breathe on me, Breath of God, fill me with life a - new,
2 Breathe on me, Breath of God, un - til my heart is pure,
3 Breathe on me, Breath of God, till I am whol - ly thine,
4 Breathe on me, Breath of God, so shall I nev - er die;

that I may love what thou dost love, and do what thou wouldst do.
un - til with thee I will one will, to do or to en - dure.
till all this earth - ly part of me glows with thy fire di - vine.
but live with thee the per - fect life of thine e - ter - ni - ty.

Words: Edwin Hatch; Music: Nova Vita, Lister Peace; Public domain.

Celebrant: **Blessed** be the one, holy, and living God.

People: **Glory to God for ever and ever!**

All: ***Holy and Life-Giving Spirit, you know our innermost thoughts even before they break through into consciousness; you teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word, and Holy Spirit, Amen.***

Hymn of Praise

“Gloria in excelsis”

G199

[Sing 3 times, as a Round]

The image shows the musical notation for the Hymn of Praise 'Gloria in excelsis'. It consists of two staves of music in 6/8 time, with a key signature of one flat (B-flat). The first staff contains the first two phrases: '1. Glo - ri - a, glo - ri - a, in ex - cel - sis De - o!' and '2. Glo - ri - a, glo - ri - a, in ex - cel - sis De - o!'. The second staff contains the next two phrases: '3. Glo - ri - a, glo - ri - a, al - le - lu - ia, al - le - lu - ia!' and '4. Glo - ri - a, glo - ri - a, al - le - lu - ia, al - le - lu - ia!'. The music is written in a simple, accessible style suitable for a round.

From: Songs & Prayers from Taizé © 1991 G.I.A. Publications, Inc.

Collect of the Day

Celebrant: The Lord be with you.

People: ***And also with you.***

Celebrant: Let us pray together.

All: ***All Compassionate and everlasting God, you govern all things both in heaven and on earth; Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.***

From: Songs & Prayers from Taizé © 1991 G.I.A. Publications, Inc.

Jeremiah 1:4-10

A reading from the prophet Jeremiah

The word of the LORD came to me saying,
"Before I formed you in the womb I knew you,
and before you were born I consecrated you;
I appointed you a prophet to the nations."

Then I said, "Ah, Lord GOD! Truly I do not know how to speak, for I am only a boy."

But the LORD said to me,
"Do not say, 'I am only a boy';
for you shall go to all to whom I send you,
and you shall speak whatever I command you,
Do not be afraid of them,
for I am with you to deliver you,
says the LORD."

Then the LORD put out his hand and touched my mouth; and the LORD said to me,
"Now I have put my words in your mouth.
See, today I appoint you over nations and over kingdoms,
to pluck up and to pull down,
to destroy and to overthrow,
to build and to plant.

Hear what the Spirit is Saying to God's People
Thanks be to God

Gospel Hymn

“Blessed Jesus”

H440

1 Bless - ed Je - sus, at thy word we are gath - ered all to
 2 All our know - ledge, sense, and sight lie in deep - est dark - ness
 3 Gra - cious Lord, thy - self im - part! Light of Light, from God pro -

hear thee; let our hearts and souls be stirred
 shroud - ed, till thy Spi - rit breaks our night
 ceed - ing, o - pen thou our ears and heart,

now to seek and love and fear thee; by thy teach - ings
 with the beams of truth un - cloud - ed; thou a - lone to
 help us by thy Spi - rit's plead - ing. Hear the cry thy

pure and ho - ly, drawn from earth to love thee sole - ly.
 God canst win us; thou must work all good with - in us.
 Church up - rai - es; hear, and bless our prayers and prais - es.

Words: Tobias Clausnitzer; Music: *Liebster Jesu*, melody Johann Rudolph Ahle; harm. George Herbert Palmer; Public domain.

Luke 4:21-30

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke.

People: *Glory to You, Lord Christ.*

Jesus began to speak in the synagogue at Nazareth: "Today this scripture has been fulfilled in your hearing." All spoke well of him and were amazed at the gracious words that came from his mouth. They said, "Is not this Joseph's son?" He said to them, "Doubtless you will quote to me this proverb, 'Doctor, cure yourself!' And you will say, 'Do here also in your hometown the things that we have heard you did at Capernaum.'" And he said, "Truly I tell you, no prophet is accepted in the prophet's hometown. But the truth is, there were many widows in Israel in the time of Elijah, when the heaven was shut up three years and six months, and there was a severe famine over all the land; yet Elijah was sent to none of them except to a

widow at Zarephath in Sidon. There were also many lepers in Israel in the time of the prophet Elisha, and none of them was cleansed except Naaman the Syrian." When they heard this, all in the synagogue were filled with rage. They got up, drove him out of the town, and led him to the brow of the hill on which their town was built, so that they might hurl him off the cliff. But he passed through the midst of them and went on his way.

Gospeller: The Gospel of Christ.

People: *Praise to You, Lord Christ.*

The Sermon

The Rev. Mike Eggleston

(We pause for a few moments' reflection before affirming our faith.)

Affirmation of Our Membership in the Christian Church

Let us join in the Affirmation of our Faith

*We believe in God the Creator,
from whom every family in heaven and on earth is named.
We believe in God the Redeemer,
who lives in our hearts through faith, and fills us with God's love.
We believe in God the Holy Spirit,
who strengthens us with power from on high.
We believe in One God: Creator, Christ and Holy Spirit. Amen.*

Source: Common Worship, Church of England.

Prayers of the People - A Litany for Healing

EOW2

Let us name before God those for whom we offer our prayers, starting with those in the bidding book...

(Prayers from the bidding book are read.

The people may add additional prayers silently or aloud.)

God the Father, your will for all people is health and salvation;

We praise you and thank you, O Lord.

God the Son, you came that we might have life, and might have it more abundantly;

We praise you and thank you, O Lord.

God the Holy Spirit, you make our bodies the temple of your presence;

We praise you and thank you, O Lord.

Holy Trinity, one God, in you we live and move and have our being;

We praise you and thank you, O Lord.

Lord, grant your healing grace to all who are sick, injured, or disabled,
that they may be made whole;

Hear us, O Lord of life.

Grant to all who seek your guidance, and to all who are lonely, anxious,
or despondent, a knowledge of your will and an awareness of your presence;

Hear us, O Lord of life.

Mend broken relationships, and restore those in emotional distress
to soundness of mind and serenity of spirit;

Hear us, O Lord of life.

Bless physicians, nurses, and all others who minister to the suffering,
granting them wisdom and skill, sympathy and patience;

Hear us, O Lord of life.

Grant to the dying peace and a holy death, and uphold by the grace and
consolation of your Holy Spirit those who are bereaved;

Hear us, O Lord of life.

Restore to wholeness whatever is broken by human sin, in our lives,
in our nation, and in the world;

Hear us, O Lord of life.

You are the Lord who does wonders:

You have declared your power among the peoples.

With you, O Lord, is the well of life:

And in your light we see light.

Hear us, O Lord of life:

Heal us, and make us whole.

*Almighty God, giver of life and health: Send your blessing on all who are sick, and
upon those who minister to them, that all weakness may be vanquished by the
triumph of the risen Christ; who lives and reigns for ever and ever. Amen.*

Confession of Need

Celebrant Let us confess our need for God's healing grace.

All ***Compassionate God,
we confess our weaknesses and our need for your strengthening touch.
We confess that some illnesses stem from our own fault,
while others are beyond our control.
We turn to you, source of life,
and ask in the name of our Savior Jesus Christ
for the gifts of true healing and life in you. Amen***

Celebrant May the God of love visit you in your times of trial and weakness,
and raise you to newness of life, through Jesus Christ,
in the power of the Holy Spirit. ***Amen.***

Prayers for Healing

The ministry of Jesus invites us to new life in God and with each other. We proclaim
the Good News that God desires us to be healthy and one in the body of Christ. You
are invited to offer yourself, whatever your sickness of spirit, mind, or body, and ask
for healing and wholeness in the Name of the holy and undivided Trinity.

*(We invite you to pray for healing for yourself, each other, and the planet.
Those wishing to receive a blessing may come forward.)*

Musical Interlude

Let us pray together:

***Generous God,
we give you thanks for your beloved Jesus Christ,
in whom you have shared the beauty and pain of human life.
Look with compassion upon all for whom we pray,
and strengthen us to be your instruments of healing in the world,
by the power of the Holy Spirit. Amen.***

The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Birthdays and Anniversaries

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.
Prayers can be found on the white card in your pew.

Offertory

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

<https://www.stbenslososos.org/support-us/>

Jesus, Take Me by the Hand Text based on Psalm 126
Music by Stephen Foster, 1855, Adapted and arr. by Martin Willett © 2001 GIA
St. Benedict's Singers

When the Lord rescued Zion, our eyes could scarce believe
and the Lord's work seemed to be a dream.
All our music and laughter, forgotten in our grief,
reawakened in our hearts redeemed.

*Hear our song, with home ever nearer
Jesus! Jesus! Take me by the hand!
Many days have I lingered outside the Promised Land
O Jesus Take me by the hand!*

Even poor non-believers in truth can plainly see
all the wonders God has worked in might
In the Lord's name in gladness, our people are set free!
Who could keep from singing in delight!

Lord you flow as a river through dry and barren land,
Bringing joy and laughter to our woe.
Those who sow seeds of sorrow will harvest sheaves of song
Making joyful music as they go.

(Please Stand)

Doxology *Praise God from Whom all blessings flow*
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

H400

The Holy Eucharist

Eucharistic Prayer 3, EDW

Celebrant The Lord be with you.
People *And also with you.*
Celebrant Lift up your hearts.
People *We lift them to the Lord.*
Celebrant Let us give thanks to the Lord our God.
People *It is right to give God thanks and praise.*

Celebrant All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey.

And so as the morning stars sing your praises we join the heavenly beings and all creation as we sing with joy:

Sanctus

G-236

Ho-ly, ho - ly, ho - ly Lord, God of pow'r and might,
heav - en and earth are full of your glo - ry. Ho -
san-na, ho - san-na on high. Bless-ed is he who comes in the
name of the Lord. Ho - san - na in the high - est, ho -
san-na in the high-est, ho - san-na, ho - san-na on high.

Music: *St. Louis Jesuits Mass*; Dufford & Schutte

Celebrant Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise.

Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said:

“Take, eat, this is my Body, broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:

Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ’s coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All ***Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!***

Celebrant Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit’s power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with the blessed virgin Mary, blessed Benedict, and all your people into the joy of our true eternal home.

All ***Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise. Blessed are you now and for ever. AMEN.***

The Lord's Prayer

Celebrant: As our Savior Christ has taught us, we now pray...

*Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen*

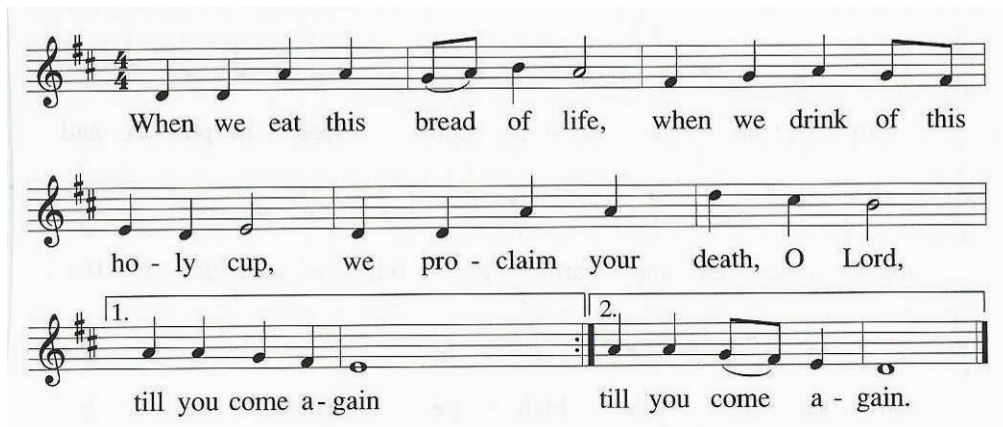
The Breaking of the Bread

The celebrant breaks the consecrated bread.

A period of silence is kept.

Fraction Anthem

G-298



When we eat this bread of life, when we drink of this
ho - ly cup, we pro - claim your death, O Lord,
till you come a - gain till you come a - gain.

Music: St. Louis Jesuits Mass; Dufford and Schutte © 1979 New Dawn

Holy Communion

Celebrant:

The gifts of God for the people of God.
This is God's table, and all are welcome here.

If God is calling you, you are welcome to receive communion,
If you prefer to receive a blessing, please cross your arms over your chest.
As your group is called forward, please spread out to widen the circle and increase safe social distancing.

~ Communion Music ~

Quiet Rest

John Turner

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Communion Hymn

“Have Thine Own Way, Lord”

LEVAS 145

1. Have thine own way, Lord! Have thine own way! _____
2. Have thine own way, Lord! Have thine own way! _____
3. Have thine own way, Lord! Have thine own way! _____
4. Have thine own way, Lord! Have thine own way! _____

1. Thou art the pot - ter, I am the clay! _____
2. Search me and try me, Mas - ter, to - day! _____
3. Wound - ed and wea - ry, Help me, I pray! _____
4. Hold o'er my be - ing Ab - so - lute sway! _____

1. Mold me and make me Aft - er thy will, _____
2. Pur - er than snow, Lord, Wash me just now, _____
3. Pow - er all pow - er Sure - ly is thine! _____
4. Fill with thy Spir - it 'Til all shall see _____

1. While I am wait - ing, Yield - ed and still. _____
2. As in thy pres - ence Hum - bly I bow. _____
3. Touch me and heal me, Sav - ior di - vine! _____
4. Christ on - ly, al - ways, Liv - ing in me! _____

(We pause for a minute of silence together)

*Most loving God, creator and redeemer,
we give you thanks for this foretaste of your glory.
Through Christ, and with all your saints,
we offer ourselves and our lives to your service.
Send us out in the power of your Spirit,
to stand with you in your world.
We ask this through Jesus Christ, the servant,
our friend and brother. Amen.*

New Zealand Prayer Book

The Blessing

May the outrageous welcome of the Father accept us for who we are;
may the incarnation of the Word touch and hold us close;
may the wandering of the Spirit help us risk ourselves for love;
and may the blessing of God All-Compassionate,
Father, Son, and Holy Spirit, be upon you, and remain with you always.
Amen

Prayers for an Inclusive Church © 2009 Church Pub. Co.

Announcements

Final Hymn

“There’s a Wideness in God’s Mercy

H 470

1 There's a wide-ness in God's mer - cy like the wide-ness of the sea;
2 There is no place where earth's sor - rows are more felt than up in heaven;
3 For the love of God is broad - er than the mea - sure of the mind;

there's a kind - ness in his jus - tice, which is more than lib - er - ty.
there is no place where earth's fail - ings have such kind - ly judg - ment given.
and the heart of the E - ter - nal is most won - der - ful - ly kind.

The image shows a musical score for the hymn "There's a Wideness in God's Mercy". It consists of two systems of music. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are provided below the vocal line of each system.

There is wel-come for the sin-ner, and more gra-ces for the good;
 There is plen-ti-ful re-demp-tion in the blood that has been shed;
 If our love were but more faith-ful, we should take him at his word;

there is mer-cy with the Sa-vior; there is heal-ing in his blood.
 there is joy for all the mem-bers in the sor-rows of the Head.
 and our life would be thanks-giv-ing for the good-ness of the Lord.

Words: Frederick William Faber; Music: Beecher, John Zun

The Dismissal.

Alleluia! Alleluia! Let us go forth into the world,
 rejoicing in the power of the Spirit.

Thanks be to God. Alleluia! Alleluia!

~ Postlude ~

The Solid Rock

William Bradbury

Arr. John Turner © 2019 Lorenz Pub. Co.

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