

# Benediction Weekly

## February 9, 2020

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.*



**Parish Council Meeting** next Sunday, following the 10:30 service. As always, the meetings are open to all members of St. Benedict's.

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

8:00 am – Contemplative Communion Service  
9:20 am – Bible study  
9:30 am – Messy Church family worship  
10:30 am – Holy Eucharist with music

#### Tuesday, Feb 11

5:30 pm – Vespers, followed by potluck supper

#### Wednesday, Feb 12

4:15 pm – EFM class  
7:00 pm – Choir Rehearsal

#### Sunday, Feb 16

8:00 am – Contemplative Communion Service  
9:20 am – Bible study  
10:30 am – Holy Eucharist with music  
12:30 pm – Parish Council Meeting



**starts on Ash Wednesday, February 26**

**Ashes to Go** – Drive-thru Imposition of Ashes, outside the Abundance Shop, from 7:30 am

**Ash Wednesday Liturgy with Imposition of Ashes**


12 noon and 7 pm at the church

### A New Lenten Series at St. Benedict's

There will be an opportunity for prayer and study on Tuesday mornings from March 3 to April 7

**Prayer for the Morning** 9:45-10am  
**Centering Prayer** 10-1030am  
**Book Study** 10:30am-noon

Based on *"In the Sanctuary of Women"* by Jan Richardson

 **WATCH FOR THE RETURN OF THE STATIONS OF THE CROSS SCULPTURES CREATED LAST YEAR FOR ST. BENEDICT'S BY ARTIST CHLOE A. WHITE.**



### TURN IT OFF, LOCK IT UP

There have been a number of incidents recently when something was left running or unsecured that shouldn't have been, especially following evening programs. Please remember, when you are among the last to leave the building, to make certain that heat, lights, and water taps are turned OFF, and that doors are locked AND latched. Thank you.



### Rev. Caro+ will be on vacation until February 15

In her absence, the clergy team will be available for spiritual counsel. Church business will be managed by the Parish Council, led by Sr. Warden Stef Shuman. For pastoral care needs, contact Celeste Pennington.

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Susan Plucker; Eucharistic Ministers: Diana Hammerlund & Michael Lucas;  
Lectors: Bryson McKelvey & Lorie Schwenk; Ushers: Steve Hirahara & Connie Weldon;  
Altar Guild: Lisa Gonzalez & Lorie Schwenk; Greeters: Dianne Long, *pre* & Diana Hammerlund, *post*; Flowers: Brian Spolarich; Coffee Hour Hosts: Pat Henry, Suzan Vaughn, and Alice Welchert;  
Prayer Team Intercessor: Judy Schloss; Children's Bible Time: Connie Weldon;  
Tellers: Jane Wu & Lorie Schwenk; Piano: Lacey McNamara; Interim Music Director: Ann Lucas  
**Thank you for your service!**



ST. BENEDICT'S EPISCOPAL CHURCH, The Rev. Dr. Caroline Hall, Rector  
EPISCOPAL DIOCESE OF EL CAMINO REAL, The Rt. Rev. Lucinda Ashby, Bishop



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**CHILDREN'S CHAPEL** – Sundays during the 10:30 service.

**COMMUNITY DINNER** – Providing and serving food at SBCC, on 1<sup>st</sup> Thursday of odd-numbered months, in conjunction with Los Osos Cares.

**EARTHCARE** – 3<sup>rd</sup> Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – A time for prayers for healing at the 10:30 service on 5th Sundays.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1<sup>st</sup> & 3<sup>rd</sup> **Tuesdays**, 2pm.

**LAUNDRY LOVE** - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

**MEN'S BREAKFAST** – Morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning family worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room at 9:30.

**PEOPLE'S KITCHEN** – Providing and serving lunch at 40 Prado, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** – On the 1<sup>st</sup> Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** – Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Stef Shuman, *Sr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Deb Garza, Diana Hammerlund,  
Steve Hirahara, Esta Kandarian,  
Alan Kiste, Michael Lucas,  
Lorienne Schwenk, Jane Wu

## Open Conversation: Faith

7:15 – 8:30 pm, Tuesday, February 18 at St Benedict's

This month we will be talking about *faith*. Is faith the same as believing? Why do we say the creed and do you need to cross your fingers at the same time? What is the faith of the Episcopal Church?

This continuation of our monthly Open Conversation series, which looks at basic tenets of our understanding of Christianity, will be held on Tuesday evening, **February 18** starting at 7:15 (after the pot-luck supper which follows Vespers).

However long you've been coming to St. Ben's - whether you just walked in the door or have been here since Adam was a boy, you are welcome to join in this conversation which will be led by Rev Caro+ and some other members.

We will also be talking about body prayer - why and when some people cross themselves, why we turn toward the gospel book and so on.

Join us!

## Eclectia Discussibles

1:30 – 3:30 pm, February 20 – April 2  
St Peter's by-the-Sea Episcopal Church  
545 Shasta Ave., Morro Bay

Led by Lenny Erickson, St. Peter's presents a series of formal presentations giving way to smaller group discussions on issues of Ethics (*What would you do?*), Philosophy (*Why would you do it?*) and Logic (*Can you spot the fallacy in informal arguments of advertising or politics?*) Six Thursday afternoons from February 20 to April 2. \$3/session or \$15 for the series. All are welcome.

### Feb 20 Ethical Issues 1

From letters to The Ethicist in the New York Times

### Feb 27 Philosophical Issues 1

Concerning Free Will & Determinism

(Mar 5 No session)

### Mar 12 Logical Issues 1

Informal Fallacies (from Aristotle et al)

### Mar 19 Ethical Issues 2

From letters to The Ethicist in the *New York Times*

### Mar 26 Philosophical Issues 2

How do we know whether there is or isn't a God?

### Apr 2 Logical Issues 2

Informal Fallacies (from Aristotle et al)



## Opening Doors of Interfaith Understanding

The next gathering will be on Monday, February 10th at 7:30PM at the Mosque of Nasreen, 1125 Walnut St. in SLO, where Rich Carsel will lead a discussion of Emmy Werner's book "A Conspiracy of Decency: The Rescue of the Danish Jews During WWII" and Dr. Hisham Assal will discuss "Israa and Mi'era" (The night journey and ascending to heaven of the prophet Muhammad).

**From People of  
Faith for Justice**

St. Benedict's Episcopal Church – 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

For counsel & spiritual care contact: The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; or The Rev. Susan Plucker (530)263-8540. Call Celeste Pennington with pastoral care needs: (805)771-8974

Contact Stef Shuman with content for the Ben Weekly [stefshuman@sbcglobal.net](mailto:stefshuman@sbcglobal.net) or (805)534-3622

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