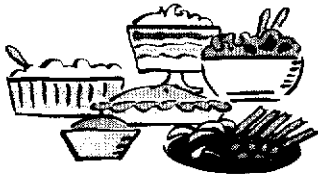


# Benediction Weekly

December 29, 2019

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.*



## Potluck Lunch next Sunday after Church

Please also remember to bring donations of food, toiletries and other items for our 40Prado collection boxes.

### This Week at St. Benedict's (at the church unless otherwise specified)

#### TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible study
- 10:30 am – Holy Eucharist and Healing Service

#### Monday, Dec 30 RECTOR'S SABBATH

Mondays are the Rector's Sabbath, when Rev. Caro+ is generally unreachable. Messages will be returned a day or so later.

#### Tuesday, Dec 31

- 5:30 pm – Vespers of the New Year  
Followed by potluck supper.

#### Thursday, Jan 2

- 5:00 pm – Los Osos Community Dinner, SBCC

#### Sunday, Jan 5

- NO 8am Service
- 9:20 am – Bible study
- 10:30 am – Holy Eucharist with music  
followed by potluck lunch:  
A-G Main dish; H-R Dessert; S-Z Salad & bread

### Los Osos Community Dinner Thursday, January 2<sup>nd</sup> 5pm at SBCC

It's our turn this week to host the Community Dinner at the South Bay Community Center. Please sign up to help. Speak with Barbara Hirahara for details.

Through the Los Osos Cares subcommittee of the Los Osos Community Coalition, St Benedict's Homeless Outreach team is partnering with a number of other organizations and churches in Los Osos to offer these community dinners on Thursday nights. They are open to anyone who wants to come, and not only provide a hot meal and good company, but a place where people in need can learn about organizations that offer services they could use. The dinners are held at the South Bay Community Center at 5pm. St Benedict's is committed to provide dinner the first Thursday of odd-numbered months.



**Rector's Discretionary Fund** – On the last Sunday of each month, (like today) the loose plate offering is designated to the RDF, to help those in the parish or the wider community in need of emergency assistance. You may also write a check to St Ben's with "RDF" in the memo line.

*Thank you for your generosity!*

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Jerry Walton; Chalice Bearer: Carol Brubaker Walton; Lector: Bryson McKelvey; Ushers: Ron Thompson & Steve Hirahara; Greeters: Michael Lucas, *pre* & Jerry Walton, *post*; Altar Guild: Lisa Gonzalez & Lorianne Schwenk; Coffee Hour Hosts: Karin Cake & Diana Hammerlund; Children's Bible Time: Pamela Bleisch Strawn; Tellers: Jane Wu & Judy Schloss; Music: Ann Lucas **Thank you for your service!**



*On-Going  
Activities  
at St. Ben's*

**ABUNDANCE SHOP** - Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** - Sundays at 9:20 am

**CHILDREN'S CHAPEL** - Sundays during the 10:30 service.

**COMMUNITY DINNER** - Providing and serving food at SBCC, on 1<sup>st</sup> Thursday of odd-numbered months, in conjunction with Los Osos Cares.

**EARTHCARE** - 3<sup>rd</sup> Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** - A time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** - Varying programs of stimulating discussion and thoughtful exploration for everyone. See website

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays, 2pm.

**LAUNDRY LOVE** - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

**MEN'S BREAKFAST** - Morning social gathering, 2<sup>nd</sup> Saturdays 9am at Budget Cafe, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning family worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room at 9:30.

**PEOPLE'S KITCHEN** - Providing and serving lunch at 40 Prado, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** - On the 1<sup>st</sup> Sunday of each month donations to 40Prado Day Center are collected and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on 2<sup>nd</sup> Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3<sup>rd</sup> Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, Rector  
Pamela Bleisch Strawn, Sr. Warden,  
Michael Lucas, Jr. Warden,  
Lisa Gonzalez, Treasurer,  
Diana Hammerlund, Alan Kiste,  
Lorenne Schwenk, Deb Garza,  
Susan Miller, Steve Hirahara, Jane Wu

# Epiphany Star Party!

January 6<sup>th</sup> at 6:00 pm

Monday, January 6<sup>th</sup> is Epiphany, Twelfth Night, Theophany, Old Christmas... and a great excuse for a party!

We'll take down all the church's Christmas decorations, welcome the Magi to the crèche, crown the Epiphany Kings or Queens, and we will also chalk the lintels of the doorways with the inscription **20+C+M+B+20**. The letters represent the initials of the Magi — Caspar, Melchior, and Balthazar — who came to visit Jesus in his first home. They also abbreviate the Latin phrase, *Christus mansionem benedicat*: "May Christ bless the house." The + signs represent the cross, and the numbers 20 at the beginning and 20 at the end indicate the year. Taken together, this inscription is performed as a request for Christ to bless this place and dwell within throughout the entire year.

Bring your favorite dish to share in our potluck dinner and a twig from your Christmas greenery to burn in our 12th Night fire. Take home your "star word" to bring a special focus to the New Year.

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sundays:

Contemplative Communion 8a (except 1st Sun)

Bible study 920a

Holy Eucharist with Music 1030a

Weekly Events:

**Mondays:** Rector's Sabbath

**Tuesdays:** Vespers 530p + Potluck 615p

**Wednesdays:** EFM 415p, Choir Rehearsal 7p

**Thursdays:** Hollister Institute, 10a (begins Jan 9)

Children's Programs

Messy Church at 930 on 2<sup>nd</sup> & 4<sup>th</sup> Sundays

Children's Bible Time during Sunday 1030 service

## JANUARY 2020 HIGHLIGHTS AT ST. BENEDICT'S

- 2 - Los Osos Community Dinner, SBCC, 5p
- 5 - Potluck follows 1030 service
- 6 - Epiphany Star Party, 6p
- 7 - Intercessory Prayer Circle, 2p
- 9 - Hollister Inst. Begins: Climate Church/Climate World, 10a
- 11 - Bishop Lucinda's Ordination, St Andrews, Saratoga w/ live-streamed video viewing at St Barnabas, AG
- 11 - Men's Breakfast Group, Budget Cafe, SLO, 9a
- 11 - Saturday Evening Eucharist, 530p
- 15 - EarthCare Meeting, 230p
- 19 - Parish Council Mtg, 1230p
- 21 - Intercessory Prayer Circle, 2p
- 23 - Healing Ministry Meeting, 3p
- 26 - Annual Parish Meeting, following 1030 service
- 29 - Laundry Love at Osos Clean Laundry, 5p

## JANUARY CELEBRATIONS

(If your January birthday or anniversary isn't listed, please contact the church office)

**Birthdays** 🎂

**Wedding Anniversaries** 🎎

**Ordination Anniversaries** ✝️

1 Jan - Kathy West 🎂

6 Jan - Sharon Porter + Jane Wu 🎎

15 Jan - Faye Hogan 🎂

2 Jan - Kevin + Judith Cadigan 🎎

9 Jan - Rachel Espinosa 🎂

18 Jan - Faye Hogan ✝️

5 Jan - Betty Field-Haley 🎂

11 Jan - Roz Malone 🎂

18 Jan - Donna Ross ✝️

St. Benedict's Episcopal Church - 2220 Snowy Egret Lane - PO Box 6877, Los Osos, CA 93412  
 Keeping in Touch during the Week - Contact any of the clergy for counsel & spiritual care:  
 The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; or  
 The Rev. Susan Plucker (530)263-8540 Call Celeste Pennington with pastoral care needs: (805)771-8974  
 Church Office: [office@stbenslososos.org](mailto:office@stbenslososos.org) Telephone: (805)528-0654 [www.stbenslososos.org](http://www.stbenslososos.org)