

Benediction Weekly

January 26, 2020

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.

People's Kitchen this Saturday



St. Benedict's is responsible for serving lunch at People's Kitchen at Prado Day Center on the 1st Saturday of even-numbered months. Please sign up to help.

Monthly Potluck next Sunday

On the first Sunday of each month St. Benedict's has one service at 10:30, followed by a potluck lunch.



This Week at St. Benedict's

(at the church unless otherwise specified)

TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Eucharist with music
- 12:30 pm – Annual Parish Meeting

Monday, Jan 27 RECTOR'S SABBATH

Tuesday, Jan 28

- 5:30 pm – Vespers, followed by potluck supper

Wednesday, Jan 29

- 3:00 pm – Laundry Love at Osos Clean Laundry
- 4:15 pm – EFM class
- 6:30 pm – **Greening Los Osos** planning meeting
- 7:00 pm – Choir Rehearsal

Thursday, Jan 30

- 10:00 am – Hollister: *Climate Church/Climate World*

Saturday, Feb 1

- 12:00 pm – People's Kitchen at 40Prado

Sunday, Feb 2

- NO 8 am Service
- 9:20 am – Bible study
- 10:30 am – Holy Eucharist with music
- 12:00 pm – Monthly Parish Potluck:
A-G Salad & bread; H-R Main dish; S-Z Dessert

Laundry Love

3 pm this Wednesday

St. Ben's assists low-income families with funds, soap, and friendly help at Osos Clean Laundry on the last Wednesday of each month.

Beginning this month we are starting at the earlier time of 3:00 p.m. Speak with Barbara Hirahara or Maureen Titus if you would like to help.



Welcome Stephanie Olsen as Our New Parish Administrator

Stephanie Olsen has been hired as our new Parish Administrator, starting last week. Stephanie also works as Parish Administrator at St. Stephen's, SLO in the mornings and will be in the office here at St. Benedict's in the afternoon.

Our office hours have been changed to Tuesdays, Wednesdays, and Thursdays from 1:30-4:30 pm.

If you're in the building at those times, please stop by to introduce yourself and welcome her to our parish!



Save the Date !

The 5th Annual Canterbury Shire Chili Cook-Off, with Silent Auction & Raffle Fundraiser, will be held on Saturday, April 18th, from 4-6pm at St. Stephen's, SLO. More info to follow in March.

Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Alan Kiste; Chalice Bearer: Ann Edwards; Lectors: John Horsley & Brian Spolarich; Ushers: Maureen Titus & Steve Hirahara; Altar Guild: Lisa Gonzalez & Diana Hammerlund; Greeters: Joan Hayes & Alan Kiste; Flowers: Elaine Beckham; Coffee Hour Hosts: Pat Stoneman & Anne Kanter; Children's Bible Time: Dianne Long; Tellers: Mary Ellen Rico & Steve Cake; Prayer Team Intercessor: Jill Denton; Piano: Lacey McNamara; Music Director: John Cribb **Thank you for your ministry!**



On-Going Activities at St. Ben's

ABUNDANCE SHOP – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

CHILDREN'S CHAPEL – Sundays during the 10:30 service.

COMMUNITY DINNER – Providing and serving food at SBCC, on 1st Thursday of odd-numbered months, in conjunction with Los Osos Cares.

EARTHCARE – 3rd Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

HEALING SERVICE – A time for prayers for healing at the 10:30 service on 5th Sundays.

INTERCESSORY PRAYER CIRCLE Prayers for the community and the world. 1st & 3rd Tuesdays, 2pm.

LAUNDRY LOVE - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry on last Wednesdays.

MEN'S BREAKFAST – Morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

MESSY CHURCH - Sunday morning family worship geared towards young children and busy families. 2nd & 4th Sundays in the Great Room at 9:30.

PEOPLE'S KITCHEN – Providing and serving lunch at 40 Prado, 1st Saturday of even-numbered months.

POTLUCK AND PRADO – On the 1st Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST – Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, *Rector*
Pamela Bleisch Strawn, *Sr. Warden*,
Michael Lucas, Jr. *Warden*,
Lisa Gonzalez, *Treasurer*,
Diana Hammerlund, Alan Kiste,
Lorienne Schwenk, Deb Garza,
Susan Miller, Steve Hirahara, Jane Wu

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Sundays:

Contemplative Communion 8a (except 1st Sun)

Bible study 920a

Holy Eucharist with Music 1030a

Weekly Events:

Mondays: Rector's Sabbath

Tuesdays: Vespers 530p + Potluck 615p

Wednesdays: EFM 415p, Choir Rehearsal 7p
(8p on 2/26)

Children's Programs

Messy Church at 930 on 2nd & 4th Sundays

Children's Bible Time during Sunday 1030 service

FEBRUARY 2020 HIGHLIGHTS AT ST. BENEDICT'S

- 1 - People's Kitchen, 40Prado, 12p
- 2 - Potluck follows 1030 service
- 4 - Intercessory Prayer Circle, 2p
- 6 - Hollister Class Ends: Climate Church/Climate World, 10a
- 8 - Men's Breakfast Group, Budget Café, SLO, 9a
- 8 - Saturday Evening Eucharist, 530p
- 11 - Open Conversations, 715p
- 16 - Parish Council Mtg, 1230p
- 18 - Intercessory Prayer Circle, 2p
- 19 - EarthCare Meeting, 230p
- 23 - SLO Deanery Mtg, St Barnabas AG, 2p
- 26 - Ashes to Go, 730a, Abundance Shop
- 26 - Ash Wednesday Liturgy, 12p and 7p
- 26 - Laundry Love at Osos Clean Laundry, 3p
- 27 - Healing Ministry Meeting, 3p

Rev. Caro will be on Vacation from Feb 7-15, and will be leading a retreat for St. Stephen's Feb 21-23

FEBRUARY CELEBRATIONS

(If your February birthday or anniversary isn't listed, please contact the church office)

Birthday 🎂

Wedding Anniversary 💍

Ordination Anniversary ✝️

9 Feb - Steve Hirahara 🎂

20 Feb - Mary Stein-Webber 🎂

25 Feb - Don + Liz Maruska 💍

13 Feb - Johnny Hammerlund 🎂

20 Feb - Caro Hall 🎂

26 Feb - Don Shields 🎂

14 Feb - Laura Horsley 🎂

21 Feb - Caro Hall ✝️

29 Feb - Leap Day! 🐉

Long-term Prayer List

Please continue to pray for St. Benedict's members, our family and friends, and those who have asked for our prayers: JW, Rachel Espinosa, Donna Ross, Emily Young, Pat Henry, June Wright, Ron & Charlene Morse, Liz & Kate Maruska, Karin Cake, Sally Franklin, Larry Swafford, Louisa Beeler, and Barbara & Steve Hirahara and family, Payton Chesebro, Jim Flippen, Erin Hayes, Cindy Hellman, Judy Lewis, Joe Perry, Susan Relva, Bob Schwenk, Paula Schultze, Curt Shuman, Tina Simmer, Angela Walker, Bill West, Merritt Greenwood, Turner Esmonde, Jun Gilman, Sandi, Sharon Carter, Edén Martinez, Les Christiansen, William Shields, and Dolly Leske. And Linda Evans and her family and friends: Israel, Melinda, Josiah, Brian, Jennifer, Crystal, Jessica, Lisa, Patrick, Jessie, Jason, Jim, Joyce, Lilly, Jack, Lincoln, Alex, and Gabby. *(To add or remove names from this list, contact church office.)*



Rector's Discretionary Fund – On the last Sunday of each month, (like today) the loose plate offering is designated to the RDF, to help those in the parish or the wider community in need of emergency assistance. You may also contribute by check to St Ben's with "RDF" in the memo line.

Thank you for your generosity!

St. Benedict's Episcopal Church – 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

For counsel & spiritual care contact: The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; or The Rev. Susan Plucker (530)263-8540. Call Celeste Pennington with pastoral care needs: (805)771-8974

Contact Stef Shuman with content for the Ben Weekly stefshuman@sbcglobal.net or (805)534-3622

Church Office Hours: Tues through Thurs 1:30-4:30pm ~ Parish Administrator: Stephanie Olsen

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