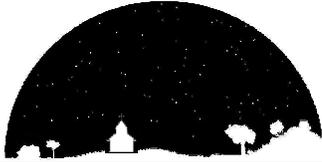


# Benediction Weekly

December 8, 2019

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.*



## Saturday Evening Eucharist

Join us this Saturday at 5:30 for Holy Communion, followed by potluck supper

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Eucharist with music

**Monday, Dec 9** RECTOR'S SABBATH

#### Tuesday, Dec 10

- 5:30 pm – Vespers, followed by potluck

#### Wednesday, Dec 11

- 4:15 pm – EFM meeting
- 7:00 pm – Choir Rehearsal

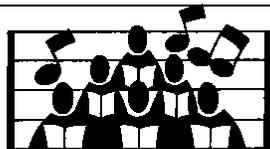
#### Saturday, Dec 14

- 9:00 am – Men's Breakfast at Budget Café, SLO
- 5:30 pm – Saturday Evening Eucharist

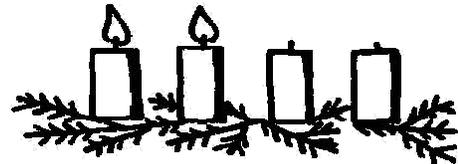
#### Sunday, Dec 15

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible study
- 10:30 am – Holy Eucharist with music
- 3:00 pm – Christmas Carol Concert

## A Celebration of Carols



Next Sunday at 3pm the St. Benedict Singers present a Los Osos tradition: our annual concert of Christmas Carols and poetry readings. The program features sacred music set to texts old and new, including works by Rutter and Gjeilo, and an arrangement of "Silent Night" by interim music director Ann Lucas. Followed by refreshments. Everyone is welcome and there is no charge for admission. *Don't miss it!*



### Advent Lessons & Carols Services Today...

*Today at 3pm at St. Stephen's, SLO*, there will be a festival Advent Lessons & Carols service presented as a fundraiser for the SLO deanery's Canterbury Shire Campus Ministry. It will feature jazz musicians from the Cal Poly Music Department, under the direction of Arthur White. The service will last about an hour and there will be a festive reception following the service! Come and enjoy some musical, liturgical, and culinary treats and delights and support campus ministry in the process!

*This evening at 7pm at St. Peter's, Morro Bay*, the traditional Anglican service of Nine Lessons and Carols will be held. The service is composed of nine Biblical readings and nine related carols of the salvation history of humankind, from Adam and Eve through the traditional events of the birth of Christ. St. Peter's choir and friends will sing some of the nine carols, and the congregation will join in most of them. The service is intended for all who would like to hear the familiar Christmas carols apart from the reindeer and snowman themed songs so prevalent during the season. All are most welcome.

### ... and Next Week



*Next Sunday at 5pm at St. Barnabas', Arroyo Grande* – Experience the wonder of Advent and the coming Christmas season at our annual Advent Festival of Lessons & Carols on Sunday, December 15th at 5pm. This awe-inspiring service is a 101-year-old tradition that weaves scripture readings with carols sung by the Chancel Choir and the Choral Scholars to tell the story of salvation history. Bring family and friends to celebrate and enjoy the soup & salad reception that follows.

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Sarah Chesebro; Chalice Bearer: Esta Kandarian; Lectors: Roz Malone & Jim Malone; Ushers: Michael Lucas & Steve Hirahara; Altar Guild: Stef Shuman & Elaine Beckham; Greeters: Jane Wu, *pre* & Sarah Chesebro, *post*; Flowers: Sarah Chesebro; Coffee Hour Hosts: Pat Henry & Suzan Vaughn and Lisa Gonzalez; Children's Bible Time: Connie Weldon; Tellers: Stef Shuman & Dianne Long; Intercessory Prayer Team: Judy Schloss; Music: Ann Lucas ***Thank you for your service!***



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**CHILDREN'S CHAPEL** – Sundays during the 10:30 service.

**COMMUNITY DINNER** – Providing and serving food at SBCC, on 1<sup>st</sup> Thursday of odd-numbered months, in conjunction with Los Osos Cares.

**EARTHCARE** – 3<sup>rd</sup> Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – A time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1<sup>st</sup> & 3<sup>rd</sup> **Tuesdays**, 2pm.

**LAUNDRY LOVE** - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

**MEN'S BREAKFAST** – Morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning family worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room at 9:30.

**PEOPLE'S KITCHEN** – Providing and serving lunch at 40 Prado, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** – On the 1<sup>st</sup> Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** – Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Lorienne Schwenk, Deb Garza,  
Susan Miller, Steve Hirahara, Jane Wu

## Bishop's Consecration



Tickets for the January 11, 2020 consecration service for El Camino Real's fourth bishop, the Rev. Lucinda Ashby, being held at St. Andrew's Episcopal Church in Saratoga, are now available online at the diocesan website:

<https://www.realepiscopal.org/info-consecration-tickets/>

Seating is limited and tickets are required. Make your reservation now.

The Transition Committee is organizing watch parties in the San Luis Obispo and Monterey/Santa Cruz areas for those who cannot or do not want to make the trip to St. Andrew's. There will be a livestream broadcast available online that will be shown at those locations, as well as the administering of communion as it is administered at St. Andrew's.

You can also watch at home by accessing the link that will be posted on the diocesan website at [www.realepiscopal.org/bishop-consecration/](http://www.realepiscopal.org/bishop-consecration/)

## Grace Notes: Hospitality

If you can walk easily and you arrive before the service starts, please **choose a parking space further away** from the church and leave the closer ones for those who have mobility issues or who arrive late.

Before the service starts, if you are in the church please **enjoy the prelude and prepare yourself quietly for worship**. If you are talking on the veranda, consider stepping away from the doors so you don't disturb others who may be praying.

Please also consider sitting in the **middle of a pew** rather than at the end. It's very off-putting for newcomers to have to clamber over you and feel like they're being a nuisance just trying to sit down.

We give priority in the back pew on the south end for **families with children**. You can sit there, but please be prepared to move if a family shows up. We don't want them to leave because there's no space for them. Also, if you arrive after the service has started please remember that children may be at Children's Chapel and expecting to return to that pew.

It's fine to come into the church after the service has started but please remember that **the floor is very noisy** and wait until there's a hymn or prayer that we all say before going to your seat.



## Christmas Service Ministries

Please sign up on the posted sign board for service ministries at the Blue Christmas Service, Christmas Eve Services and Christmas Day.



## Poinsettias Dedications

If you would like to honor a loved one by contributing for Christmas poinsettias, you may use the envelopes on the signup board to indicate the wording of your dedication (as in memory, thanksgiving, or honor.) Please print clearly. Suggested contribution is \$10 each.

St. Benedict's Episcopal Church – 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Keeping in Touch during the Week – Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; or

The Rev. Susan Plucker (530)263-8540 Call Celeste Pennington with pastoral care needs: (805)771-8974

Contact Stef Shuman with content for the Ben Weekly [stefshuman@sbcglobal.net](mailto:stefshuman@sbcglobal.net)

Church Office: [office@stbenslosos.org](mailto:office@stbenslosos.org) Telephone: (805)528-0654 [www.stbenslosos.org](http://www.stbenslosos.org)