

# Benediction Weekly

November 24, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



## Reign of Christ Sunday

Also known as Christ the King Sunday, today's observation celebrates Christ's messianic kingship and sovereign rule over all creation. In celebrating the Reign of Christ, this Sunday also provides an appropriate bridge to the new Church Year that begins next week on the first Sunday of Advent with an emphasis on hope and expectation, the longing for the coming of the joyous *Kin-dom* of God.

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

8:00 am – Contemplative Communion Service

9:20 am – Bible study

9:30 am – Messy Church family worship

10:30 am – Holy Eucharist with music

**Monday, Nov 25** RECTOR'S SABBATH

**Tuesday, Nov 26**

5:30 pm – Vespers, followed by potluck

**Wednesday, Nov 27**

4:15 pm – EFM Class

**Thursday, Nov 28**

1:00 pm – Thanksgiving Dinner

**Saturday, Nov 30**

9:00 am – Spruce Up the church workday

**Sunday, Dec 1** FIRST SUNDAY OF ADVENT

NO 8 am Service

9:20 am – Bible study

10:30 am – Holy Eucharist with music,

followed by potluck lunch:

**A-G** Dessert; **H-R** Salad & bread; **S-Z** Main dish

Don't forget to donate items to 40PRADO

(See suggested items list at usher's station)



Sign-up today for St. Benedict's annual **Thanksgiving Day Dinner** – 1pm Thursday.



**Spruce up the Church** workday for Altar Guild and other volunteers to prepare for the holiday season, from 9am this Saturday. RSVP to Sarah for lunch following.



Our turn serving at **Peoples' Kitchen** will be Saturday December 7<sup>th</sup>. Watch for sign ups in the Great Room.



First Saturday Series: **Meditation for Life**, with Nita Kenyon. December 7<sup>th</sup>, from 9:30 am.

### Bishop Consecration

Information regarding the Ordination/Consecration of Lucinda Ashby as our new Bishop on January 11th is now available in a special new section of the diocesan website:

<https://www.realepiscopal.org/bishop-consecration/>

This site provides you with links to sites for tickets for the service and special invited events. You can also sign up to participate as a volunteer in the service or at one of the events.

The service will take place at Saint Andrew's Episcopal Church in Saratoga, but there will be a viewing party in SLO so that you can watch and celebrate the service locally.



On the last Sunday of each month, (like today) the loose plate offering is designated to the **Rector's Discretionary Fund**, to help those in the parish or the wider community in need of emergency assistance. Or write checks to St Ben's with "RDF" in the memo line. *Thank you!*

**Long-term Prayer List** Please continue to pray for St. Benedict's members, our family and friends, and those who have asked for our prayers: John Cribb, JW, Rachel Espinosa, Donna Ross, Emily Young, Pat Henry, June Wright, Ron & Charlene Morse, Liz & Kate Maruska, Karin Cake, Sally Franklin, Larry Swafford, Barbara & Steve Hirahara and family, and Louisa Beeler. Barbara Atwell, Payton Chesebro, Jim Flippen, Erin Hayes, Cindy Hellman, Judy Lewis, Joe Perry, Susan Relva, Bob Schwenk, Paula Schultze, Curt Shuman, Tina Simmer, Angela Walker, Bill West, Merritt Greenwood, Turner Esmonde, Jun Gilman, Sandi, Sharon Carter, Edén Martinez, and Les Christiansen. And Linda Evans and her family and friends: Israel, Melinda, Josiah, Brian, Jennifer, Crystal, Jessica, Lisa, Patrick, Jessie, Jason, Jim, Joyce, Lilly, Jack, Lincoln, Alex, and Gabby. (To add or remove names from this list, contact church office.)

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Stef Shuman; Chalice Bearer: Jerry Walton;

Lectors: John Horsley & Jane Wu; Ushers: Ron Thompson & Maureen Titus;

Greeters: Joan Hayes, *pre* & Stef Shuman, *post*; Altar Guild: Lisa Gonzalez; Flowers: Brian Spolarich;

Coffee Hour Hosts: Barbara Schippers & Laura Thompson; Tellers: Lorienne Schwenk & Stef Shuman;

Intercessory Prayer Team: Jill Denton; Children's Bible Time: Pamela Bleisch Strawn; Musician: Ann Lucas

**Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**CHILDREN'S CHAPEL** – Sundays during the 10:30 service.

**COMMUNITY DINNER** – Providing and serving food at SBCC, on 1<sup>st</sup> Thursday of odd-numbered months, in conjunction with Los Osos Cares.

**EARTHCARE** – 3<sup>rd</sup> Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – A time for prayers for healing at the 10:30 service on 5<sup>th</sup> Sundays.

**HOLLISTER INSTITUTE** – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1<sup>st</sup> & 3<sup>rd</sup> **Tuesdays**, 2pm.

**LAUNDRY LOVE** - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

**MEN'S BREAKFAST** – Morning social gathering, 2<sup>nd</sup> Saturdays 9am at Budget Café, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning family worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room at 9:30.

**PEOPLE'S KITCHEN** – Providing and serving lunch at 40 Prado, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** – On the 1<sup>st</sup> Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** – Evening Eucharist on 2<sup>nd</sup> Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3<sup>rd</sup> Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Lorienne Schwenk, Deb Garza,  
Susan Miller, Steve Hirahara, Jane Wu

Dear SLO Deanery,

Please join us at St. Stephen's, SLO, on Sunday, December 8<sup>th</sup>, at 3pm for a festival Advent Lessons & Carols service.

The service will be a fundraiser for the SLO deanery's Canterbury Shire Campus Ministry, and will feature (we are hoping!) jazz musicians from the Cal Poly Music Department, under the direction of Arthur White. We are still finalizing those plans, but wanted to get notice about the event out to you in time for your December plans!

We know that some deanery parishes are having their own Lessons & Carols service this year, but please consider joining us for this one as well if you are able, especially if you wish to support or make a donation to Canterbury. We have modified the length of the service to keep it to about an hour, and in addition to student participation, there will be a festive reception following the service!

So come one, come all, and enjoy some musical, liturgical, and culinary treats and delights this Advent, and support campus ministry in the process!

**Blessings and Peace,**  
Chaplain Berkeley & the SLO Canterbury Foundation Board



S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Sundays:

Contemplative Communion 8a (except 1st Sun)

Bible study 920a

Holy Eucharist with Music 1030a

Weekly Events:

**Mondays:** Rector's Sabbath

**Tuesdays:** Vespers 530p + Potluck 615p

**Wednesdays:** EFM 415p, Choir Rehearsal 7p

Children's Programs

Messy Church at 930 on 2<sup>nd</sup> & 4<sup>th</sup> Sundays

Children's Bible Time during Sunday 1030 service

**DECEMBER 2019 HIGHLIGHTS AT ST. BENEDICT'S**

1 – First Sunday of Advent

3 – Intercessory Prayer Circle, 2p

7 – First Saturday Series: Meditation for Life, 930a

7 – Peoples' Kitchen, 40 Prado, 12p

14 – Men's Breakfast Group, Budget Café, SLO, 9a

14 – Saturday Evening Eucharist, 530p

15 – Christmas Concert, 3p

17 – Intercessory Prayer Circle, 2p

18 – EarthCare Meeting, 230p

18 – Laundry Love at Osos Clean Laundry, 5p

19 – Parish Council Meeting, 630p

22 – Blue Christmas, 630p

24 – Carols around the Crèche, 430p

24 – Festival Eucharist, 8p (Carol singing starts 745p)

25 – Christmas Day Eucharist, 10a (followed by Brunch)

26 – Los Osos Community Christmas Dinner, SBCC, 5p

31 – Vespers of the New Year, 5p

**DECEMBER CELEBRATIONS** (If your December birthday or anniversary isn't listed, please contact the church office)

**Birthdays** 🎂

**Wedding Anniversaries** ⚭

**Ordination Anniversaries** ✝️

3 Dec – Steve Cake 🎂

5 Dec – Suzan Vaughn 🎂

5 Dec – Barbara Schippers 🎂

5 Dec – Jerry Walton 🎂

5 Dec – John + Diana Hammerlund ⚭

6 Dec – Bob Pelfrey 🎂

6 Dec – Susan Plucker ✝️

16 Dec – Jane Wu 🎂

17 Dec – Sarah + David Chesebro ⚭

19 Dec – Kate Maruska 🎂

19 Dec – Carol Brubaker Walton 🎂

20 Dec – Donna Ross 🎂

25 Dec – Jim Malone 🎂

28 Dec – Jim + Roz Malone ⚭

28 Dec – Louisa Beeler 🎂

30 Dec – Jack Senter 🎂

St. Benedict's Episcopal Church – 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Keeping in Touch during the Week – Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; or

The Rev. Susan Plucker (530)263-8540 Call Celeste Pennington with pastoral care needs: (805)771-8974

Contact Stef Shuman with content for the Ben Weekly [stefshuman@sbcglobal.net](mailto:stefshuman@sbcglobal.net)

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