

# Benediction Weekly

October 27, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



## All Saints' Day next Sunday

The deadline for submitting names or photos for the memorial remembrance is **Wednesday, Oct 30<sup>th</sup>**. Please send their names to Stef ([stefshuman@sbcglobal.net](mailto:stefshuman@sbcglobal.net)) and send digital photos to [office@stbenslososos.org](mailto:office@stbenslososos.org) or leave a photo on the office desk with their names and yours.

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

8:00 am – Contemplative Communion Service

9:20 am – Bible study

9:30 am – Messy Church family worship

10:30 am – Holy Eucharist with music

**Monday, Oct 28** RECTOR'S SABBATH

**Tuesday, Oct 29**

5:30 pm – Vespers, followed by potluck

**Wednesday, Oct 30**

5:00 pm – Laundry Love at Osos Clean Laundry

7:00 pm – Choir Rehearsal

**Saturday, Nov 2**

9:30a m – First Saturday: An Introduction to Bede Griffiths, Benedictine Yogi

**Sunday, Nov 3** ALL SAINTS' DAY

NO 8 am Service

9:20 am – Bible study

10:30 am – Holy Eucharist with music, followed by potluck lunch:

**A-G** Salad & bread; **H-R** Main dish; **S-Z** Dessert

Don't forget to donate items to 40PRADO  
(See suggested items list at usher's station)



### The Spookiness continues with the Central Coast Readers' Theatre November 10



Please join the Central Coast Readers' Theatre in an afternoon of poetic unease as the players perform **Poe Unplugged: A Post Halloween Visit to the Dark Side**. Directed by Jonnie Pat Mobley, the readers will present the musings and rants of the important American poet Edgar Allen Poe, who was one of the first writers of the Romantic era. The event is Sunday, November 10, at 3 pm, at St Ben's. Suggested donation is \$10.

### Time Change Next Sunday Turn clocks back



### The Rector will be away November 1-13

*In her absence, contact any of the clergy for spiritual counsel; either of the wardens, Pamela or Michael, for parish business; Celeste for pastoral care needs; or Stef for scheduling questions.*



**The Rector's Discretionary Fund** has been depleted by recent major emergency expenditures, and has had to turn away requests for help. Please help build it back up, by check with "RDF" in the memo, or by cash in the offertory plate this morning. *Thank you!*

**Long-term Prayer List** Please continue to pray for St. Benedict's members, our family and friends, and those who have asked for our prayers: JW, Rachel Espinosa, Donna Ross, Emily Young, Pat Henry, June Wright, Ron & Charlene Morse, Liz & Kate Maruska, Karin Cake, Sally Franklin, Larry Swafford, Barbara & Steve Hirahara and family, and Louisa Beeler. Barbara Atwell, Payton Chesebro, Jim Flippen, Erin Hayes, Cindy Hellman, Judy Lewis, Joe Perry, Susan Relva, Bob Schwenk, Paula Schultze, Curt Shuman, Tina Simmer, Angela Walker, Bill West, Merritt Greenwood, Turner Esmonde, Jun Gilman, Sandi, Sharon Carter, Edén Martinez, and Les Christiansen. And Linda Evans and her family and friends: Israel, Melinda, Josiah, Brian, Jennifer, Crystal, Jessica, Lisa, Patrick, Jessie, Jason, Jim, Joyce, Lilly, Jack, Lincoln, Alex, and Gabby. (To add or remove names from this list, contact church office.)

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Concelebrant: The Rev. Mike Eggleston;  
Preacher: The Rev. Carol Brubaker Walton; Eucharistic Minister: Brian Spolarich; Chalice Bearer: Alan Kiste;  
Lectors: Ann Lucas & Lorianne Schwenk; Ushers: Michael Lucas & Esta Kandarian;  
Greeters: Connie Weldon, *pre* & Brian Spolarich, *post*; Altar Guild: Sarah Chesebro & Lorianne Schwenk;  
Flowers: Sarah Chesebro; Coffee Hour Host: Anne Kanter; Tellers: Dianne Long & Stef Shuman;  
Intercessory Prayer Team: Louisa Beeler; Cantor: Lorianne Schwenk; Musician: Ann Lucas

**Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**CHILDREN'S CHAPEL** – Sundays during the 10:30 service.

**COMMUNITY DINNER** – Providing and serving food at SBCC, on 1<sup>st</sup> Thursday of odd-numbered months, in conjunction with Los Osos Cares.

**EARTHCARE** – 3<sup>rd</sup> Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – A time for prayers for healing at the 10:30 service on 5<sup>th</sup> Sundays.

**HOLLISTER INSTITUTE** – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays, 2pm.

**LAUNDRY LOVE** - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

**MEN'S BREAKFAST** – Morning social gathering, 2<sup>nd</sup> Saturdays 9am at Budget Café, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning family worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room at 9:30.

**PEOPLE'S KITCHEN** – Providing and serving lunch at 40 Prado, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** – On the 1<sup>st</sup> Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** – Evening Eucharist on 2<sup>nd</sup> Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3<sup>rd</sup> Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Lorienne Schwenk, Deb Garza,  
Susan Miller, Steve Hirahara, Jane Wu

**First Saturday: An Introduction to Bede Griffiths, Benedictine Yogi**

November 2<sup>nd</sup>, 9:30am-11:30pm at St. Ben's

Bede Griffiths (1903-1993), was a remarkable Christian who lived in South India for nearly 50 years. Griffiths sought the divine presence in a personal journey that began at Oxford University, continued to ordination as a Benedictine monk, and ended at an ashram in the Tamil region, where he spent nearly 50 years developing an interfaith dialogue between Christianity and Hinduism. Griffiths was a major spiritual leader in the Indian Christian Ashram movement which sought to reconcile the two faiths. For Griffiths, Western science, Eastern mysticism, and Christian faith were totally compatible. Please join Jerry Walton M.S.; M. Div. for a documentary film followed by an introduction to Bede's writings to explore this important contribution to Christian thought and practice.



Weather permitting, Lorienne Schwenk is planning another drive to the New Camaldoli Hermitage in Big Sur on Tuesday November 12. Anyone wishing to come along should contact her at [purrabythesea@gmail.com](mailto:purrabythesea@gmail.com) or 805-200-7908.

**ADDRESS CHANGE:**

JW is now at CRC in Norco (Riverside County)

**J Wright BJ3303  
CRC, Building 217, 52 Low  
PO Box 3535  
Norco, CA 92860**

*Do not put your return address on the outside of the envelope*



**“A Call to Pilgrimage,”** the 39<sup>th</sup>

Convention of the Diocese of ECR, will take place this Friday and Saturday in Salinas. St. Benedict's will be represented by Rev. Caro, John Cribb, Lisa Gonzalez, and Lorienne Schwenk. Please keep our delegates and the work of the convention in your prayers.

**NOVEMBER 2019**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sundays:

**Contemplative Communion 8a** (except 1<sup>st</sup> Sun)

**Bible study 920a**

**Holy Eucharist with Music 1030a**

Weekly Events:

**Mondays: Rector's Sabbath**

**Tuesdays: Vespers 530p + Potluck 615p**

**Wednesdays: EFM 415p, Choir Rehearsal 7p**

Children's Programs

**Messy Church** at 930 on 2<sup>nd</sup> & 4<sup>th</sup> Sundays

**Children's Bible Time** during Sunday 1030 service

**NOVEMBER HIGHLIGHTS AT ST. BENEDICT'S**

- 1-2 Diocesan Convention, Salinas
- 2 - First Saturday: Bede Griffiths, Benedictine Yogi , 930a
- 3 - All Saints' Day Eucharist Service 1030a, followed by Potluck Lunch
- 5 - Intercessory Prayer Circle, 2p
- 7 - Los Osos Community Dinner, SBCC, 5p
- 9 - Men's Breakfast Group, Budget Café, SLO, 9a
- 9 - Saturday Evening Eucharist, 530p
- 10 - Pledge Ingathering Sunday
- 10 - Readers' Theatre: *Poe Unplugged*, 3p
- 17 - Parish Council Mtg, 1230p
- 19 - Intercessory Prayer Circle, 2p
- 19 - Open Conversations: Prayer & Prayer Ministries, 715p
- 20 - EarthCare Meeting, 230p
- 27 - Laundry Love at Osos Clean Laundry, 5p
- 28 - Thanksgiving Dinner, St. Ben's, 1p
- 28 - Los Osos Community Thanksgiving Dinner, SBCC, 5p

**NOVEMBER Birthdays 🍰 and Anniversaries ☪**

2 Nov - Pamela Bleisch 🍰

6 Nov - Maureen Titus 🍰

23 Nov - Maria Kelly 🍰

4 Nov - Janelle LaFond 🍰

8 Nov - Jean Senter 🍰

23 Nov - Pat Stoneman 🍰

5 Nov - Steve + Barbara Hirahara ☪

17 Nov - Alan Kiste 🍰

27 Nov - John Hammerlund 🍰

*(If your November birthday or anniversary isn't listed, please contact the church office)*

**St. Benedict's Episcopal Church – 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412**

Keeping in Touch during the Week – Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Susan Plucker (530)263-8540

Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974

Church Office: [office@stbenslososos.org](mailto:office@stbenslososos.org) Telephone: (805)528-0654 [www.stbenslososos.org](http://www.stbenslososos.org)