

# Benediction Weekly

## October 20, 2019

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



## Earthcare Retreat this Saturday

You are invited to join in a conversation about St. Benedict's and creation care on Saturday, October 26. This will be a retreat format with time for reflection, conversation, listening, and planning. It is open for all church members and friends with a heart for the environment and concern about making a difference while we still can. Led by Caro+ and Fr. Barry. 10am - 2:30pm. A light lunch will be served.

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

8:00 am – Contemplative Communion Service  
9:20 am – Bible study  
10:30 am – Holy Eucharist with music  
12:15 pm – Parish Council Meeting

**Monday, Oct 21** RECTOR'S SABBATH

#### Tuesday, Oct 22

5:30 pm – Vespers, followed by potluck

#### Wednesday, Oct 23

7:00 pm – Choir Rehearsal

#### Thursday, Oct 24

3:00 pm – Healing Ministry Meeting  
6:00 pm – Celebration of New Ministry – J. Arnold  
At Bethel Lutheran, Templeton

#### Saturday, Oct 26

10:00am-3:00 pm – Earthcare Retreat

#### Sunday, Oct 27

8:00 am – Contemplative Communion Service  
9:20 am – Bible study  
9:30 am – Messy Church family worship  
10:30 am – Holy Eucharist with music



## Saint Benedict's Day

Today we honor **Benedict of Nursia**, our patron saint, who is known for his establishment of monastic communities in 6<sup>th</sup> century Italy centered on living a life of work and prayer, balanced by moderation compassion and mercy.

His **Rule of St. Benedict**, written to show how to live this balanced life, is still used today to inspire Christians' spiritual journey.

**Yellow** is the liturgical color we use on Saint Benedict's Day because, in the Sarum Rite (Salisbury) tradition, it is used to commemorate an Abbot or Confessor.

**St. Benedict's Church in Los Osos** was established in July 1987 as a Bishop's Congregation of the Diocese of El Camino Real.

## All Saints' Day Necrology

St. Benedict's will be observing All Saints' Day on Sunday, November 3<sup>rd</sup>. In church tradition, names of parishioners and loved ones who have died are read as part of the Eucharist that day. If you would like someone remembered, please give their **names** to Stef ([stefshuman@sbcglobal.net](mailto:stefshuman@sbcglobal.net)) for inclusion in the bulletin by Wednesday, Oct 30<sup>th</sup>. To have their **photos** included in the remembrance, please send digital files to [office@stbenslososos.org](mailto:office@stbenslososos.org) or leave a photo on the office desk with their names and yours.

**The Rector will be away** beginning November 1<sup>st</sup>, first attending Diocesan Convention on Nov 1<sup>st</sup> and 2<sup>nd</sup>, and then she will be beginning her vacation from the 3<sup>rd</sup> through the 13<sup>th</sup>. In her absence, contact any of the clergy for spiritual counsel; either of the wardens, Pamela Bleisch or Michael Lucas, for parish business; or Celeste Pennington for pastoral care needs. Stef Shuman can help with scheduling questions and some administrative matters.



### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Jerry Walton; Chalice Bearer: Esta Kandarian;  
Lectors: Carol Brubaker Walton & Alan Kiste; Ushers: Alan Kiste & Brian Spolarich;  
Greeters: Joan Hayes, *pre* & Jerry Walton, *post*; Altar Guild: Sarah Chesebro & Elaine Beckham;  
Flowers: Brian Spolarich; Coffee Hour Hosts: the family of Emily Young, with Barbara Schippers & Julie Bailey;  
Tellers: Judy Schloss & Lorraine Schwenk; Intercessory Prayer Team: Louisa Beeler;  
Cantor: Lorraine Schwenk; Music Director: John Cribb **Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**CHILDREN'S CHAPEL** – Sundays during the 10:30 service.

**COMMUNITY DINNER** – Providing and serving food at SBCC, on 1<sup>st</sup> Thursday of odd-numbered months, in conjunction with Los Osos Cares.

**EARTHCARE** – 3<sup>rd</sup> Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – A time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1st & 3rd Wednesdays, 2pm.

**LAUNDRY LOVE** - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

**MEN'S BREAKFAST** – Morning social gathering, 2nd Saturdays 9am at Budget Cafe, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning family worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room at 9:30.

**PEOPLE'S KITCHEN** – Providing and serving lunch at 40 Prado, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** – On the 1st Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** – Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Lorienne Schwenk, Deb Garza,  
Susan Miller, Steve Hirahara, Jane Wu



**The Safe Parking Program** hosted by Los Osos Cares will begin tomorrow night at the Los Osos Library. This program authorizes people who live in their vehicles to park overnight at the library parking lot from 9pm to 7am. Volunteers monitor the arrivals in the evening, seeing that the lot is ready for our guests and then checking in the participants, making sure they have the required permits and that they are parking in the designated spaces. In the morning, volunteers check to see that the guests have left by 7am and that the lot is empty, all trash has been picked up, and the porta-potty has been cleaned. We still need evening monitors for some slots, and could use extra morning monitors, as back-ups. See Caro.

**First Saturday Series:  
An Introduction to Bede Griffiths, Benedictine Yogi**  
*November 2<sup>nd</sup>, 9:30am-12:30pm at St. Ben's*

Bede Griffiths (1903-1993), was a remarkable Christian who lived in South India for nearly 50 years. Griffiths sought the divine presence in a personal journey that began at Oxford University, continued to ordination as a Benedictine monk, and ended at an ashram in the Tamil region, where he spent nearly 50 years developing an interfaith dialogue between Christianity and Hinduism. Griffiths was a major spiritual leader in the Indian Christian Ashram movement which sought to reconcile the two faiths. He utilized the theory of integral thought, developed in the early 1970's, that places seemingly separate paradigms into an interconnected whole. For Griffiths, Western science, Eastern mysticism, and Christian faith were totally compatible.

Please join Jerry Walton M.S.; M. Div. for a documentary film followed by an introduction to Bede's writings to explore this important contribution to Christian thought and practice.

**Special Appeal to Honor  
Bishop Mary & Bishop-Elect Lucinda**

This is an important time for our Diocese as we prepare for the consecration of Bishop Elect Lucinda Ashby on January 11 and the celebration of Bishop Mary Gray-Reeves' ministry with us. With this comes a special opportunity for all of the members of our diocese to honor the office of the Bishop by contributing to the gifts that are part of these celebrations. For this purpose during the month of October, the Standing Committee is conducting a \$20,000 special appeal for a departure gift for Bishop Mary (money toward a trip to Egypt with her daughter, Katie) and the vestments for Bishop Elect Lucinda's consecration. We have received kick-off gifts from some generous donors in our diocese, so that every gift that is made in the month of October will be matched 3:1 up to \$5,000. Every member of the Standing Committee has committed to this appeal and we hope that there will be broad participation from across our diocese so that these gifts will be from us all. All contributions can be made at (<https://www.realepiscopal.org/donate/>) or by sending checks to the diocese made out to EDECR (Bishops' Transition Gifts in the memo) P. O. Box 689, Salinas CA 93902 Attn: Rev. Lisa Bennett.

**Celebration of a New Ministry**

On Thursday, October 24<sup>th</sup> at 6pm, there will be a celebration of new ministry in Northern San Luis Obispo County. St. Luke's and St. James' congregations will be formally welcoming Deacon Jim Arnold into their midst. This will also mark the intentional beginning of discerning a renewed vital presence of the Episcopal Church in North County.

Bishop-elect Lucinda Ashby will preside and preach at this service which will be held at Bethel Lutheran Church, 295 Old Country Road, in Templeton.



**St. Benedict's Episcopal Church – 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412**  
**Keeping in Touch during the Week – Contact any of the clergy for counsel & spiritual care:**  
**The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Susan Plucker (530)263-8540**  
**Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974**  
**Church Office: [office@stbenslosos.org](mailto:office@stbenslosos.org) Telephone: (805)528-0654 [www.stbenslosos.org](http://www.stbenslosos.org)**