

# Benediction Weekly

## September 15, 2019

The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.



**Celebrate all life**

### TODAY IS FAUNA SUNDAY

Throughout September St. Benedict's is concentrating on a different aspect of the natural world. Today we celebrate all living creatures as we express our kinship with the animal world. We are, in fact, a family of fauna—both biologically and spiritually. The creatures of Earth are our kin. We have all emerged from Earth and return to Earth. All living things are animated by the very breath/spirit of God. With deep gratitude we rejoice in this precious gift from God.

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible study
- 10:30 am – Children's Chapel
- 10:30 am – Holy Eucharist with music
- 12:15 pm – Parish Council Meeting

#### Monday, Sep 16 RECTOR'S SABBATH

- 6:30 pm – Active Hope study group

#### Tuesday, Sep 17

- 5:30 pm – Vespers, followed by potluck
- 7:15 pm – Open Conversations: Bible & EFM

#### Wednesday, Sep 18

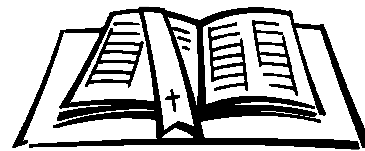
- 10:00 am – Intercessory Prayer Circle
- 2:30 pm – EarthCare meeting
- 4:15 pm – Education for Ministry
- 7:00 pm – Choir Rehearsal

#### Saturday, Sep 21

- 9:00 am – ECOSLO Creeks to Coast cleanup day

#### Sunday, Sep 22 STORM SUNDAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible study
- 9:30 am – Messy Church family worship
- 10:30 am – Holy Eucharist with music
- 2:00 pm – SLO Deanery – St. Luke's Atascadero



### Open Conversations – Concerning the Bible, Bible Study, and EFM

Tuesday, September 17<sup>th</sup> 7:15-8:30pm

Are there things you're curious about - questions you've always wanted to ask but not had the opportunity? **Open Conversations**, our new informal monthly gathering, focuses on a topic that relates to what it means to be part of the Jesus Movement in the Episcopal tradition, and specifically how we understand and live it out at St. Benedict's.

This Tuesday night we'll discuss what we understand about the **Bible**, where we can learn more, and how to go deeper.

We'll meet at 7:15 after the pot-luck which starts about 6:15 after vespers which starts at 5:30.

*Join us for any or all of it!*

### Time to Renew Ralph's & Food4Less Community Cards

Ralph's and Food4Less require annual re-registration in their community rewards programs which enable St. Benedict's to receive a small percentage of every dollar spent.

Log-on to [www.ralphs.com](http://www.ralphs.com) (or create an account if you are not already registered.) Enroll in the Community Rewards program, using St. Benedict's organization number **#HV013**.



Register your Food4Less card in the same way at [www.food4less.com](http://www.food4less.com). Our organization number with them is **#DH925**.

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Lorie Schwenk;  
Chalice Bearer: John Horsley; Lector: Ann Lucas; Ushers: Michael Lucas & Steve Hirahara;  
Greeters: Joan Hayes, *pre* & Lorie Schwenk, *post*; Altar Guild: Sarah Chesebro;  
Coffee Hour Hosts: Alice Welchert & Pat Stoneman; Tellers: Stef Shuman & Bryson McKelvey;  
Prayer Team Member: Helen Schnieders; Music Director: John Cribb **Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**CHILDREN'S CHAPEL** – Sundays during the 10:30 service.

**COMMUNITY DINNER** – Providing and serving food at SBCC, on 1<sup>st</sup> Thursday of odd-numbered months, in conjunction with Los Osos Cares.

**EARTHCARE** – 3<sup>rd</sup> Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – A time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**LAUNDRY LOVE** - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

**MEN'S BREAKFAST** – Morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning family worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room at 9:30.

**PEOPLE'S KITCHEN** – Providing and serving lunch at 40 Prado, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** – On the 1<sup>st</sup> Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** – Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Lorienne Schwenk, Deb Garza,  
Susan Miller, Steve Hirahara, Jane Wu

# Coming Soon!

## Creeks to Coast Clean Up

Saturday, September 21, 9am – 12pm

EcoSLO's annual clean up day. St. Ben's will field a team to help clean up an area of the beach near the Baywood Pier. Contact Caro+ for details or to volunteer.

## Hunger Walk

Saturday, September 28, 9am – 11am

Trinity United Methodist Church is holding a sponsored Hunger Walk. This will be a pleasant walk around Baywood Park, starting at Crizer Construction at 9am. Team members can donate the money they raise to provide food for local families served by Trinity's food program, People Helping People of Los Osos Cares. Envelopes to collect donations and a signup list is available near the church entryway.

## End of Summer Bash- Music & BBQ

Sunday, September 29, 3:30pm – 6:00pm

Jenna and the Funky Fellas, a high energy group of MBHS students, will provide the music at this free concert/dance at St. Benedict's. BBQ available for \$15 eat-in or take-out. No-host bar.

## SLO Deanery St. Francis Evensong

Wednesday, October 2, 7pm – 8pm

Special Evensong service at St. Ben's with a combined choir from several of the churches in SLO Deanery, in celebration of St. Francis' Day.

## Blessing of the Animals - two locations

Sunday, October 6, 3:00pm and 4:00pm

In celebration of St. Francis' Day, we will be blessing dogs, cats, and other well-controlled animals at the lawn in front of the South Bay Community Center at 3pm, and at the parking lot by the Middle School field at 4pm.

## First Saturday Series: Landscapes of Grace

Saturday, October 5, 9:30am – 12:30pm

Jesus said: "Come, follow me." My invitation for this first Saturday morning in October is: Come, journey with me and discover glimpses of the mountain, the wilderness, the garden and the road of our four gospels. The material presented will be an introduction and brief overview to the work of Alexander Shaia with whom I was present for several years as he was preparing to first publish his first book, The Hidden Power of the Gospels; Four Questions, Four Paths, One Journey. Dr. Shaia's approach to the gospels as four spiritual movements within our spiritual journeys can help us to read, study, pray and incorporate into our lives the awesome gifts of the scriptural foundation of our faith. Bring yourself and a spirit of openness. No hiking shoes or special gear required. Presented by The Rev. Susan Plucker.

**St. Benedict's Episcopal Church – 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412**

**Keeping in Touch during the Week – Contact any of the clergy for counsel & spiritual care:**

**The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Susan Plucker (530)263-8540**

**Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974**

**Church Office Hours Tuesday through Thursday 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:**

**[office@stbenslososos.org](mailto:office@stbenslososos.org) Telephone: (805)528-0654 [www.stbenslososos.org](http://www.stbenslososos.org)**