

# Benediction Weekly

## September 1, 2019

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



### *Los Osos Community Dinner*

this Thursday, September 5<sup>th</sup> beginning at 5pm  
at the South Bay Community Center  
Please sign-up to provide food or to serve.

#### **This Week at St. Benedict's**

(at the church unless otherwise specified)

##### **TODAY**

9:20 am – Bible study  
10:30 am – Children's Chapel  
10:30 am – Holy Eucharist with Healing Service

##### **Monday, Sep 2 RECTOR'S SABBATH**

6:30 pm – Active Hope study group

##### **Tuesday, Sep 3**

5:30 pm – Vespers, followed by potluck

##### **Wednesday, Sep 4**

10:00 am – Intercessory Prayer Circle  
4:15 pm – Education for Ministry  
7:00 pm – Choir Rehearsal

##### **Thursday, Sep 5**

5:00 pm – Los Osos Community Dinner, SBCC

##### **Saturday, Sep 7**

1<sup>st</sup> Saturday series: "Walking with God in Creation"  
9:30 am at Montana de Oro's Spooner's Cove  
or carpool from the church at 9:00

##### **Sunday, Sep 8 OCEAN SUNDAY**

8:00 am – Contemplative Communion Service  
9:20 am – Bible study  
9:30 am – Messy Church family worship  
10:30 am – Holy Eucharist with music

#### **Season of Creation**

Starting next week, St. Benedict's will be celebrating the Season of Creation with special themed liturgies and sermons at the 10:30 service:

*September 8 – Ocean Sunday*

*September 15 – Fauna Sunday*

*September 22 – Storm Sunday*

*September 29 – Cosmos Sunday* [Bishop's Visitation]

Then in October, we will honor St. Francis of Assisi:

*October 2 – SLO Deanery St Francis Evensong*

*October 6 – St. Francis Day Observed*

*+ Blessing of Animals*

#### ***Walking with God in Creation***

Saturday, September 7<sup>th</sup> - Treat yourself to a morning of connecting with Creation and Christ. We will start at Spooner's Cove at 9:30 (carpool from St Benedict's at 9). After simple instruction, we will enjoy a meditation walk in silence, allowing ourselves to experience our oneness with the planet. Then we'll go up to the bluffs and take a gentle walk along the cliffs. This path is even and relatively flat. Then it's back to church for refreshments and a short time of reflection and meditation. We'll be done by 12:30. Led by Fr. Barry and Rev. Caro. RSVP to church office.

#### **Long-term Prayer List**

Please pray for St. Benedict's members, our family and friends, and those who have asked for our prayers:

JW, Rachel Espinosa, Donna Ross, Emily Young, Pat Henry, June Wright, Ron & Charlene Morse, Liz & Kate Maruska, Karin Cake, Sally Franklin, Larry Swafford, Barbara & Steve Hirahara and the Hirahara family, and Louisa Beeler.

Barbara Atwell, Payton Chesebro, Jim Flippen, Erin Hayes, Cindy Hellman, Judy Lewis, Joe Perry, Susan Relva, Bob Schwenk, Paula Schultze, Curt Shuman, Tina Simmer, Angela Walker, Bill West, Merritt Greenwood, Turner Esmonde, Jun Gilman, Sandi, Sharon Carter, and Edén Martinez.

And Linda Evans and her family and friends: Israel, Melinda, Josiah, Brian, Jennifer, Crystal, Jessica, Lisa, Patrick, Jessie, Jason, Jim, Joyce, Lilly, Jack, Lincoln, Alex, and Gabby.

#### **Serving God and the People of St. Benedict's this Week:**

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Berkeley Johnson; Chalice Bearer: Jerry Walton;  
Lectors: Lisa Gonzalez & John Horsley; Ushers: Lisa Gonzalez & Maureen Titus;  
Greeter: Carol Brubaker Walton & Berkeley Johnson; Flowers: Sharon Porter; Altar Guild: Lorianne Schwenk;  
Potluck Hosts: Pat Henry, Suzan Vaughn & Judy Schloss; Tellers: Judith Cadigan & Rachel Espinosa;  
Music Director: John Cribb ***Thank you for your service!***



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**CHILDREN'S CHAPEL** – Sundays during the 10:30 service.

**COMMUNITY DINNER** – Providing and serving food at SBCC, on 1<sup>st</sup> Thursday of odd-numbered months, in conjunction with Los Osos Cares.

**EARTHCARE** – 3<sup>rd</sup> Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – A time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**LAUNDRY LOVE** - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

**MEN'S BREAKFAST** – Morning social gathering, 2nd Saturdays 9am at Budget Café, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning family worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room at 9:30.

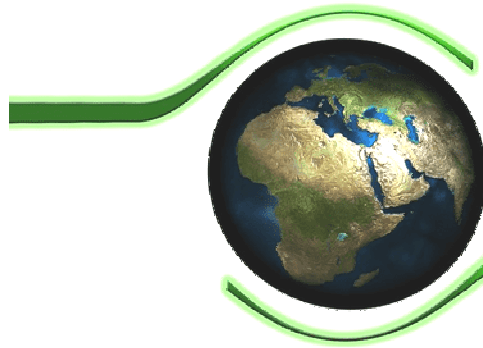
**PEOPLE'S KITCHEN** – Providing and serving lunch at 40 Prado, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** – On the 1<sup>st</sup> Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** – Evening Eucharist on 2nd Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Lorienne Schwenk, Deb Garza,  
Lynn Wise, Steve Hirahara, Jane Wu.



**People of Faith for  
Justice  
presents**

**We are delighted to be welcoming the Rev. Margaret Bullitt-Jonas to the Central coast.**

Sponsored by St Benedict's Earthcare and People of Faith for Justice, she is spending ten days meeting and training people of faith in this area. In addition to three events in the San Luis Obispo area, Margaret will be speaking in Santa Barbara, Cupertino and offering a retreat for clergy and a one-day conference in Salinas.

The Rev. Dr. Margaret Bullitt-Jonas, an Episcopal priest, retreat leader, author, and climate activist. After 25 years in parish ministry, Margaret now serves both the Episcopal Diocese of Western Massachusetts and Massachusetts Conference, United Church of Christ, as Missioner for Creation Care. Read her blog at: [www.RevivingCreation.org](http://www.RevivingCreation.org)

Please spread the word and join us for the following sessions:

**Earth Care, Soul Care: Reflecting Together**  
**Tuesday, September 10, 7:15pm at St. Benedict's**

How can caring for the Earth become a spiritual practice that deepens our relationship with the Sacred? The Rev. Dr. Margaret Bullitt-Jonas will reflect on the local and worldwide movement to address climate change and how working to restore the web of life can help to heal our soul. (A similar presentation will be made at noon that day at Bethel Lutheran in Templeton as part of the PFJ brown bag lunch series.)

**Healing the Earth, Healing Ourselves: Stepping into the Great Work**  
**Wednesday, September 11, 10:00am-2:30pm at UCC of SLO 11245 LOVR**

The ecological challenges of our time, including species extinction and climate change, cry out for decisive action. They also call for deep inner work, as we explore how to sustain our energy and hope, and as we look deeply into what it means to be human. What evolution in consciousness is taking place in the human community, and how might we encourage it in ourselves and in each other? What obstacles get in the way of our becoming bold advocates for environmental justice and Creation care? What might set us free? Our gathering will include guided meditation, presentations, individual reflection, and small group sharing. Suggested donation: \$25 (includes a light lunch) Register at [office@stbenslosos.org](mailto:office@stbenslosos.org)

**An Opportunity for Which the Church Was Born – Diocesan Conference on the Stewardship of Climate Change, Sat., Sept 14, 9:30am-3:00pm at St. Paul's, Salinas**

An informative event that examines climate change and its impact. How can we best respond to the crisis facing life on the planet—our island home? Participants will receive information on the latest scientific understandings of the causes and effects of global warming, will explore how caring for the Earth is an integral part of living as the Jesus Movement, and will leave with practical tools to put their care into action. Together, we can do more as a body than any of us can do alone. \$25 registration includes lunch. Register online at [www.realepiscopal.org](http://www.realepiscopal.org)

**St. Benedict's Episcopal Church – 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412**

**Keeping in Touch during the Week – Contact any of the clergy for counsel & spiritual care:**

**The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Susan Plucker (530)263-8540**

**Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974**

**Church Office Hours Tuesday through Thursday 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:**

**[office@stbenslosos.org](mailto:office@stbenslosos.org) Telephone: (805)528-0654 [www.stbenslosos.org](http://www.stbenslosos.org)**