

# Benediction Weekly

## August 25, 2019

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



### Healing Service Next Sunday at 10:30

St. Benedict's customarily has a Healing Service on 5<sup>th</sup> Sundays, but we are having our healing serving on the first Sunday in September to avoid conflict with the Bishop's Visit on September 29<sup>th</sup>.  
*Next Sunday will also be our Potluck Sunday.*

### This Week at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

8:00 am – Contemplative Communion Service  
9:20 am – Bible study  
9:30 am – Messy Church family worship  
10:30 am – Holy Eucharist with music  
12:30 pm – Hollister Institute Information Meeting

#### Monday, Aug 26 RECTOR'S SABBATH

#### Tuesday, Aug 27

5:30 pm – Vespers, followed by potluck

#### Wednesday, Aug 28

4:15 pm – Education for Ministry  
5:00 pm – Laundry Love at Osos Clean Laundry  
7:00 pm – Choir Rehearsal

#### Sunday, Sep 1

NO 8 am Service  
9:20 am – Bible study  
10:30 am – Children's Chapel  
10:30 am – Holy Eucharist with Healing Service  
Followed by Potluck Lunch:

**A-G** Dessert; **H-R** Salad & bread; **S-Z** Main dish

### Season of Creation

Once every year, during the four Sundays of September that precede St Francis of Assisi Day (4 October) we join with churches around the world in celebrating a Season of Creation. This is an opportunity to bring the celebration of Earth fully into the orbit of Christian worship as a natural and integral part of the church year. During the Season of Creation, we rejoice in the good gift of creation and reflect on how we care for it.

St. Benedict's will be celebrating the Season of Creation with special themed liturgies and sermons at the 10:30 service:

*September 8 – Ocean Sunday*

*September 15 – Fauna Sunday*

*September 22 – Storm Sunday*

*September 29 – Cosmos Sunday* [Bishop's Visitation]

Then in October, we will honor St. Francis of Assisi:

*October 2 – SLO Deanery St Francis Evensong*

*October 6 – St. Francis Day Observed*

*+ Blessing of Animals*



**Cash put in the offertory plates this morning** will be designated for the Rector's Discretionary Fund to help those in need of emergency assistance. Or you may write a check to St. Benedict's with "RDF" in the memo line.



**Rev. Caro will be away this week.** In her absence, contact the wardens Pamela Bleisch or Michael Lucas for church business, parish administrator Laura DeLoye for administrative or scheduling issues, Celeste Pennington for pastoral care needs, or any of the clergy for spiritual counsel.



**Los Osos Community Dinner** is Thursday, September 4th 5pm at the SBCC. Please sign-up to provide food or to serve.



**Walking with God in Creation** - Saturday, September 7th - Treat yourself to a morning of connecting with Creation and Christ. We will start at Spooner's Cove at 9:30 (carpool from St Benedict's at 9). After simple instruction, we will enjoy a meditation walk in silence, allowing ourselves to experience our oneness with the planet. Then we'll go up to the bluffs and take a gentle walk along the cliffs. This path is even and relatively flat. Then it's back to church for refreshments and a short time of reflection and meditation. We'll be done by 12:30. Led by Fr. Barry and Rev. Caro.

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Lisa Gonzalez; Chalice Bearer: Esta Kandarian;  
Lectors: Carol Brubaker Walton & Jerry Walton; Ushers: Maureen Titus & Michael Lucas;  
Greeter: Steve Hirahara; Flowers: Lynn Wise; Altar Guild: Lisa Gonzalez & Elaine Beckham;  
Coffee Hour Hosts: Pat Henry, Suzan Vaughn & Judy Schloss; Intercessor: Lisa Gonzalez; Tellers: Bryson McKelvey & Diana Hammerlund; Music Director: John Cribb **Thank you for your service!**



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**CHILDREN'S CHAPEL** – Sundays during the 10:30 service.

**COMMUNITY DINNER** – Providing and serving food at SBCC, on 1<sup>st</sup> Thursday of odd-numbered months, in conjunction with Los Osos Cares.

**EARTHCARE** – 3<sup>rd</sup> Weds 2:30 pm. Discussion/action group seeking local solutions to environmental concerns.

**HEALING SERVICE** – A time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** – Varying programs of stimulating discussion and thoughtful exploration for everyone. See website.

**INTERCESSORY PRAYER CIRCLE** Prayers for the community and the world. 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays, 10am.

**LAUNDRY LOVE** - Helping low-income families with funds, soap, and friendly assistance at Osos Clean Laundry. 5-9pm on last Wednesdays.

**MEN'S BREAKFAST** – Morning social gathering, 2<sup>nd</sup> Saturdays 9am at Budget Café, 3121 S. Higuera SLO

**MESSY CHURCH** - Sunday morning family worship geared towards young children and busy families. 2<sup>nd</sup> & 4<sup>th</sup> Sundays in the Great Room at 9:30.

**PEOPLE'S KITCHEN** – Providing and serving lunch at 40 Prado, 1<sup>st</sup> Saturday of even-numbered months.

**POTLUCK AND PRADO** – On the 1<sup>st</sup> Sunday of each month donations to Prado Day Center are collected and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** – Evening Eucharist on 2<sup>nd</sup> Saturdays at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION** 5:30 pm Tuesdays. Vespers using varying liturgies, followed by potluck.

**VESTRY / PARISH COUNCIL**  
3<sup>rd</sup> Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Michael Lucas, *Jr. Warden*,  
Lisa Gonzalez, *Treasurer*,  
Diana Hammerlund, Alan Kiste,  
Lorienne Schwenk, Deb Garza,  
Lynn Wise, Steve Hirahara, Jane Wu.



# The Bishop is Coming!

**Bishop Mary Gray-Reeves** will be at St. Benedict's on *September 29<sup>th</sup>*  
This will be your last chance to be confirmed or received by Bishop Mary. Next time we have an official visitation it will be with Bishop-Elect Lucinda Ashby who will become our bishop on January 11, 2020. If you want to be confirmed (make an adult declaration of faith) or received into the Episcopal Church please let Caro+ know now as there is some preparation involved.

## **Bishop Mary's Celebration – dinner hosted by the SLO Deanery Friday, October 11th 6 – 9pm the SLO Masonic Lodge**

Limited seats are available. RSVP by September 15 to John Cribb: [johncribb@realtor.com](mailto:johncribb@realtor.com) (805) 235-6204. Tickets will be given for each reservation at no cost. This event is free but donations will be gratefully accepted. Please make donations payable to St. Benedict's with the notation: "Bishop's Celebration."

### SEPTEMBER 2019 HIGHLIGHTS AT ST. BENEDICT'S

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Sundays:

Contemplative Communion 8a (except 1st Sun)  
Bible study 920a  
Holy Eucharist with Music 1030a

Weekly Events:

**Mondays:** Rector's Sabbath  
**Tuesdays:** Vespers 530p + Potluck 615p  
**Wednesdays:** EFM 415p, Choir Rehearsal 7p

Children's Programs

Children's Chapel during Sunday 1030 service, alternates w/Messy Church at 930

- 1 - Healing Service 1030a, followed by Potluck Lunch 12p
- 2 - Active Hope book study, 530p
- 4 - Intercessory Prayer Circle, 10a
- 5 - Community Dinner at SBCC, 5p
- 7 - Walking with God in Creation at Spooner's Cove, 930a
- 10 - Earthcare, Soulcare w/Rev Margaret Bullitt-Jonas, 715p
- 11 - Healing the World, Healing Ourselves, at UCC SLO, 10a
- 12 - Diocesan Risk Management Training, at St James PR, 7p
- 14 - Diocesan Conference: Climate Change, Salinas 930a-3p
- 14 - Men's Breakfast at Budget Café, SLO, 9a
- 14 - G. Roger Bailey Guitar Scholarship Concert, 2p
- 14 - Saturday Evening Eucharist, 530p
- 15 - Parish Council Mtg, 1230p
- 16 - Active Hope book study, 530p
- 17 - Open Conversations: Bible Study + EFM, 715p
- 18 - Intercessory Prayer Circle, 10a
- 18 - EarthCare Meeting, 230p
- 22 - SLO Deanery Mtg - Diocesan budget, at St. Luke's, 2p
- 26 - Healing Ministry Meeting, 3p
- 25 - Laundry Love at Osos Clean Laundry, 5p
- 28 - Spiritual Directors' Meeting, 8a-130p
- 29 - Bishop's Visit, 1030a

### SEPTEMBER Birthdays 🎂 and Anniversaries 🎎

- |                               |   |  |
|-------------------------------|---|--|
| 1 Sep - Michael + Ann Lucas 🎎 | 8 Sep - Barry Turner 🎂                  | 18 Sep - Bob Pelfrey + Elaine Fournier 🎎 |
| 2 Sep - Ann Edwards 🎂         | 12 Sep - Diana Hammerlund 🎂             | 19 Sep - Larry Swafford 🎂                |
| 2 Sep - Jack + Jean Senter 🎎  | 14 Sep - Judith Cadigan 🎂               | 24 Sep - Julie Bailey 🎂                  |
| 5 Sep - Esta Kandarian 🎂      | 15 Sep - Brian Spolarich + Alan Kiste 🎎 | 25 Sep - Liz Maruska 🎂                   |
| 7 Sep - Sal Garza 🎂           | 17 Sep - Bryson McKelvey 🎂              | 29 Sep - Barbara Hirahara 🎂              |
| 7 Sep - Joan Ghilotti 🎂       | 17 Sep - Joan Hayes 🎂                   |  |

St. Benedict's Episcopal Church – 2220 Snowy Egret Lane – PO Box 6877, Los Osos, CA 93412

Keeping in Touch during the Week – Contact any of the clergy for counsel & spiritual care:

The Rev. Dr. Caroline Hall (805)704-5826; The Rev. Barry Turner (805)784-0670; The Rev. Susan Plucker (530)263-8540

Call Celeste Pennington with pastoral care & prayer requests: (805)771-8974

Church Office Hours Tuesday through Thursday 9:30am to 12:30pm ~ Parish Administrator Laura DeLoye:

[office@stbenslosos.org](mailto:office@stbenslosos.org) Telephone: (805)528-0654 [www.stbenslosos.org](http://www.stbenslosos.org)