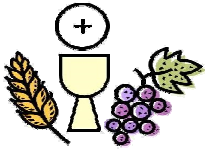


# Benediction Weekly

## February 4, 2018

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



### Saturday Evening Eucharist This Week

Each month on the second Saturday, we have a gentle Evening Eucharist service at 5:30 pm, with music and using varying liturgies, followed by a simple potluck supper.

*Everyone Welcome!*

### Coming up at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

NO 8 am Service  
9:20 am – Bible Study  
10:30 am – Holy Eucharist followed by potluck  
*Visitors Welcome!*

#### Tuesday, Feb 6

5:30 pm – Vespers, followed by potluck

#### Wednesday, Feb 7


10:00 am – Intercessory Prayer Circle  
7:00 pm – Choir Rehearsal

#### Saturday, Feb 10

9:00 am – Men's Breakfast at Celia's Garden Café  
5:30 pm – Saturday Evening Eucharist

#### Sunday, Feb 11

8:00 am – Contemplative Communion Service  
9:20 am – Bible Study  
10:30 am – Holy Eucharist w/music  
2:00 pm – SLO Deanery Mtg., with Bill Bradlee

The Rector will be away at Diocesan Clergy Conference Tuesday through Thursday this week, but will be reachable by phone and email. 



## Interfaith Power & Light

### "What does it mean to be a Steward of Creation today?"

**Bill Bradlee** from Interfaith Power and Light (IPF) will be the speaker at the SLO Episcopal Deanery meeting on Sunday February 11th at 2:00 pm at St Benedict's.

He will be encouraging us to learn new ways of being stewards of the planet by sharing state and local priorities to address climate change and letting us know how to get more involved.. In particular Bill will share ideas for reducing our carbon footprint, and resources available from IPF to help congregations and households in this vital work. Bring your questions and concerns!

Bill's talk is open to everyone. It will be followed by a short deanery business meeting.



Lent begins on Wednesday, February 14. There will be two services of the Ash Wednesday Liturgy with Imposition of Ashes at 12 noon and 7pm at the church.  
~ *There will also be "Ashes to Go" outside the Abundance Shop, 7:30 to 12:30*  
Ash Wednesday will be preceded by our traditional Shrove Tuesday Pizza Party at 6:15 Tuesday night, following 5:30 Vespers.

### Stephen Ministry in SLO

You may have heard that Stephen Ministry is being implemented in the SLO Deanery, including our church.

#### **What is a Stephen Minister?**

A trained lay person who walks with another through a difficult period in their life.  
A Child of God who responds to Jesus' call for us to care for one another  
A caring Christian friend who listens, cares, prays, supports, and encourages  
Someone who meets faithfully each week with his or her care receiver for as long as needed.

If you are an empathetic person, God may call you to Stephen Ministry. The next series of training classes will begin next summer. If you want to know more about becoming a Stephen Minister, contact Susan Arnold (805) 550-2907 or Paula Smith (805) 474-1203.

### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Eucharistic Minister: Diana Hammerlund; Chalice Bearer: Sarah Chesebro; Lectors: Francis Rivinus & Janelle LaFond; Ushers: Lisa Gonzalez & Connie Weldon;  
Potluck Hosts: Anne Kanter & Maureen Titus; Altar Guild: Sarah Chesebro;  
Tellers: Alice Welchert & Mary Ellen Rico; Prayer Team Member: Lisa Gonzalez; Music Director: John Cribb



**On-Going  
Activities  
at St. Ben's**

**ABUNDANCE SHOP**– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**DREAMS & SPIRITUALITY GROUP**  
First and third Thursdays, 7-8:30 pm.

**EARTHCARE** – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** – Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

**INTERCESSORY PRAYER CIRCLE**– Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**MEN'S BREAKFAST** – morning social gathering, 2nd Saturdays 9am at Celia's Garden Café.

**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on the 2nd Saturday of each month at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION**  
5:30 pm Tuesdays. Vespers service using varying liturgies, followed by potluck supper.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, *Rector*  
Pamela Bleisch Strawn, *Sr. Warden*,  
Lisa Gonzalez, Diana Hammerlund,  
Alan Kiste, Michael Lucas,  
Francis Rivinus, Lorianne Schwenk,  
Lynn Wise

*The Fifth Sunday after the Epiphany—Year B*

Welcome to our parish. Today's Gospel continues Mark's account of the first events in Jesus' ministry. Once again, Jesus was faced with illness which he cured and evil spirits which he cast out. But rather than stay in that place as a healer, he moves on to announce the good news of God's Kingdom in other places as well.

The first reading proclaims God as ruler and creator of all things. God is incomparable and inexhaustible, and God's power is the source of our life and that power animates our lives and our ministry.

In the second reading, Paul is responding to another problem in the Corinthian church. Wandering preachers had come to them and, preaching for money, had proclaimed strange versions of the Gospel. Paul wants to make it clear that his is the Gospel of Christ and the proof that he is not altering it to be popular is that he does not ask for money.

It is the proclamation of Christ that is central. We are called and converted by that message and baptized into that faith. We gather at the Lord's Table in response, for empowerment, but we also gather in order to be sent forth in that power to proclaim the message to others.

*From The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year.  
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## Canterbury/Shire News

Please join us **Saturday, March 10th** for our 3rd Annual Chili Cook-Off with Silent Auction & Raffle Fundraiser at St. Stephen's from 4-6pm! If you are planning to enter a chili, please contact me, or your Canterbury Board Rep, to let us know. We are hoping to have chili entries from each church! Similarly, if you have any items or services you would like to donate to the Silent Auction, please be in touch with your parish's Canterbury Board Rep, or contact me directly at [canterburyslo@gmail.com](mailto:canterburyslo@gmail.com). Or, if you know of someone or a business that might enjoy, or be willing to make a donation, please let us know and we can send you a donation request form. This is a big part of our fundraiser! Once again, we have a generous donation of a trip to offer for the silent auction: **four nights at Los Abrigados Resort & Spa in Sedona, AZ, Oct. 24-28, 2018**. Plus of course the Raffle! So, please mark your calendars and plan to come and taste and vote for your favorite chili.

Peace, Berkeley

## PB&J for Prado in February



Our emphasis this month is tried and true: Peanut Butter and Jelly! Also feel free to contribute graham crackers and beverages that don't require refrigeration, like soy or almond milk. There is an on-going need for lots of other things as well -- hygiene items, paper plates, bowls, utensils, paper towels, laundry detergent to name a few.

Some of our kitchen mugs have gone missing. Please search your cabinets and cars to see if any of them followed you home!



**Keeping in Touch during the Week.** For counsel & spiritual care, please contact any of the clergy:  
The Rev. Dr. Caroline Hall, 704-5826; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670;  
or The Rev. Faye Hogan, 541-4595. Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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