

# Benediction Weekly

## February 11, 2018

*The people of St. Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, education, nurture, fellowship and service.*



**Interfaith  
Power & Light**

**Bill Bradlee** from Interfaith Power and Light (IPF) will be the speaker at the SLO Deanery meeting here today at 2 pm, on the topic of "What does it mean to be a Steward of Creation today?"

*Everyone Welcome!*

### Coming up at St. Benedict's

(at the church unless otherwise specified)

#### TODAY

8:00 am – Contemplative Communion Service  
9:20 am – Bible Study  
10:30 am – Holy Eucharist w/music  
2:00 pm – SLO Deanery Mtg., with Bill Bradlee

#### Tuesday, Feb 13

5:30 pm – Vespers, followed by  
6:15 pm – Shrove Tuesday Pizza Party

#### Wednesday, Feb 14 ASH WEDNESDAY

7:30 am – 11:30 pm: "Ashes to Go" at Abundance Shop  
12 noon – Ash Wed Liturgy w/ Imposition of Ashes  
2:30 pm – EarthCare Meeting  
7:00 pm – Ash Wed Liturgy w/ Imposition of Ashes  
8:00 pm – Choir Rehearsal

#### Thursday, Feb 15

7:00 pm – Drop-in Dream Group

#### Sunday, Feb 18

8:00 am – Contemplative Communion Service  
9:20 am – Bible Study  
10:30 am – Holy Eucharist w/music

*People of Faith for Justice presents...*



### Opening Doors of Interfaith Understanding

Agenda for Monday, Feb 12<sup>th</sup>, 7:30pm  
Mosque of Nasreen 1136 Walnut St.,  
San Luis Obispo

- Welcome and Mission Statement  
*Rev. Luanne Griguoli*
- No God But God: Origins, Evolution and Future of Islam by Reza Aslan  
*Discussion led by Hisham Assal, Mosque of Nasreen*
- Beer, Pretzels and Lent  
*Discussion led by Fr. Jim Nisbet*
- Reading for April 12: Terror in the Mind of God by Mark Juergensmeyer  
*Discussion led by Bud Beecher*
- Introduction of April 12 Meeting and Closing Remarks  
*Rev. Luanne Griguoli*



### PB&J for Prado

To help our neighbors at Prado Day Center with a nutritious breakfast, our special "ask" for February is Peanut Butter and Jelly. Peanut butter is especially great -- it's jam-packed with protein and many brands are low in sugar and sodium. Although it's high in fat content, most of the fat is monounsaturated or polyunsaturated, both of which are positively linked to heart health. Throw in some jelly and maybe graham crackers and you'll be setting a breakfast table for many!

The Laundry Love initiative provides regular opportunities to help people who are struggling financially by assisting them with doing their laundry. Laundry Love partners with local laundromats in cleaning the clothes of those living in shelters, motels, cars, garages and on the streets. St. Benedict's will be sponsoring Laundry Love at the Osos Clean Laundry at the Valley Liquor complex on Monday, February 26<sup>th</sup>. If you'd like to get involved, or have questions, please contact Barbara Hirahara.



### Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Eucharistic Minister: Michael Lucas;  
Chalice Bearer: Lorianne Schwenk; Lector: Tom Pickering; Ushers: Connie Weldon & Steve Hirahara;  
Greeter: Anne Edwards; Flowers: Pamela Bleisch Strawn; Coffee Hour Hosts: Stef Shuman, Pat Henry & Suzan Vaughn;  
Altar Guild: Lorianne Schwenk; Tellers: Diana Hammerlund & Steve Cake; Prayer Team Member: Judy Schloss;  
Music Director: John Cribb



*On-Going  
Activities  
at St. Ben's*

**ABUNDANCE SHOP** – Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

**BIBLE STUDY** – Sundays at 9:20 am

**DREAMS & SPIRITUALITY GROUP**  
First and third Thursdays, 7-8:30 pm.

**EARTHCARE** – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

**HEALING SERVICE** – a time for prayers for healing at the 10:30 service on 5th Sundays.

**HOLLISTER INSTITUTE** – Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

**INTERCESSORY PRAYER CIRCLE**– Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

**MEN'S BREAKFAST** – morning social gathering, 2nd Saturdays 9am at Celia's Garden Café.

**PEOPLE'S KITCHEN** – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

**POTLUCK AND PRADO** on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

**SATURDAY EUCHARIST** - Evening Eucharist on the 2nd Saturday of each month at 5:30pm, followed by potluck supper.

**VESPERS AND CONVERSATION**  
5:30 pm Tuesdays. Vespers service using varying liturgies, followed by potluck supper.

**VESTRY / PARISH COUNCIL**  
3rd Sundays at 12:30pm  
The Rev. Dr. Caroline Hall, Rector  
Pamela Bleisch Strawn, Sr. Warden,  
Lisa Gonzalez, Diana Hammerlund,  
Alan Kiste, Michael Lucas,  
Francis Rivinus, Lorraine Schwenk,  
Lynn Wise



**Lent**

Lent begins this Wednesday, February 14. There will be two services of the Ash Wednesday Liturgy with Imposition of Ashes at 12 noon and 7pm at the church. There will also be "Ashes to Go" outside the Abundance Shop, 7:30 to 11:30 am.

Ash Wednesday will be preceded by our traditional Shrove Tuesday Pizza Party (*because Benedict was Italian!*) at 6:15 Tuesday night, following 5:30 Vespers.

*First in a series of Lenten Reflections prepared by Episcopal Church Presiding Bishop Michael Curry and leaders of the Anglican Church of Canada, the Evangelical Lutheran Church in Canada, and the Evangelical Lutheran Church in America.*

## A Reflection for Ash Wednesday

*"return to me with all your heart"*

Joel 2:1-2, 12-17 Psalm 51:1-17 2 Corinthians 5:20b-6:10 Matthew 6:1-6, 16-21

We are created out of love and for love. We walk the same earth and breathe the same air, and yet...

We proclaim that it is God's will that all people live in equity and peace, that all have a share in God's abundant life, that there is liberty and justice for all, and yet...

We have been claimed in baptism, buried with Christ in a death like his, to be raised with Christ in a resurrection like his. We have already died the only death that really matters, and yet...

We do not recognize the full humanity of others. There is not justice for all. In our fear we doubt the resurrection.

This Lent, let us enter into a time and space of honest and unflinching examination. We offer these devotions as a means, a starting point for prayer and reflection. The hard work of truth telling and truth hearing is set before us. The painful reality that racial equity does not exist in our countries our churches cannot be ignored. We must resist any rush to reconciliation before repentance. Return to the Lord.

*Presiding Bishop Elizabeth Eaton  
Evangelical Lutheran Church in America*

### Prayer

In your love, compassionate God, keep us in this tension.  
In your severe mercy use this pain to bring action and change.  
We pray this through Christ our Lord, in whom the dividing wall of hostility has already been broken down. Amen.

**Keeping in Touch during the Week.** For counsel & spiritual care, please contact any of the clergy:  
The Rev. Dr. Caroline Hall, 704-5826; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670;  
or The Rev. Faye Hogan, 541-4595. Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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