

Benediction Weekly

January 28, 2018

St. Benedict's Church is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.



PEOPLE'S KITCHEN - this Saturday

Please look for sign up sheets

POTLUCK LUNCH – next Sunday

A-G: *salad/bread* H-R: *main dish* S-Z: *dessert*

Coming up at St. Benedict's

(at the church unless otherwise specified)

TODAY

- 8:00 am – Contemplative Communion Service
- 9:20 am – Bible Study
- 10:30 am – Holy Eucharist w/music
- 12:30 pm – **Annual Parish Meeting**

Monday, Jan 29

- 9:00 am – Hospice Training

Tuesday, Jan 30

- 2:00 pm – Healing Ministry Meeting
- 5:30 pm – Vespers, followed by potluck

Wednesday, Jan 31

- 7:00 pm – Choir Rehearsal

Thursday, Feb 1

- 7:00 pm – Drop-in Dream Group

Saturday, Feb 3

- 12:00 noon – People's Kitchen at Prado Day Ctr

Sunday, Feb 4

- NO 8 am Service
 - 9:20 am – Bible Study
 - 10:30 am – Holy Eucharist followed by potluck:
- ◆ A-G: *salad/bread* ◆ H-R: *main dish* ◆ S-Z: *dessert*

“What does it mean to be a Steward of Creation today?”

Bill Bradlee from Interfaith Power and Light (IPF) will be the speaker at the SLO Episcopal Deanery meeting on Sunday February 11th at 2pm at St Benedict's.

He will be encouraging us to learn new ways of being stewards of the planet by sharing state and local priorities to address climate change and letting us know how to get more involved.. In particular Bill will share ideas for reducing our carbon footprint, and resources available from IPF to help congregations and households in this vital work. Bring your questions and concerns!

Bill's talk is open to everyone. It will be followed by a short deanery business meeting.

For Prado in January:

Our emphasis is cold weather nutrition and gear. Soup, hot instant cereal and paper bowls, hot chocolate and cups are very welcome. New socks, gently used sleeping bags and back packs, parkas and rain ponchos are also especially needed.

Dip or Sip?

We use a common chalice as a symbol that we are all one in the communion of the saints and members of one Body of Christ. Studies have shown that this is quite germ-free and the alcohol helps to ensure that all but the most immune deficient among us can safely drink it. However there are times when it feels better to dip (which is called *inticting*). But please be aware that if your fingers touch the wine you are putting far more germs into it than if you sip. So please be very careful to dip very lightly. You can also receive just with your eyes, so if you are especially concerned that you might have an infection OR that your immune system is depressed, we recommend crossing your arms over your chest and physically receiving just the bread.



Serving God and the People of St. Benedict's this Week:

Celebrant: The Rev. Dr. Caroline Hall; Deacon: The Rev. Sharon Dalrymple; Preacher: Jim Arnold;
Eucharistic Minister: Jim Arnold; Chalice Bearer: Esta Kandarian; Lectors: Bryson McKelvey & Michael Lucas;
Ushers: Brian Spolarich & Alan Kiste; Greeter: Joan Hayes; Coffee Hour Hosts: Pat Stoneman & Anne Kanter;
Flowers: Joan Ghilotti; Altar Guild: Sarah Chesebro & Michelle Frazier; Tellers: Stef Shuman & Bryson McKelvey;
Prayer Team Member: Louise Beeler; Cantor: Diana Hammerlund; Music Director: John Cribb

Thank you for your service!



**On-Going
Activities
at St. Ben's**

ABUNDANCE SHOP– Thrift shop at 2025 9th St. Tues- Sat 10am-4pm.

BIBLE STUDY – Sundays at 9:20 am

DREAMS & SPIRITUALITY GROUP
First and third Thursdays, 7-8:30 pm.

EARTHCARE – A discussion/action group to formulate local solutions to environmental concerns. 2nd Weds at 2:30 pm.

HEALING SERVICE – a time for prayers for healing at the 10:30 service on 5th Sundays.

HOLLISTER INSTITUTE – Opportunities for stimulating discussion and thoughtful exploration for everyone, whether or not they are members of a church. See website.

INTERCESSORY PRAYER CIRCLE– Prayers for the community and the world. 1st & 3rd Wednesdays, 10am.

MEN'S BREAKFAST – morning social gathering, 2nd Saturdays 9am at Celia's Garden Café.

PEOPLE'S KITCHEN – Providing and serving food at Prado Day Center, 1st Saturday of even-numbered months.

POTLUCK AND PRADO on the 1st Sunday of each month donations to Prado Day Center are collected, and potluck lunch follows 10:30 service.

SATURDAY EUCHARIST - Evening Eucharist on the 2nd Saturday of each month at 5:30pm, followed by potluck supper.

VESPERS AND CONVERSATION
5:30 pm Tuesdays. Vespers service using varying liturgies, followed by potluck supper.

VESTRY / PARISH COUNCIL
3rd Sundays at 12:30pm
The Rev. Dr. Caroline Hall, Rector
Anne Kanter, Sr. Warden,
Pamela Bleisch, Lisa Gonzalez,
Esta Kandarian, Barbara Schippers,
Francis Rivinus, Kathie West

Savage Grace

Linda Seeley of Mothers for Peace has decided to form a study/action group using Joanna Macy's *Work that Reconnects*. She invites you to join in this 6-week series. The aim is to help participants find more clarity, integrity, vitality and wisdom in this apocalyptic world moment.

The study/action group will use three resources:

- 1) **Savage Grace: Living Resiliently in the Dark Night of the Globe** by Andrew Harvey and Carolyn Baker (2017) to help us focus on the interlocking challenges now facing life on Earth, including the rise of fascism in varying forms.
- 2) **The Work that Reconnects** with its interactive practices that will enliven, deepen, and integrate our engagement with *Savage Grace*. A fruitful correspondence is to be found between the book's four chapters (Reconnection, Resistance, Resilience, and Regeneration) and the four stations of Joanna Macy's *Spiral of the Work that Reconnects*.
- 3) **The living Earth, Gaia**, with whom we can cultivate a direct, embodied, nourishing, and reciprocal relationship. Aided by our practice with one another, we open up to our mutual belonging, and we grow in our capacity to *feel Earth* supporting and acting through us, like grace.

The series will take place at St. Benedict's on: February 19, March 5, March 19, April 2, April 16. Time: 6:30-8:30 PM. There is no cost for the series; however, at each meeting, a donation for the use of St. Ben's will be taken.

The number of participants is limited to 16., When you have decided whether or not you can take part, please let Linda (lindaseeley @[gmail.com](mailto:lindaseeley@gmail.com)) know right away. It may be possible to form a second group that will meet in the afternoons. If you are interested in this option please contact office@stbenslososos.org so that we can gauge interest.

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

Sundays:

Contemplative Communion 8a (except 1st Sun)
Bible study 920a
Holy Eucharist with Music 1030a

Weekly Events:

Tuesdays: Vespers 530p, Potluck 615p
Wednesdays: Choir Rehearsal 7p

FEBRUARY HIGHLIGHTS AT ST. BENEDICT'S

- 1 – Drop-In Dream Group, 7p
- 3 – People's Kitchen, 12n at Prado Day Ctr
- 4 – Potluck + Prado 12p
- 7 – Intercessory Prayer Circle, 10a
- 10 – Men's Breakfast at Celia's Café, 9a
- 10 – Saturday Evening Eucharist, 530p
- 11 – Deanery Mtg w/guest Bill Bradlee on Paris Accord, 2p
- 13 – Shrove Tuesday Pizza Party, following 530p Vespers
- 14 – Ash Wednesday Liturgy, 12n and 7p
- 14 – EarthCare Mtg, 230p
- 15 – Drop-In Dream Group, 7p
- 16-17 – Parish Council Retreat
- 19 – "Savage Grace", 630p
- 21 – Intercessory Prayer Circle, 10a
- 27 – Healing Ministry Meeting, 2p



We need a mug amnesty - please search your cabinets and cars and bring them back!

Keeping in Touch during the Week. For counsel & spiritual care, please contact any of the clergy:
The Rev. Dr. Caroline Hall, 704-5826; The Rev. Donna Ross, 235-5117; The Rev. Barry Turner, 784-0670;
or The Rev. Faye Hogan, 541-4595. Call Celeste Pennington with pastoral care & prayer chain requests, 771-8974.

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